

Light & the Darkness

I want to keep the words to fit the feminine clients so maybe comprehension, love and such form the woman

Betrayal, envy, jealousy and such from the negative side

The cover of the book, brain storming, two figures coming towards each other, one from the lower left going up, want this one to be the two hands of a woman with a dove flying from them and beautiful ethereal energy one from the upper right coming down, dark, to the lower right is the prize the earth or in the middle have not decided yet, wrapped nicely in a ribbon with the word prize written on it, behind the light are the words truth, love, health, happiness, support, enlightenment, wisdom, friendship, honor, and others from the man coming with the darkness the words traveling with him are distrust, disease, betrayal, loneliness, destruction, solitude, lies, anger, theft, you get the idea I'm still thinking.

On the back of the book, Words and phrases to cater to women. With great loves, great accomplishments, great victories, with incredible good fortune, impossible feats, and awe inviting discoveries, visions of the unimaginable, with universal truths discovered, often comes great risk, it's worth every moment to reach the highest points of enlightenment! Enlightenment can be different to each of us, don't be discouraged if one seems insignificant to another, to the right person it's everything, trust your enlightenment and applaud theirs, for true enlightenment is in understanding in our diversity comes greatness!

Make half of the back black and the other half white, and the statement above in the middle in gray. On each of the halves write quotes, my quotes, positive and negative ones, in black write white quotes and in white write black quotes. Just an idea, develop it. Maybe from my quotes? Choose the best that would fit not only the book but again women, need to be grabbers.

Chapter 1

In the beginning there was an idea

I'm glad to finally write my second book, Light and the darkness. Before we start down this journey I want to remind you of the beginning. If we were to believe in a higher power, this power should be described as a tall building with layers upon layers. The higher up on the building, the further the ability to see into the future.

So we as humans are close to the bottom, as we continue up there are spirits, angels, archangels and many other things not all good; however all fall under the reign of the divine plan.

We have been taught that there is a plan for each of us, actually we choose the life we are to live, and there are always deviations to the plan as we do not live in a vacuum; so often our plan is changed to fit what is believed to be the greater plan. I don't happen to agree with every part of the plan being the correct or the only one.

Remember we are spirits with a temporary body, and as such are bound to this earthly existence, at least until this life is finished. Don't get me wrong living is part of the process to all souls. Until we have grown as souls with every life time, enough so to become more and have no longer the need to reincarnate. Many things can divine our path of life, only one of which is our selected path of life. As I spoke of earlier we do not live in a vacuum and often times our desired or chosen path is diverted for the greater good, or the greater plan.

The plan that shifts more than one soul, the plan that can often shift the greater good towards a more stable or enlightened path is often times blocked by other entities, those that work for the darkness. We will in later chapters go into great detail as to who or what they are and what the plan is for them. For now I want us to discover the why of our existence and how we fit into the divine plan.

Let's speak of religion, its belief; it's a good thing, only corrupted by some hungry for power. Unfortunately through the ages a thing created for faith and hope is difficult to keep out of the hands of those that would corrupt it for their own gain. Many if not all religions started to unite mankind in a more enlightened direction. We as humans are born pure, that is to say at the moment of birth and subsequent months and for some years we are still connected to the divine universal energy we came from.

There are many religions that create stigma with any who do what I do, spirituality, they believe in spirit but only as so far as their own dogma allows. How many witches have been burned at the stake, how many people persecuted because their view or belief is not the established belief. I do consider myself a spiritual person this is the only group if I can categorize spirituality as a group that has no organized religion. If we look at each religion individually they all have one thing in common, spirit, however as most organizations they fear what they cannot control.

Remember spirit cannot be controlled so any clairvoyant can channel spirits of wisdom and give messages that might not go with the party line of that particular

religion so they are chastised for being different even crucified for their beliefs. As I've stated before I believe that any belief that is for the betterment of humanity is a good thing. Any belief that narrows or eliminates growth because it conflicts with party line is like any communist or totalitarian regime, a choke hold on growth. Most sound good on paper, but very narrow in their acceptance of a different view. In practicality most are very easy to pervert because any time the few are given too much power there is a chance for abuse by any one in power with personal agendas.

It is with time and unfortunately others with less than noble ideas that we lose our connection. I believe this connection can be opened at any time; it's a doorway that can be reopened by all with faith and love in our hearts. We are taught as early as possible to our understanding that that vale does not exist and we should shut our spiritual view to the universal energy; so keep an open mind, there is more than one way to Heaven and although your neighbor might be on a different path, this does not mean they have necessarily gotten lost!

Most well-known saints or even God gain an extra something from us, our prayers just as our praise can elevate energy of the being and thus giving them a little more to work with. For example have you not heard of prayer being answered, that's right same thing, when you put energy out there. Focused energy it has to go somewhere, if you pray to an arch angel they will feel the prayer. The stronger the prayer the more energy is felt by that which you pray to. It is still a choice if they answer your prayer or not. For example it is my belief that when we pray to God, it's more often than not another who actually answers the prayer. Remember the levels, he "God" is at the top of the building and there are many layers or entities just like a corporation that deals with different issues. This is not to say, don't pray; your prayer when emotionally sent to the universe does have power.

Let's look at it from the negative stand point, have you not noticed how people in positions of authority often age to the nth power. For example take our presidents, Obama for example, not many have been pleased by his presidency. We are not here to discuss politics but the fact is the bloom is of the rose and if you look at pictures of him as he became a candidate and much later, the years have been heavy on him. Same as the other prayers just negative, they impact the person at some level, that's right you don't have to be a being of energy to get the reward or punishment of prayer. To say prayer it can just mean in a conversation many can say negative things of the president, most do it with emotion, some of that if it's

strong enough or many can have an adverse effect on the life force of the person being spoken of.

This to a much lesser degree is how magic works; when we do spell it's just a cane to help us focus. Like the bible or the Koran, we have given them power, without our prayers it's so much paper. As we read it over and over it becomes more and takes on a life of its own. How true or not is secondary to the energy given it by us as humans. So when a witch or the Wicca religion makes a cauldron or any other religion has a talisman such as the cross it takes on a life of its own. The soul it represents becomes more by sheer will of so many prayers.

This is why in my first book I made such an effort to speak and teach of the power of meditation and visualization. If we were to use just a fraction of our energy in the proper way we could change destiny. Whose destiny that would depend on your prayers, people that would be sick could be healed, those who did wrong would be stopped and so on. The uses are endless, sometimes I fear we as humans are not ready for such powers. The truth of the matter is we possess them; it's just our scattered focus that prevents us from uniting in one common thought.

This is why monks that pray together have had so much mysticism attributed to them, it's not that they are any better than any other person but their unity makes them strong. Same for covens, witches have that understanding, with unity comes strength. If you take one simple string and grab it at each end you can pull it apart, just double it and becomes more difficult and after each time you double it becomes consistently more and more until it becomes impossible to break. Such is the power of unity, so although we as individuals can accomplish much in unison we are invincible to all except a larger group; and then only if they are in unity of thought. Two hundred does nothing if not together in thought and a small group with focus can break right through.

Before I forget I wanted to tell you about some preparations I take before I do any cleansings or any heavy spiritual work. This would definitely be covered by any haunted places and exorcisms. So in a nut shell, I always let my spirits know what I'm getting ready to do and why. I try to speak to them as much as possible so they can be on the same wavelength and on board with what I'm doing. If by chance there is something I'm missing or doing incorrectly they have an opportunity to tell me and what to do to fix it. Once we are in tune for the activity I would usually ask some to go to the location ahead of me, often time's even days before to get the location ready for my arrival. Let's face it, walking into a big problem is not the same as if they get there before and soften up the ambiance before. There have

been times where I've gotten feedback from the location as to something unforeseen they ran into and give me ideas on what to bring.

Where spirits are concerned you can always walk into a trap, don't think any of the entities causing problems are happy that I'm there. I'm an intruder in their mess and they do not need me in the mix, remember causing problems is why they are there and my intervention just makes me more their enemy than the folks being spiritually attacked. Over the years I've made friends and enemies, the souls that I've helped have become grateful and the ones I've prevented from doing the harm have become enemies. Here is a secret with every person I help, their guardian angels unable to help their charge often tap me with a small gift of positive energy for helping their charge get back on track.

I work with the light; unfortunately for every one of me there are literary hundreds that work the darkness. It's a lot more work to fix a mess than to cause it, to crash a car all it takes is a second, to fix it often weeks, that is if it's fixable at all. Sometimes if the damage is bad enough the vehicle is trashed, unfortunately to heal physical and emotional damage takes longer and it's sometimes impossible to completely repair. It is however just as easy to cause the harm to the life path of a person or situation as it is to crash a car.

This is why in a later chapter I will discuss energy maintenance that can help keep our energy healthy. At the very least make it more difficult for the damage to be caused, remember negative energy must have something to grab, if our aura is clean that makes it more difficult for attachments to attach to us. I said more difficult, not impossible so learning some of the signs of a spiritual assault is very important, just like there are signs before people get migraines there are signs of a problem building in our energy space. Ok, we are here to learn lessons, what lessons, which vary with every time we come back to earth.

Energy is eternal; sometimes it's good and sometimes used for negative purpose, just as humans are good and bad so are beings beyond our scope of existence. Here on earth we speak of spirits, but this is just one small realm compared to the many that exist. Yes, spirits can and often disrupt the natural order of our earthly existence but in the scheme of energy they are very low on the scale. Why I say this, as free spirits when we pass, we are still in our early realm and don't remember anything other than this existence.

Disoriented, often the newly freed soul does not even realize that the death of the body has occurred, so in its disoriented state it can lose focus of the next steps to freedom from this early confine. Most souls find their way to the afterlife or heaven

or the astral plane, whatever you call it, it's a place where the soul will remember all the reasons it came to earth in the first place. Why the people and the experiences it endured, I say endured because as this is a learning place so all the lessons are not perfect. I guess this is why it's called a lesson, be assured when the soul does arrive at its destination all memories are restored.

Unfortunately, sometimes the soul comes to earth and not all memories are wiped as it should, this is why some people have difficulty adjusting to life here. There are no absolutes and sometimes there is a clear cut reason why a baby is born with some difficulties, making life here a handicap. When on the other hand there is no reason why, then it's a good time to start looking into other options. I've seen on many occasions regression therapy have a profound effect on an individual. Remember there are alternative therapies, hypnosis another I feel can be of help in cases like this.

Look I'm not saying it's always successful but if there is a glimmer of a chance a loved one can benefit from these therapies why not, what do you have to lose. I feel there are more things to help us than are currently available. I know all that is, was and will be is already out there for our minds to find it. This book just like my first offer teaching tools for self discovery. If you are willing to go through the techniques I've outlined I can tell you better is what you will become in the understanding and using this spiritual realm.

For the longest time I would travel at least with my mind to other areas, other places, on occasion I was guided to certain places to show me or teach me. These souls are very enlightened as their job is to help humanity, one person at a time or in groups. On one occasion one of my spirits was talking to me about the constant engagement between good and evil; we have that concept from writings and movies as we are growing up.

In this case I was taken to an area I had not been before, to me it looked like a vast emptiness on one side was the light and on the other was a deep empty darkness. He explained that on this place it is decided what will happen in the future. He explained that the darkness always wants to rule while the light all it wants is balance. The light understands that there needs to be darkness for light to exist, the balance must be maintained he said.

As we wondered this vast emptiness what seemed like hours I heard a noise or something and all of the sudden there were things I could see on the emptiness side where the darkness was before. I cannot explain what it was exactly as it seemed to be far away. Another wind or something came past us from the other direction. As

I turned to look the light also had what seemed to be entities of some kind popping up. The spirit that had brought me said perhaps it's time for us to go back from where we came.

It's funny, well now it's funny, I've always been told that we are but specks of light in a large universe; I never imagined how accurate that statement was. I soon realized we were in a place where we were like specks of dust amongst giants. So my earlier analogy of emptiness could have been accurate as it were like an empty football field would be to an ant. Back to the story, I want you to get into the scene so you can appreciate the enormity of where we were. I looked at the spirit and asked if we could stay a bit longer.

I got the message, without the spoken words the spirit agreed but only for a short time, I agreed and we continued exploring. You must understand we were non corporeal in this place kind of just floating around is the best way to describe the scene. Every once in a while I would feel a brush of energy but nothing seemed to be there. As we started to flow towards the light side the dots became bigger and bigger until I could determine with some accuracy what I had been looking at.

This incredible scene was beginning to build before my eyes, it was all kinds of energies with different sizes and shapes, I could even see nature or animal shapes as well as what looked like trees and birds as well. I mean this was like a menagerie of everything that existed in our world and other places. Oh yea I was shown how we are but one place in an infinitival number of places in this and other universes. As we got closer I could discern that not only were they far away but gigantic in perspective to us.

As we got even closer I could tell there were groups, the animals or at least that is what it looked like to me and trees or nature area, angels and other different groups I could not see what they were but could tell warriors or at least ready for some event that was to come. As I glanced to the darkness I no longer saw emptiness but it was filled with what seemed to be millions of little eyes at least that is what it looked like from far away.

One of the angels approached and as it did, it began to shrink to our size; I guess that is how they visit our planet to make it easier for us to comprehend. It approached the spirit that was with me and told it you know this is not a place for us and definitely not at this time. The spirit agreed and began our journey back to the portal where we arrived through. I continued to go where I was being taken but not taking my eyes off the big picture developing.

As we were half way to the place where we originally arrived from it felt as if the place was trembling and lots of things came from the darkness towards the light. Instantly the light opened up and all those we had seen earlier had lined up to infinity it seemed and approached to meet the darkness. If I had a body I could tell you shivers were up and down my spine, metaphorically speaking. The energy of the place had changed and it seemed stuffy like to many people in one place.

As they got closer I could see the anger in the faces of both sides, all these energies were just glowing everywhere and at the moment of clashing it seemed like a million atomic bombs exploded at once, it was vicious, both sides the devastation was mind blowing. I was getting in the mode, let's get it on, and as I started towards what I know understood to be a battle field the spirit grabbed me and took me back. When I arrived back to what seemed to be hours the person who was sitting next to me said wow where were you. I asked why, she said it seemed like you were dreaming or talking with someone in your sleep, I asked how long she said what, I mean how long was I in a trance. She said only a few minutes, I was sobbing and she said are you ok I just smiled and said yea it was just intense.

To date every time I tell this story I relive that time and my eyes get watery, it was an incredible experience. Since I've been on many other journeys but none showed me the big picture more than that moment in that place. I guess time passes different there because I could swear I was there for more than half a day. I guess this is partly why we don't see much of what happens here from that side, they come do their thing and before we blink an eye they are gone. The spirit that took me to that place explained to me that the balance must be kept.

To a lesser degree every inch counts so here on earth we are constantly attempting to maintain this balance. He said it's all important, imagine he said if all the worlds lose ground to the darkness; he said this in itself would weaken the lights position and strengthen the darkness. I guess I understood that we are all important, maybe not me but the millions of me make a difference. So I will stay vigilant and keep my little part in balance. He told me the seduction is great but we must stay faithful to the ideal of free will for all. When we give in to another's ill will this weakens the whole of one side or strengthens the other side. With enough weakening the other side might gain a foot hold and plow through a stalemate that has existed since the beginning of time. That outcome over there would trickle down to us and it would be hell on earth.

In my first book I was not ready to speak of this universal truth of good and evil, at the very least not at this level. I feel more confident that the more people are sheltered from the truth is how the snake of illusion can corrupt the good. The taste

of the proverbial fruit is only eaten out of ignorance to the facts. So enlightenment to what is out there and what it's doing for us and countless other young civilizations is how we grow to eventually reach the stars and beyond to become the new protectors of the balance for everything.

Our perception of reality is very limited, just take a cube, place a strong light and a wall, step between the lamp and the wall, hold the cube and place it directly in between the light and the wall. We are creating a shadow, if you move it there are many angles that the cube just looks like a two dimensional square.

So if we were to look at the shadow of the square without the knowledge that it is truly the shadow of the cube we would be totally unaware that behind this shadow there are other dimensions out of our perception. Have you seen the vehicles with the tricked out tires, the rim has spinning parts, if you look carefully as the car goes faster the spinning peace seems to stop spinning all together, it is however moving or spinning at just the right speed so as to make it seem to be still. You know the law of gravity, all things that go up, must go down. So how is it that you take a metal object securely on the ground and take a simple magnet and it can move it away from the grounding forces of gravity. Could it be that there are other forces working on gravity, other dimensions that vibrate so close that we cannot perceive it but exists all around us.

I'm often asked what makes one person evil and another good, I don't think it's that simple; let's break it down to the fundamentals. If you do something wrong and you know it's wrong, are you weak or is it peer pressure, don't know, neither do I it could be a variety of reasons only studying each case individually can truly and justly answer that question. Back to the good and evil thing, I've met many practitioners over the years and what I've found, and this is just my opinion; if you do something and you think you are justified then how can in your eyes this be wrong or evil. The arrogance of some astounds me, if you truly believe it's your divine right to do such a thing than how can that thing be wrong. In other words it's justified, I like to tell people there is no right or wrong but only what you can live with.

If you in your heart truly believe that, in the case of magic let's say a client or you yourself want a position at work and you have the tools to get the person in that position fired why not then you are doing it with the belief that it is in some twisted way a good thing. People can justify just about anything if they truly believe then the eventuality that it will catch up with you will still be there but might come after many people have been harmed. So those people like me but that live from the misery of others and they justify by stating they have the power and it's for hire it's not their responsibility if another is willing to pay for any act and it will benefit him

or her or their family they do not lose sleep as they have completely bypassed the judgment portion that most people have in place.

These people are dangerous as they truly believe it is their divine right to take any action paid for by another. They believe if it were any different they would not have been given these powers. You know the old saying, power corrupts and absolute power corrupts absolutely. This is why before I take on cases where magic spells have to be done that I'm clear on what is being asked and the request is just and for the right reason.

Before I forget I want to tell you about a question that kept coming from the folks that read my first book; the question was straight forwards and I think one that needs to be answered. Why are there more women getting readings and clearings than men, I told them and I will tell you as I'm sure in the stories and testimonial section of this book you will again see more female testimonials and stories than male.

The answer is really quite simple, women quite literally take better care of themselves than men, in almost every sense you can think of. They go to the doctor with more frequency; they cater to their looks more than men etc. So why should this be any different, women are more curious and so on, I've made sure to answer this question so it does not come up again. I must have had thousands of emails and wonderful feedback about my first book and this one question came along with about a quarter of the emails.

There are many types of people that can channel from birth and just as many that grow into it as they grow older. We are all able to perceive energies from other planes of existence, as primal man found it useful to fine tune all the senses, the fight or flight instincts were necessary during that early time when we were roaming the wilderness as the animals. After heightened instincts were at max they were able to just know when danger was around the next rock. So in a sense this extra sensory perception much like modern psychics today helped our predecessors in the wild.

To stay in touch with the other side is very important to us as humans; we have no matter what country we are from, there are rituals for the family members who die. Also know that part of keeping in touch with us is visiting this plane from the afterlife. So if you woke up and had a clear moment when you just knew a relative who had passed came to you in a dream, it's true. They are able to visit us and even give us advice from that other side. Keep in mind that they are always with us and when we have need they will always try and give us faith.

You ask how can we believe in another area we cannot identify, something maybe outside the sphere of our vision even outside the sphere of our technology. At least for now, as we grow and advance technologically I have no doubt that we will touch on these spheres all around us. If we were to look at existence scientifically we could answer at the very least state questions that make us question what if. So let's look at some example, some in the big realm and then some in the microscopic or even smaller. For example if we blow something up, the explosion expands but eventually it slows down and stops, like if we throw a rock in the middle of a lake with time even the ripples dissipate, right? So why is it that the idea of the expanding universe has already collapsed, if you did not know the universe is not only expanding but it's picking up speed. Contrary to all the laws of nature and science as we have described them till today.

Could it be that there are within our realm of reality other things we have yet to identify, could it be that some energies or conscience travel within these realms, in and out without our understanding. All curious questions, these questions will eventually be answered, will they show that God or the divine does not exist, I don't think so I think spirituality is just another science in it's infancy. I do this for a living and with every reading and cleansing I find I know nothing and discover yet other things. My life has become an adventure, I'm so glad I was chosen to work this realm, the realm of the spirit. Let's talk about the small, science keeps on looking deeper and deeper into that witch cannot be seen in hopes of answering the big world we live in.

The deeper they go into the unknown universe of the invisible the more they realize they are not sure about anything. Many supposed proven and accepted theories have been thrown on their heads, for example the cornerstone theory of atomic decay was proven to be flawed. Not to scare anyone but it was discovered that everything they believed in related to the decay of the atom and in wish they built most modern machines like radiation for chemotherapy and any other machines that lets out radiation can vary. Scary, nothing to be scared about, it's believed to be at a level that should and I say should not affect the people receiving these treatments. After this eye opener I suggest you go on the internet and check it out in detail, for your own piece of mind.

It was discovered that it can be predicted when solar flares would come by this variation in the decay, I'm not a scientist but do follow technology in the news so I've seen the articles and believe that in the long run this discovery can save our planet from catastrophe. For example if a giant flare were to engulf the earth it could knock out all satellites and other sensitive machinery. Not much would work

for years to come, until it was rebuilt or at the very least fixed. This discovery about the variant in decay happens days if not longer before a flare so now science must use this information to predict and protect our satellites and other possibly affected machines so we are not thrown into a temporary dark age, again.

Chapter 2

The subconscious

Paralyzed teen regaining ability to walk, I've done this exercise, shown that one sentence to a client and he has read it at first glance as paralyzed team raging ability to war! Think of this and analyze something I was told by the spirits, at times people are misdiagnosed, they are told they are dyslexic or other labels. All the while it is their psyche that needs to be looked at. The example above was of a new client but after I did this simple test and discussed it with him we realized there were some latent anger issues with regards to his job and how he was being treated.

Before we can find our place in the universe or just our path of life, we must have peace, internal peace is very important in all aspects of energy. How can we wish well on others if we are at war inside, war in a loose sentence can just be turmoil! It is this turbulence or unsettled energy that more often than not keeps us out of balance. We are ruled by our emotions, we need them we must have them; this is a large part of who we are as humans. Managing these waves of emotion is what I'm talking about, don't let it get the best of you; make them make you the best.

It's iffy, life does not bring us what we want but it should. All we need to do is actually believe, not play at it, truly feel the emotion. We are given a canvas and a scene, the canvas is where you are born and the scene is the key people in your life. You know, mother father, the family circle you are born into, so then you are given looks that is physical and emotional, by this I mean, are you funny or are you sarcastic. Good health, or not, long life or short, some predispositions, talents like painting, or good talker, or a numbers person. Most things are like I said earlier canvas and scene, what we do with it all is life.

Now, let's get to how to work on our life path, let's not talk about problems, let's talk about solutions. There is nothing that cannot be fixed, there is nothing that cannot be turned around, and we as human beings can overcome most complications. Most of us in our youth develop certain abilities that stay through adulthood. We can reinvent ourselves, over and over, with every turn we change our life, some changes are great some are minor in the scheme of a lifetime. All changes can potentially be life altering; one needs to keep an open mind on these potentially pivotal events and when they started.

I thought, yes I thought my life would turn out X and it turned out Y; I'm sorry to say it can still turn out Z so don't give up on yourself. Just when we think it's over some new possibilities are afoot! Yes, a new turn to give us a new perspective on your future, that is right. Learning to let go of old habits and really start anew is the secret. Not to bring any echoes of old relationships or old hurts into new scenarios, we are all given constant restarts for our lives all we need to do is choose to. With this basic idea there are variations, for example parent with kids, or very young and without recourses, or very old or sickly. I don't care the variables each will be given parameters for new beginnings that fit into the essentials of the particular life.

Some say teach to control impulses, I say release them from who you are, reeducate your desires, expunge the ones you no longer wish to satisfy or that no longer satisfy your needs or desires. For a long time I desired coca cola, until I realized how it was allowing me to gain weight. I decided to get rid of the vice that no longer met my desire. I begin to think of it as not good, every time I took a sip I thought of a negative. Did not matter what; think of the most disgusting or just something that tasted horrible to you. With time coke or whatever you want to get rid of will taste like you want it to until your desire to have it is gone. You have just rewired yourself to dislike something that at one time was indispensable as coke was to me.

On another example, I've never been a big coffee drinker; my wife on the other hand is, so guess what we have coffee for breakfast. Initially it was not very palatable, with time again I thought of my wife as I drank it and coffee began to remind me of my wife and how I felt about her. I'm sure that technique might make some think of this. What if I did not like that person any more, yes it could back fire and now you won't like coffee again. I know, hey nothing is perfect and with every possibility there is a possibility for change. Is this not what we are talking about, not all change is favorable, however it is change, the flow of life does not stop just as a river flows and meanders around rocks and other fixtures. We must try and stay on a good path, what is a good path and how do we know the changes coming won't lead to a better one. Trust your instincts, don't run on fear and insecurities, and

allow the flow of life to guide you, if you do you will know what is right and what does not feel right.

The mind is all important, we have therapist, psychologist, psychiatrist, many ways to help our minds; why, throughout our recorded past humans have realized a large percentage of their issues have come from some sort of psychological issue. What are the odds that things just happen, there is a pattern to everything, most people that fall into certain patterns, and we can play back to a point when things just got off to the wrong foot. Today we have crime scene investigators and many other experts to decipher the how and why of things. I remember a case where a young man got into marijuana, he got into trouble, the police pulled him over and he was given an opportunity in court to repair his mistake. The officer in charge of his case told him that if he did his course and stayed free of any problems for 3 months this record would be wiped out.

Unfortunately for him within two months of his having completed his course he once again got pulled over. He told me that the stuff was not his but it was his car, so guess what he was found guilty of possession again. Unfortunately for him the law of the land was that second offences with marijuana would carry a sentence of suspended license for no less than two years. Imagine two years without a license to drive, for a young man of 21 going to college and working to pay for his bills this was disastrous.

Often we are careless in our selection process or decision making, so we need to get on focus and live our lives as if it were the only life we are to have on this earth. If we choose that it's worth our time to learn spirituality and all that comes from it, I feel all can benefit from this awakening, awaken to a more interesting life. Awaken the sleeper inside each of us, we must awaken and grow into our maximum selves. Not for the sake of self benefit but for the benefit of mankind, I know a lofty goal but a worthwhile one I think.

For transformation to occur, desire must be part of the equation, I'm often asked why them and not us? I believe the answer is within the question, if the talent is equivalent the missing part of this equation is desire, how far or long will you be willing to go to achieve what you want. If all other areas are equal then he who wants it most is who gets it. I can help level the playing field, if you can maximize how others perceive you this might also give you the edge you are looking for, in this book and my first I give many recipes that can put you over the edge in the running, perhaps even winning.

We are born perfect, it is with experience that we are sometimes hit hard, what is belief except an opinion. There is not one opinion that cannot be re-educated or fine tuned like a car. We can take a car and make it different, not necessary better; take any car and change the computer chip and modify it for better performance or better gas mileage or better of the line or high speed. With each modification something gives in another. For higher performance gas mileage will suffer for example so check our beliefs, are they true or are they true for you, is it absolutely true or only the part that is important.

Each of our thoughts have the power to shape or re-shape our lives in powerful ways, what we send out comes back, if we send out anger it can come back in the form of some body defect. Try and always send out joy, hopefulness. Remember a thought can become reality; choose words and emotions to enhance our calm, to live productive and loving lives. You will with time form new thought and experience. Both will become a realization of your truth, make it a truth you will be proud to share with the world; a life you will want to share with someone just like you. Remember if you but cut a weed it will come back, often stronger than before so go to the source, the root and pull it out. Educate or re-educate your thought patterns, there is nothing that is beyond your reach, if you believe and invest the time to change it.

I don't like to get very metaphysical but in this instant I think food for thought is in order to think and analyze this thing called life. First and foremost some say we are living a dream and life is but a dream, if this is so, and the only reason you know and meet and greet and live with the folks in your life is because they are dreamers in your dream as well. So this is why those who are not living your dream can like ships at sea cross and continue without any major interaction. If we mix this with karma then we can look at all the people living our dream as past, present and future dreamers of this dream called life. Some intersect and then leave our lives, remember we are not alone so even as dreamers in separate dreams our karma often calls for experiences not in our dream then the universe allows much like circles that intersect at the edges the capability for separate dreams to intersect.

Let's look at this from another angle, if we are in our individual dream and we sleep, when our brains are off, or dreaming within our dream, so our dream is off as it were temporarily. Then does our dream continue, or does everything seizes to be; does the dreamer stop to exist while the brain is slumbering. As they say in the story if a tree falls in the forest did it really fall did anyone hear it, does it even exist, again food for thought! If you get my emails, this is why I call them Food 4 Thought! I want to briefly talk about emotions, we have them, why is it that so many of us

often cry with no reason. I know it happens more often to more people that will never admit; they however believe there is something wrong with them. They are mistaken, just as the pressure cookers of the world vent so as to not explode so our subconscious mind vents through these events some of our pent up emotions. Many have had bottled up issues and would otherwise have break downs so the mind releases slowly and often unexpectedly these feelings and often tears.

So if what I have been discussing above is in any way or shape true, even to a lesser degree than totality then what does this mean to us the dreamers in our own dream. If as we suppose it is as suspected, then each of our destinies is in our own hands or in the hands of the dreamers. Interesting concept, what does that tell you, most if not all misfortune we bring to our own life so the most important concept to understand is, we create our future. So if for some reason throughout our lives we have lost our way and become so discontent as to dream our own obstacles we can through rewiring of the subconscious place our lives back on track. In a similar way by looking into our subconscious mind we can truly release some of these pent up emotions that cause us to break into tears without rhyme or reason, at least at a conscious level.

Let's talk about the body and mind, oh, don't forget emotions, our bodies are new or renewed regularly. I can guarantee the muscles and skin even the bones in our bodies are replaced regularly; so if our bodies are a do over then we need to identify if our bodies are built to be renewed why are we getting cancer and many other abnormalities in our bodies. Let's forget about genetic predispositions, we know there is a percentage of things our bodies are predisposed to suffer. Let's talk about in the groce sense why is what is naturally occurring going wrong more and more with this our modern society.

Forget fat people, they are growing themselves into disease; they are decayed because of growing beyond the norm. They can control 1/3rd of all decease by just keeping fit for life; we can all grow younger by keeping our bodies fit. All fine and dandy, but what about all the decease that we cannot justify occurring in normally healthy bodies. We are through wrong thinking killing our selves, if we could only learn how we are damaging our lives; we can heal and prevent decease. It's never too late, we can get healthier, and our life or quality of life can improve with proper thinking. Our bodies are programmed from the beginning to grow and continue to re-grow until we die, so why is disease getting into this cycle of re-growth that the body goes through regularly.

Remember that it is every month that the body rejuvenates from the cellular level to organs to limbs, etcetera. The legs you are walking on today are literary not the

same once you were walking on last year. So if this recycle occurs regularly in our bodies, and it has since our birth then what changes, barring accidents or other external occurrences. Why are our own cells not being duplicated as our genome has programmed. Could it be that our emotions, mind and spirit is sickened and causing these otherwise perfect machines we call the bodies malfunctioning more and more. Some modern diseases, I say modern because they were not commonplace in our history, are here today.

I would say that we need to reevaluate how we are dealing with our spirit, the closer body and spirit become the healthier the body becomes. One of the tools in our disposals is meditation, the more we learn to control our bodies with our minds, the more we learn to better manage our emotions the closer we become to health and the balance that is our birthright. Always remember we are but parts in this our planet, so even as we sicken our part in this echo system becomes weakened. We must learn to become one with nature, not regress from our technology but incorporate our nature as human's right along with our technological advances.

I believe it's true, our futures are in our hands, set your ship back on track, we write as in a play our future with every thought much like the writer does with a pen. He can take parts and place them, replace them and pretty much do as he will. So it is with us in our lives, create your future, with but a thought re-write your script, remember we can criss cross other circles or dreamers, so use caution not to damage or interfere with other dreams or dreamers more than necessary to change the course of yours. After all there are consequences with every action there are reactions and ramifications, so stay on course and pick your paths of least resistance. When the universe shuts one door, it always opens at the very least a window or two.

As I've explained before with every action there are some unforeseen turn of events, so before you act rashly make sure of what you want and try and achieve it with the least of obstacles to the rest of the world. There are circumstances as it is with life where you may exhaust all other options and the only solution is war. As it is with countries unfortunately with magic you can be caught in a cross fire or even worse in the cross hair of another person with less than honorable intentions. When this occurs the options are few, run and hope like the bully in the play ground they don't continue the harassment. You can fight and if equally matched hope you win. If overmatched, hit and run tactics are in order, in other words clean self and fire back quietly in hopes you hit with a bulls eye shot. If you are stronger send a

magical message they won't soon forget or ever mess with you again. You need to make them understand niceness is not weakness.

Is this psychic stuff for real, are mediums real or are they another manifestation of our subconscious mind asserting itself and giving us something to rationalize the things we can not logically deal with. Remember that part of our minds that is not reasoning always attempts to give us an answer we can live with. That same part of the mind is the one that when tragedy strikes a person and it's so awful that that part of the mind wipes it out so we do not even remember. It's that part of the mind that fills in the gaps and why standard therapy does not often acknowledge hypnosis.

When a good hypnotist works on a person this does not happen but when amateurs tinker with the psyche of a person without knowing how to do it the information that comes through is often squeued by the subconscious mind. If the mind can not retrieve the real information or it was never there it often will fill in the gaps with make believe it generates loosely from other memories or imagination. So if you were witness to an accident and saw the tag but did not remember hypnosis will retrieve the correct information. However if you were witness to a crime but really did not see the tag or a detail needed that part of the mind might make it up if pressed for an answer.

Now back to the question is all this spirit stuff real or just another joke our own minds plays on us to perpetuate the idea that there is something else out there besides us. Is it our mind reaching out and perceiving what is already out there in the ether. All good questions, I can only give you my answer, with faith all things are possible, copout, maybe but the science of spirituality and it is a science all questions need to be answered. I've never been a take it on faith type so I ask the hard questions. Why, when, where, how, sound like a cop, that's right you need to be an investigator. Why, because there are some unscrupulous people out there that takes advantage of people in need.

Over the years I've proven to myself and many others by the readings and cleansings that I performed and the results that occur because of them. I have found missing items for people, I've been told where to dig and found items that have been underground a long time with no living person knowing where it was. I've divined things that no living person new but only the dead and passed on the messages. People at death's door have been given a new lease on life, and they said they were not believers until then. How can it be, perhaps there is something else out there. I've always been a practical person so when I told my family that I

discovered this world I did it with proof. Giving messages and I continue to astonish them to date that there is no way in this world I could have known.

I've given clients the name of who they were to marry and even before they even met them; I did this with details of job, height and in some occasion's eye color. I've told clients about jobs they would get and details of the boss before they even started working. Could this mean there is something more, maybe, still need more, then given the clarity of some messages, I forecasted two years before on the radio that the president of Venezuela will become sick and have need of an operation and that operation not be a complete success. I forecasted on that same radio show about Jennifer Lopez break up with her husband and singer and the reasons for her leaving him.

These are just a few of the hundreds of predictions that are mind-blowing truths before they happen; what do you make of it, no matter they are fact and there are always people that come with the idea of just creating doubt. I don't read people unless they come to me in need, although I charge for my readings I want to help people so if someone comes to me just for the challenge, they are barking up the wrong tree. Come to me with genuine problems and I will do my best to help you, I do readings and cleanings as of this book in seven different countries and about fifteen different states in the United States of America.

I have specialized in doing general readings, as part of this I can go into special areas such as animals or sometimes finding things for people. Like there are specialists in medicine I feel like any muscle if you practice it and have the gift you can get better at it. Remember it's rare to find a medium that can do everything so most will specialize in their area. This does not mean they cannot do other things, for example I'm not a great dreamer but I do on occasion get glimpses into things through dreams. I remember how I say and told people about a dream about an island with volcanic activity and subsequent floods because of it. Then about a year later the incident in Japan occurred, very similar to what I had forecasted.

I do all kinds of things with spirit but feel the strongest tool to us is the mind; he who learns to develop it will be king in this or any world. We are limited by our imagination and fortunately the human race has an incredible ability to dream and then make it reality. I feel that we can accomplish anything as long as we can stay on task. Our minds are not even running at a quarter speed, as we unleash our potentials we begin to explore more of our minds and thus more of the world around us and to the furthest reaches of the unknown. We can touch any plane of existence and beyond to understand everything, it is built into our nature to learn and want to know more.

There are many ways to find our center; the one that most helped me was through meditation, in the first book I covered many ways to learn to meditate and many ways to use these techniques for our betterment. These different ways to use our minds to manage our spiritual lives can enhance our calm and without limits rewire our destinies to an end of blissful balance in our everyday lives. Let's say with but a breath we can enhance our calm, by doing so we allow our inner light to cover our mortal bodies and allow the one true spirit within each of us access to that universal energy available but limited because of our erratic mundane way of life on this planet.

Once we connect to the divine universal truth with our aura and our body is fully elevated to that realm we can see and sense things out of reach to us before. So once we find that center, that calm we can easily access our reality and without all the jumbled up information from our subconscious to interfere we can truly see our lives as they are and will be or at least should be. It is at this moment of clarity that we can rewire ourselves and get on the right track. Unfortunately, with time our subconscious can rear it's ugly head and interfere so every once in a while it's a good idea to tap in and allow this beautiful calm to cover us and envelop our being to once again gain a view of where we are truly meant to be; continuing on the right path to enlightenment.

I have an idea or a thought on how to best help others see it my way, here it is in a nutshell; you want to get people on board with your idea, for example if you want to build a ship, don't get people to cut down trees, don't get them to do their part, teach them to yearn for the ocean, a sea voyage, as they become passionate they will willingly do all necessary to get there. To good an idea to be true, try it, when you work with emotions you can succeed where logic alone fails! So get your passion mojo flowing, and get others on board with your ideas.

I've had situations where in a group many people are looking at the same situation yet see different things, our perception is warped to a certain extent by our experience, for example, green represents money to many but to someone who likes the outdoors it might represent nature, this is a very raw example of how we can feel, see, and hear, even smell differently according to what we know to be true. So if we appear to be something we are not depending on how good we get at sending out our vibrations we can actually get people on board with that idea. Never say never, I've walked into an office and before walking in I've visualized myself as invisible, as part of the tapestry in the office and more than half of the people I walked by never realized it was me or never realized anyone passed them by.

There are many exercises that can be done, my first book worked briefly on this subject, no let's go into greater detail. In my experience first and foremost we must learn to relax, meditation is part of that process. Once you have achieved a level of proficiency in this then you can continue your development into this very difficult art to master. I myself have scratched the surface, never truly having a reason to perfect it I choose just to experience it's range. Once I started working on this like anything else you must devote regular time each and every day just to get with the program.

I don't believe there is anyone that can become good at a thing without practice so practice as much as you need, the level of perfection depends on your natural abilities and how much effort you put into the subject. I can imagine several reasons to perceive this talent, for example I have a friend who is a cop, for him being able to overcome the significant signals the uniform sends out takes extra effort so he must also send out energy of control. Where ever he walks he must also send out the vibrations that he knows what is going on an people should listen to him. In situations where violence occurs he wants to send out a calming energy and through him so the level does not escalate out of control.

I know a lady who is very good at handling a room, she can go around and where needed she is friendly and where she wants to be attractive she sends out some vibrations that, well it's almost like she has some pheromones, I've seen even with her back to the person they turn to see what they are sending. It's incredible how we can extend our reach even beyond the visual range of others, to a lesser degree all of you have at one time or another walked into a room or bldg, and a headache occurs soon after. Sometimes I've been privy to a person walking into a room and a sense of fear taking over. This is not someone who is claustrophobic and enters an elevator, this was someone who had no phobias and fear struck for no reason. He told me the hairs on the back of his neck stood, and a weakening of his legs took over to the point he said, "let's get out of this place".

Like wise, I've walked into a room and been pulled into a particular direction, to find there was a hidden skeleton in the closet; believe it, all these are different energies we are capable of harnessing and using for our own benefit. Remember there is always a cause and effect, changing or manipulating someone's will for self gratification can in the long run cause repercussions in our own lives so make sure you have an agenda and there is more to it than just your benefit at the cost of others. Back to the exercises, as I've told you before to target specific people it's imperative you send a thought or feeling directed at that person, and you have to generate a tip of sorts so you can identify when that person got the message.

I like to send from my third eye and have the person received this message from the back of the neck at the base. I'm sure with time you will develop your own tools. I like to close my eyes once I have the person's image in my mind, I visualize sending the message, simple is best at the beginning then I've worked out a technique that if they get it they are looking away and they turn around and look at me. What we are speaking of here is more broad so you will be like an antenna that send out it's signal everywhere to everyone. You must practice working on the aura but more than that you must strengthen your mind and focus, your concentration must be absolute.

Here is a good one, sit in a chair in a busy place, make believe you are not there, your energies are shut down, to the point all you feel is like part of the chair, part of the scenery. The nothingness of thought sounds easy but for some who can't quit the mind very difficult proposition. After a while you will take in visual information but all around you get nothing from you. Believe it or not even your coworkers will just pass by and not even realize your presence. This is what we are looking to accomplish so try it and keep it until you get it right. Stand next to a wall, become the wall, become part of the color or features, people with time will walk by and might even bump into you as if you did not even exist. Great little exercises that with time you will perfect. This is but the beginning, get in a pool and become part of the water, some might swim over you as if you did not even exist, cool stuff, don't get frustrated if you need to work on this.

After you have mastered the nothingness then become what ever you need to in order to blend into moving scenes. If you are in a bus, become part of the scene, someone might even try and sit on your lap, don't believe it try it. It's been on more than one occasion that more than a large portion of the readers are standing in thought and someone will step or bump into you. They will apologize as they truly did not see you, were you so gone in thought that they could not tangible measure your existence at that moment at that place. Curious topics, it all begins and ends with the mind, the more you can control your thoughts the better you will become, the good poker player will also be good at these exercises, they have mastered the art of the tell, they can give nothing for another player to decipher what they are holding.

Once all these exercises are completed you can take it to the next level, this in my opinion is the mastery of all you have worked towards. I've only been able to accomplish this twice, I've stood at a place and a friend walked by and later I told him if he saw another friend he said yes he had seen another friend standing where I was. I attempted to project his image and clothing and it was properly perceived

by him. I thought very cool stuff, keep it simple, live the scene, what I mean as an actor gets into his or her role so must you but deeper, you must think and become that person or it will not be believable.

Chapter 3

Stories

Ashes

I want to tell you about a constant I've found in almost every situation where people have kept the ashes of the diseased. Over the years I've done home and business cleansings where I've found the ashes of diseased. In every single case the area felt as if a dense fog, spiritually speaking was covering the place. From the beginning the business or the home owners have called me because something was wrong with where they lived or worked.

Let's speak of one or two home scenarios and at least one business, I had done a reading on a lady and as part of what I saw it seemed that her life had taken a wrong turn about a year before. She agreed that things did not seem to go her way for the last year or year and a half. She agreed that there must be something going on that was not right or normal in her life. I could not pin point the source so we agreed to meet at her home and do a personal and home cleaning. When I visit the home I only charge for one cleaning so I would clean her and her sister who lived with her and her home also for one charge. No matter what my price is always \$221 dollars. This was decided by the spirits I work with from the beginning and I don't change that.

So the day arrived and as I got to her house I started to feel heaviness, even before I entered the home. It was the very first crossing of a home where there were ashes of family members so as with any situation, we learn. As I walked in I told the lady I wanted to start cleaning the home and then I would clean her and her sister, I asked permission to walk the home and use the tools I had brought to clean the energy of the home. She agreed and I started to walk, the house had two floors so as usual I started with the top floor and worked my way through the home.

As I started downstairs I felt this wave hit me as I passed the mantle in the living room. I had to go back and forth a few times until I pinpointed it was coming from a beautiful looking metal or brass vase. I asked the woman if I could bring it down, she said ok but explained it contained the ashes of her dead husband. I immediately realized that it had become a beacon for energy, not at all her husband's, I explained that once the body dies the soul does not stay attached. I took a few minutes that she needed to give an education as to spirit and what happens after we die.

She seemed open and understood what I had explained, I further told her she would have to get rid of the ashes. I took the ashes out and wrapped it in something I had brought with me to clean, I told her this was not a permanent cure but a temporary patch to give her time to get rid of the ashes. She ask what should she do, well I said as the ashes really have nothing to do with her husband I like the ocean but anywhere they could be scattered will diffuse the energies that had gathered around it. She agreed and I finished the home cleansing. Her life had taken a wrong turn about six months after she brought the ashes to her home. Coincidence, maybe but would you take the chance, understand, nothing of the spirit is ever left in the ashes. So keeping ashes is never a good idea and if you know someone that has them let them know to get rid of them before they become a collector for all sorts of negative energy.

On another occasion I was called to clean an office energy and while in the middle I was shown how the woman who ran the place had ashes from her mother and dog in her home. Although the ashes were not physically at the office it was having a very similar effect because she was bringing those energies from the home to the office. Almost to the month as soon as she was hired strange things were happening where they did not occur before. I informed the owner that it was not that the woman was bad luck, this had become the consensus of the folks who had been working there for years. I explained that she herself was having personal problems and why, they gave her the option to get rid of the ashes and get a home cleansing from me or quit. She agreed and within a couple of months things got back on track and she became the asset she was hired to be.

I was called by a client of mine, she said she started a new job at a big company; she was a client for a long time so she could tell that there was some sort of problem, spiritually speaking. After I was done with the reading over the phone with her I told her she could recommend to the owners to do a cleanse of the business in hopes we can set right what was obviously going wrong in the last couple of years.

This organization had several hundred employees, many strange incidents had been happening, things they could not explain, production had gone down.

They would try new avenues to drum up business and in other areas things would go wrong, so they were considering among other things to sell. The man agreed and called me for a reading, I gave him many proofs during the reading about not only work but personal stuff, enough so that he agreed to do the work cleanse. Once there I realized that all familiar fog of ashes in the area, it took me a while to find it, one of the managers had brought the ashes of their dead son into the office and place it in his cubicle. Once I found who I was able to suggest to management to get the person get the ashes out of the office.

The man was not comfortable with getting rid of his son's ashes; he became very defensive and ultimately quit his job. Soon after things began to get back on track with the business, it's been several years and my client still works there and with every subsequent reading things improved until not even a flicker of that problem existed any more. I got several new clients from that business and all has been well. No one ever heard from the man again, I've asked as I know his life will not improve and will continue to cause problems with time where ever he works as long as he keeps those ashes that have nothing to do with his son.

Things can change

With destiny we can estimate or guess as to when things will happen, I remember one case where I told a woman who lost the man in her life it was not over but she would have to wait if she truly loved him. She wanted results right away so I was able to tell her when the tide would turn and an opportunity for them to get back would begin. I told her she would have a chance encounter with him, it would be indoors she would be making a turn and he would be in front of her. I told her like idiots neither would say a word and about a minute later he would flinch and walk away. I told her although he walked away she would be able to tell through his facial expression that he misses her and had changed his mind about what had happened. It took about a year of nothing from him before this exact situation occurred, I know this because she continued to call me about other matters throughout the wait and see period. She always asked about him and I kept telling her the same until it occurred.

I read a woman about five years ago, the client was from Greece, and I had told her she would divorce her husband of eleven years. I told her she would leave her home and move to the United States and she would have a different career and remarry. Well I recently heard from her for another reading, its being about five

years and she never called as she was not happy with my prognostications. Unfortunately I was right and all three major events occurred. I told her that things don't always happen within a certain time frame but usually the events come to pass.

Again she was not happy with the reading as I did not give much energy to a current relationship, she thinks it will end in marriage but since the man hardly had any energy with her I told her to keep looking as with time he would just go in a different direction. I told her to get a cleansing and as usual she wanted to hear what she wanted to hear so she just thanked me and said I hope you are wrong. I just told her me to, so good luck to you and God bless. I'm sure with time I will hear from her again, I tell my clients if you are open I can guide you and help you. Most things can be changed so with proper energy work we can lessen bad outcomes to situations.

Anything can be changed; I remember about a year ago, I helped a family whose husband had been unemployed more than two years. Well not only did he get a job but at a very good salary; it was about a year before the problem arose again, this time they called for a reading when I was informed the boss had told him he would be getting his walking papers by next Thursday. Guess what, they called me on a Tuesday, so without hesitation I gave them a spell to use on the boss to change his mind, it was not much time but I had faith.

They called me on Friday, the man arrived at work and spoke with the boss, and he was told he would no longer be fired, so they were very happy. I was very content, I had faith that their need was great and the firing to have been done was not right. You must remember right and wrong does give a little extra or takes away from any spell. What I mean is, if I do a spell and it has merit it will work better than if one is done but not for the common good of the one or the many.

I've visited many homes, I've cleaned many energies that needed to move but none to this day ever felt so real as this one I'm about to tell you about.

It was during my time of early learning and I would attempt all sorts of rituals, one in particular was called a spiritual mass. It was during one of these that I discovered how powerful malevolent energies can be. During these sessions there is always a group of people like me that meet to help a particular individual being assaulted by something not of this world. This time it was a group of people with a mix of male and female energy. Since we did not know what we were to find it's often good to bring the mix. Not all spirits will channel through every medium so a good variety of hosts offers the best chance to channel whatever is there and vanquish it.

So it begins, we take part in cleaning the energies of the home and the people there to soften any difficulties we might encounter while in the session. As we go through the home sometimes we find clues as to what is really going on. We each take on one of the people in the home and clean their energies to again further soften the energy or energies we are to encounter during the session. We prepare the area where we are to work and place the chairs in a horse show form to have the person in question sit at the head so again we can absorb most if not all that the person is carrying.

Oh, yea who we came to help was a child a boy who had been in the hospital multiple times for no apparent reason. Fortunately, there was someone in the family that could see this was not natural and reached out to one of my friends who in turn called us to assist in this endeavor. As a group we had worked together in other occasions, I believe I gave an example of another session in the first book but this was something different. We were all ready and everything had been placed just where it needed to be. One of the ladies in the group started the prayers, yes we pray, we invoke in god's name all the spirits in our group to come forth and assist us in our endeavors.

We call upon all our ancestors and the ancestors of the people in the home, their guardian angel or spirit guide some use one word or another. In any case it's the same thing, just different belief system, so as we start to fill the room with positive energies we focus on the boy in question. We focus all our energies to getting whatever has been bothering him go away. One of the ladies tapped in first and started to shake as the energy attempted to tap in. I could tell already that whatever it was, causing this child to sicken was not a simple soul, I felt it was feeding on the life force of the child and if not stopped it would eventually drain all the life force and eventually kill the boy.

Another in the group began to pray again and she told us that we must stay focus in summoning our energies as she felt this thing as she called it is getting angry. We use prayer to diffuse the hold of the entity and allow the person under assault breathing room. Remember this person had been in the hospital at least seven times in the last four months. Each time it was something different and the outcome was the same, doctors could not figure out why so many different organs were being affected.

We knew and thus arrived I feel just in time to prevent the thing from taking the life of an innocent boy, he was pale and weak although he had been in the hospital with an I.V. for about a week. I stood up and walked behind the boy, at times when the entity did not want to let go we would through motions and prayer pull at it until it

angers and jumps to one of us. Yes, take on the thing causing such harm to another person; such is part of what we do. Do not think this is an easy task and I don't recommend it until you have had practice taking on a possessing spirit multiple times.

I also recommend you learn to channel your own spirits before you take on any other souls, remember this is like driving a car, only a car with a mind of its own. Yea, we are the car, so these beings are inside we can hear, feel and just about all they can manifest. It's often weird when I allow a female spirit to take over, I feel the other sex and it's a bit overwhelming. Some channelers are conscious during the process; this makes it even more difficult. There is another mind in there with you, one that you willingly temporarily let take over your physical body.

Some of these spirits have a very foul mouth so you must try to keep it from speaking atrocious words; they had not been with body for a while so you never know what they will do. This is why we make sure where we are is difficult to get out or you might find yourself running out of the house and into the middle of the street. Yes, these souls are not always bad or malevolent but they love life just as you and I so any opportunity to walk or speak will often make them run amuck.

Anyway back to the moment, I called in God's name for this evil to let the child go and come into me. Oh shit it did, the rest I'll tell you from what the others told me happened next. That's right I can usually stay there, when a very powerful energy takes over my consciousness is sometimes out of the picture. Well I was told I got on all fours and took a solid tile from the floor and ripped it out, with my bare hands. I could tell, because my finger tips and nails were dirty and sticky from whatever I did while on the floor.

As I was possessed the kid got scarred and ran out of the room, it's not the best thing to happen and often can cause the possessing spirit to release and go back to the child. Fortunately it was by this time fully funded inside me and it was not about to let go so the other mediums began to work on it as I in minimal way prayed to God for help and to take this evil out of me and take it away from here. My friend told me it took over good and she was glad there were others as it took the power of all of them to get the spirit out and gone. She said at one time she saw my eyes change color and other manifestations that scared her a bit.

I can tell you the kid never got sick again at least not of any paranormal stuff, so he grew very much normally. It's been years and I happened to hear from the lady of the house who to date is very grateful to all of us. I was speaking with one of the ladies and I told her of the lady and how well the kid was doing. She remembered

how scary it was when the entity possessed me and she said the energy of the room got dark and she thought I would not be able to handle it. I must admit it was one of the hardest possessions I had to channel.

The bookstore

I remember one time I walked into a book store, I was looking for something specific when I approached the lady at the counter. I asked her for what I needed; she looked it up and told me where in the store the book was located. I found it and started to look for another, again I approached the lady and this time I told her uncharacteristically that she was correct in her thinking but she should not doubt as the person who did it was, and I gave her the name given me. I explained how this person had been doing damage and how he had left some black magic to cause the place to have problems. She was mouth opened throughout my words as she could not believe it. When I was done she admitted she was conflicted as to who could be doing damage to her and why.

She told me she had thought it was between the men whose name I mentioned and another woman. She continued to explain to me how much Peace of mind I had given her. She had found what I had told her and she threw it out and soon after everything in the store started to flow again. She happened to be a very good astrologer and over the years she has done my natal chart and forecasted my astrological future.

I believe nature will choose for itself from itself what is to be discarded; nature has a way to create a balance even when a balance has changed. A new balance is always attempted, so the universe will always find a medium to any situation. Things can be thrown out of whack but eventually after the turmoil a balance is achieved. Turbulence is not a natural state so eventually a new state of balance is achieved in all things. In most if not all of my stories I try and show that you are not alone and what you are going through is not just yours to own.

Vise

With this in mind I want to tell you a story, one in wish the natural state was not respected and change was drastic, swift and permanent. It's the story of a family that because of the father primarily that balance that natural state of stability was not achieved. They had been married for six years the first time the wife called me for a reading. He worked a government job, she worked for a bank in a senior position and mother, and they had three kids, three girls. I want to give a synopsis

of their lives together as I lived many of their ups and downs unable to help straighten them into balance.

With my first reading I was able to identify that the husband was a cheater, but as I continued the reading so was my client I discovered. She immediately told me not to go into that but instead to concentrate on the husband and what he was up to. So I did and gave her some remedies to help her get her husband back on track in their marriage. I could see the three little girls and the need for a stable home. I also gave her some remedies to create a better and positive home life for the girls, I did suggest to her if I was to help her she should consider stopping her own activities outside the marriage and put her energies back into the family.

It was six months or so since that first reading and she again called for a second reading, I started with a question. I asked her if she did the baths that I had recommended for her and her family, she said some of it and some was just too difficult. I know what I give people although I did not remember hers in specific I know that what I give is simple. I have a practical approach to any cleansing, or clearing of energy, if what you have to do to fix the problem becomes stressful to find the ingredients or in any part of the process then it's not worth doing. Remember if you are stressed and what I give you stresses you more than I'm really not helping you. If I could recommend nothing or a magic pill I would, unfortunately I don't have one yet, I'll keep working on it, in the mean while most of what I prescribe is easy and pain free.

So as I continued with the reading I realized she was yet on another affair, again she brushed it off and told me to concentrate on other areas. As we progressed on these areas I saw the oldest daughter would get married early and the second would get pregnant out of wedlock. She asked about the little girl and I said her future was uncertain, I continued to talk to her about where the family was going and I told her how an opportunity to move would manifest and it would be a positive thing if they did leave.

Again I gave her some remedies to help things along; I told her this time to email me once she completed it or if she had any questions. I truly felt the life they were living was in constant flux and the children were not in a very loving or stable environment. You know children can feel things even if they don't know what they know something is not right and their little girl was one of those types of children so she suffered silently.

Yet another seven months or so later the woman would call me for another appointment, so I gave her one a few days later. Once she called me I told her I

really feel a huge change in their lives, she told me that in the last reading I had forecasted a big move and indeed that opportunity had arrived. Her husband was offered a post in another state and they were considering it. I told her not to give it a second thought and suggested they take it. As the reading progressed it had come to pass that the little girl was showing the signs of a mal adjusted young person as I had told her in previous readings.

Again I asked her if she had done the remedies I had instructed, she said no but after all that was happening if I were to give her any remedies she would surely do it. I smiled to myself and said good, better late than never. We continued and I told her that it would be good for the home if a fresh start without those distractions. I was kind, I was really talking about those extra people in both their lives, and she of course once again told me to continue but to leave her and her friend alone.

I gave her a hell of a reading, even some dead relatives chimed in; I don't know how to get through to these people, primarily my client who I don't understand. It's almost as if she has these two distinct personalities and they can co-exist in this weird life they are all living. I can see the disasters that might befall them if I cannot help get them into some sort of balance their derailing is certain just as a train will derail and crash if it does not stay firmly on the tracks.

I'm usually good at dealing with all the different temperaments and type of client but this family was getting to me. I can see the movie of their disaster and so far have been unable to change anything. I feel hopeless when it comes to truly giving the family a chance at survival. These people are so strange both the husband as much as the wife. My hope is that if they make this move to another part of the country they will leave behind so much baggage and give the marriage a true chance to work.

It had been about a year before I actually heard from her again, when she called I was shocked, she I thought had given up on the readings. Once we got to the reading she told me that the move happened and she had been at a branch with the same company but another state. The husband she said seemed to be doing well at the new position and the kids were seemingly happy in the new home. As the reading continued I asked how she felt, she said restless, she asked me about the husband and I told her that at the moment he seemed to be contented. I did not tell her what I was seeing, for some reason the realignment did not take and soon both would revert to the course that would eventually take them to disaster and the end of their family life.

I asked her to take some baths and ask her husband to do them as well so they could settle easier and things run smoothly in their new environment. Over the last few years I've tried as best I could to guide her and help her but she is far and there is so much I can do without actually cleaning her directly. She seems to believe but only as far as it suits her and her own desires. So with this new reading I again could see a very cloudy future. No matter what they keep in flux, this huge change by moving states should have grounded them. Unfortunately life is not one thing or another; we must of our own free will want to find balance.

As I told you a life without balance is doomed to crash and burn, at one time or another being out of balance is part of the human experience but continually so is not correct and eventually disaster strikes. So I will continue to give my all in hopes to change this destiny that continues to get closer every time I read this woman. I was really frustrated at my inability to help these people; I have come to term that I cannot help everyone. I refuse to let this be the epitaph of this family and I hope by the time she calls again if she does I've come up with a plan to help them.

Like clockwork it was about seven months later when I got a call and request to get a reading, I gave her my next appointment three days later. I had been busy but took time to think on her and her family and what I would say to help her. The day of the reading arrived and I told her what I saw and how the future looked very bleak unless she took action and stopped her extra marital habits. Oh yea she had taking up with one of her new coworkers, I told her before she asked me to stop that I knew the second or middle daughter was not from her husband and she would hear me this time.

She said nothing and just listened; I guess I rattled her with that eye opening statement about the middle child. She was so silent for a second I thought she might have just hung up on me so I asked if she understood. She said yes and I continued, I told her that unless she stopped and she got her husband to try and being a husband she and he would get divorced. She said, no way he is also at it again, I said yes and this time it's someone from his job.

I continued to give her a full account of what I saw and how it could be prevented if she but tried to make it work. I asked her if she felt anything for her husband and she said yes. She asked me the same question about her husband and I said yes he still feels for you as a man feels for a woman or I would not make a case for keeping the marriage alive. So she agreed to try and I was so happy, although I had my hesitations if she would really keep her word to give it a try.

I got a call about 30 days later, she had gotten caught with the lover and the husband asked for a divorce. This was one situation I was unable to make work, after several years it was finally over for this family. I always saw a strong window of possibility that this could happen but destiny had something else in mind for this family's future. I had meditated on this outcome and came to the conclusion that no matter what your future it still takes work on the part of the person to make it happen. What I mean is no matter what is written free will always overrides destiny. If the destiny is good and you are on a destruction path then you can override your good destiny. Take the other side of that coin, if your destiny is less than good by sheer will that destiny may be diverted and you can create a new future. I believe we can all write our destiny, with the scenario I just told you about, I saw how things can be changed and gave me that understanding.

The clash

I've been fortunate to be on the down low path of life, in a sense do all the good I've done and not often have had a negative exchange with others that work the dark magic. I will tell you of one incident where one of my clients was being assaulted by a black magic practitioner. I'll give you a brief of how it all started for him; he and his wife were upper middle class people, a tight knit family with many cousins and aunts and uncles. In other words this was a large if not huge and tight family with regular get togethers.

This dark power practitioner was paid to break this family as the person who hired him wanted the wife for himself. She was quite beautiful, successful and full of fire for life, only one problem she had given her heart to her husband and my client. The world can have very strange friends, as the man who wished to possess the woman in question had been a good friend of the husband. As it were they all knew each other since high school; they all went to the same college and had kept friendships for many years. The one she chose was the man she married and they had two children together. They had lost touch with the other friend, so after several years they hear he was doing great and had amassed a small fortune.

He, one day came to visit the wife at home and she greeted him as she had always, a friend. He came clean with her about his feelings about her and now that he was where he always wanted to be his only need was to have her by his side. She told him that she was happily married and after all those years as friends how was it that at this moment he decided to say and proclaim all these things to her. He explained to her that before he had other priorities but he always had a desire and love for her, even since they were going to high school together. She told him news to me and she never saw him in that light. She confessed that even back then she had a

crush for her husband, she told him she always held out for him to step up and when he did she accepted without hesitation.

This guy was a very driven person and point blank told her he would change her mind and he would not stop until she became his. Later that evening she told all this to her husband who was flabbergasted at the story she told him. He could not believe it as he was friends with this man all this years and he never had an inkling that those were his feelings. As a matter of fact he attended the wedding and then returned to his life and endeavors for success.

I had them explained all this as I had to make sure that what I was getting into was a righteous situation, in other words my client was not putting me in an awkward scenario to protect his own relationship, a relationship that was not what they both wanted. As I got all the details by both husband and wife I felt more comfortable in what I was about to embark on. By the time I got on the case it had already been a year since the story above began. The man was apparently obsessed with the occult and with unlimited funds was bearing down on this family with all cannons.

He had done spells to get her to fall in love with him, he had done spells to break them up, and he had done spells to make him loose his business. He felt as if he were living with them, they were at a point where it could fall apart for them; the stress they were under was not an easy thing to bare. I feel when the husband called me that they were close to a break point, so right away I started to clean them and the home and his business. Then I began doing some protection spells on the home and on the business, I made some custom talisman they could carry so if more was done it would at least soften the blow.

Pretty much I gave them a crash course on magic and told them some spells to practice all the cleansings I had included. With an assault like this the more you do the better it is for protection, I knew as long as this person was fixated and had the backing of whoever was doing all this for him. I'd been so busy cleaning them up I had not really had a chance to focus on the guy or who he hired to work all this dark stuff on the family. By the time I got into the mess in one year there had been plenty of other problems, like brothers and sisters distancing them from the couple.

I still did not have all the spirits I have today on my side but it was an experience that if it had happened today would still cause me problems. So back to the situation, after I did what I needed for them to stabilize, I knew it would take a while for the person doing all this to realize the stuff had been broken and the people being assaulted were on their way to recovery. So now with time on my hands to

start to check on the guy causing the problem and look into the dark practitioner he hired.

I know things are stable as those people distancing from the family started to call and some even set up lunch dates with the couple. I spoke with the client who was ecstatic at the results I was able to give with only a month working on the big mess. He told me what next; I told him point blank, this is just the quiet before the storm. I explained that so far their friend thought it was freewheeling by him; I told him that soon when it's discovered that the magic done had been undone I was sure who he hired is going to recommend to escalate the level of magic.

My client was now a believer, he told me ok, whatever you need to do, please do it; he told me what ever as he looked into my eyes, I don't care what happens any more, all the gloves off, this guy is after the destruction of my family and I won't have it. I smiled and agreed, I told him this type of problem can get expensive as the magic becomes darker. He smiled and said, I've lost close to a quarter million because of this, so I doubt it's going to be any more expensive than that. I told him no not at all but it will be expensive, no problem and he gave me a retainer amount to do with as I saw fit.

Wow, I got a go on a case I had no idea how to solve, up to this point most of the stuff I had done were simple cleansings, even a couple of haunted houses but it was stagnant. What I mean by this there was no one was creating new magic, it was just the situation and done. If it was like that, then after all I had done for this family it was over and a happy ending. Unfortunately I would soon find that the trouble was just beginning for them and for me, yea the person getting paid to do the damage took it personal. My interfering was not part of his plan; apparently he had made guarantees as to how long it would take to accomplish what he was paid for.

I started to do some magic to neutralize the fixation the man had on this family, and along the way figure out what to do if anything about the black magic practitioner. I did a few binding spells on the man and it seemed to start to work, he would from what they told me try and reach out to her on a regular basis. Since I started to work my stuff they had not heard from him, I had assumed it was working.

It was a couple of weeks after I started my offensive that I realized they knew of me, maybe because I almost had three accidents within a two day period. I decided to clean my own energies and look into this guy into more detail. Sure thing, no more accidents or negative energies, I called my clients and told them we needed to do a follow up cleanup. I did not mention what I had felt as I did not want to worry them; after all they had me to protect them. I asked how they liked my recipes;

they loved them and all the energy work I included. He even recommended me to some people, this is my source for clients, and from every few clients I get I always get a few new ones.

Back to the situation, I'd been having some nightmares; I'm not a serious dreamer so for me these dark dreams are just messages of negative energy flowing in my direction. I got some feedback from one of my spirits, he said that the person who was working for the guy was just one but he definitely had plenty of experience. I was given some insight as to who the person is and what he does or some of the type of magic he can wield.

I'm sure since he has realized that the couple has help he probably cleaned the guy of the stuff I sent his way. I was very correct as a few days after he called the lady at her new phone, yea they changed their cell numbers to avoid the calls from this guy. They even called the cops on him but could not prove any malice of intent. They gave him a hard time but were unable to cause him to change his mind, so the calls continued.

As it escalated my clients found some kind of blood on the perimeter of their property, after they called me as I had instructed not to touch anything just call so I could see what it was. After arriving I told them to each pee in a cup and go around and sprinkle a little pee onto the areas with blood on the floor. I explained to them that one of the best spell or energy breakers is simple pee, so if you happen to run into some uninvited magic, make with the pee and sprinkle it around the area.

I finally discovered who it was the man was working with, after some inquiries in the area a friend knows the guy helping the enemy. I spoke with the mutual acquaintance; I had sent a message to at least meet so we can maybe come to some accord. We met at a coffee shop and from the beginning as I arrived all the vibes were wrong. Our mutual friend was already with him waiting for me; he introduced us and asked me to sit down. Well call the other guy Harold as I'm sure if he reads this book I don't want to start another fight.

Harold started by telling me, he's got a job to do and I'm interfering with his job, I told him that my job was to clean any energy that did not belong. I told him unfortunately that would cover all the shit he had been throwing my client for over a year. He told me if we could come to some accord that money was no object and his client would not have a problem to pay me whatever I wanted just to step aside. I told him I was well paid for my work by my client and would not fold for money.

Harold stood and told me then I guess we will see who does what for what we were paid to do, I told him it does not have to be this way. He knew that what he was doing was wrong on many levels, don't think he cares; the payday was good and that was all he cared about. I saw it in his eyes, all this means to him is a pay day, and by all I mean me in the mix just gets him more money as the stakes just got higher and the bigger pay day at the end. I know for this type for money he has a flexible moral code, unfortunately the type does not scare easy and once paid does not like to lose.

I must tell you during our little sit down as he told me or offered me five times whatever my client had given me I thought just for a couple of seconds, I'll take the twenty five thousand and return my client his five thousand. It's not like I would keep the money, I would just tell him to find someone else and I would not be able to do justice to what he needed. All this took a couple of seconds to pass by my mind; I quickly snapped back to reality, my reality is the light and not the darkness. That would have been a very dangerous path, once you waiver once it becomes easier the next and the next after that. Before I know it I would have become that which I fought against since I embarked on this path of light!

So it begins, I had to take several trips as this situation was not in my home state, no matter there was money and I was in the right. Sometimes you just have to fight for what you believe in and I did sign up for all of it. That sometimes means you have to get dirty along the way so be it, I just made very sure I was on the side of right. I have been in situations where the client just to get me to work for them will only tell me half truths. No matter how difficult a situation right does equal to might so if you are outmatched but in the right, the scale will tip in your favor.

Many things I could do from home but others I had to go and clear the air as this guy was relentless, I decided to escalate and sent as many things as was pitched to my clients back to its originators with a little extra something of my own. It's easier to send back as where the spell originated is easy enough to trace back. I even did some spells to separate both men from their own protections as that makes them less protected. To really hit someone with wining shots we must study the person and ask before you send the spell if they are with good energy that particular day.

I don't care what you do if you do it or send the spell on a day where the universe is watching over the person it will have no or very negligible effect. So you need to see if it's a bad energy day for the subject and when you find the opening then you shoot. I was doing stuff weekly as they were as well; I knew when I had a home run because my clients would tell me the guy had not called that week or two. This was a relentless bastard; I was in awe how arrogant he was. From my clients experience

with him that was how he had been throughout his life, remember they knew him since young.

He took a drastic turn to some very strange magic, almost like he shifted the type of magic being used and within a couple of days both the husband and wife crashed their cars individually and she had been getting some weird headaches over the last few weeks. I decided to go see them and clean them again, remember cleansings work great to take out negative energy or even spiritual assaults but like any infection if your antibiotics cleared a throat infection and you walk into another biological mind field like a hospital then you can pick up another infection and need another cycle of antibiotics.

It was a back and forth, at the time I was dating and I decided to stop as when this type of magic is in constant flux it can hit a loved one so better safe than sorry. I still went out and had fun but nothing steady it was I must admit beginning to upset me. I decided to call up on my witchdoctor, the guy who initially came to me when I was getting started. I try to only use him to clean black magic but he had to do it all as his job was to defend the tribe in Africa.

He showed me some dark stuff; I started by getting the ingredients he suggested, then cleaning myself as much as possible. Most people think get cleaned once you do something negative or to get rid of it, I learned that like any disease, if you have a strong constitution, healthy I mean it's harder to attach to that person. So it is with energy if you are clean and your aura is in good condition, many things won't be able to attach. Remember most energy needs something to anchor to so if its smooth sailing then perhaps it's more difficult to let any unwanted energy from attaching.

So after taking every precaution then I looked for my opening everyday in the morning I would ask by name if either of the two subjects was wielding bad universal energy that day. Like everything there are good days and bad days; days the star alignments are showering us with good fortune, and days the stars are not favorable to us. So I was looking for unfavorable days, I don't care if you throw the kitchen sink at someone if it's on one of those cycles that you are on a roll it will just bounce off with very negligible effect on the person. That is a secret most energy practitioners won't tell you, we also have to rely on a larger power, the universe, so in its infinite wisdom it gave us good and bad days.

I constantly counsel business people, they call for the best days to have important meetings or do important deals. I do not guarantee that you will win or make the sale or convince someone else but it does increase your chances from a one to three on a bad day to an eight to ten on a good day. I use the one to ten ruler as there are just average days and if you must use a day, make it a day that is influenced in your favor by the universe.

If the day cannot be changed then we can always try some magic to soften any negative effects or even better an already positive day. I have a philosophy; if it's not broke don't fix it. What I mean, I have clients that want more and more, I simply tell them if it's a good day already leave it alone, we might be able to tweak it, unfortunately it might not come out as expected. You only do a surgery if you must even if it's all in your favor its still surgery. I hope you understand we only go to magic if we must and only to fix a problem not to create one.

Ok, don't want to keep on rambling back to the story, I finally got a bad day, I was not looking for an average day I was looking for a day I could knock the heads off of these people with no scruples. At this point I was mad, that is a very hard thing to do, get me to that point but I was there, I wanted to help these poor people but also stop the nonsense of these ass!!!!. I'm sure you can read between the lines, I wanted blood, I'm now sorry to say but I was at my limit with these people.

I fired first at the money man and a few days later at the other person, the one actually doing the harm, if done right there is no defense from an assault such as I was doing. To this date I've never invoked such powers again, even less to do harm to another, I wanted to stop the entire movement with one swift blow. As time would tell and not too far from those dates I had found that the money man got sick and I believe my clients heard he was diagnosed with cancer of the pancreas. Who knows what was the outcome of the other person, suffice it to say within a couple of months things began to get back to normal for my clients and their lives got back to a point where their day to day lives were once again on track. I heard from them once a few months later, the man asked if he owed me any more than what I had received from him. I told him to be honest there was still about thirteen hundred dollars worth of his money. He told me not to give it another thought, it was mine and well deserved, today I might have done it differently, well today I have many more options available as I now work with six different spirits each with their own gifts and an abundance of knowledge also means more wisdom.

I've never heard from those clients again, over the years the folks who gave them my information and told them to contact me initially have kept in touch and they tell me the family is together and doing well. They think they have increased the

family by one new born in the last few years. I think like me the way we took care of the problem was acceptable but left a sour taste in all concerned. As it should be, no one should have to resort to these extreme measures, on the other side of the coin, we all have the right to defend from brutal attacks like the one the endured for almost two years. As he told me the last conversation, if it were not for me he did not know what would have happened to their family.

Family matters

Let's bring it down a notch from that last story, I happened to be here in the book when I did the reading I'm about to talk about over the phone. Life has a way to give people just what they need at the precise time and date they need it. I got a call from a young woman who when we started the reading was curious but was not sold on the idea. She had been told by another client months before about me and had just gotten the courage to call me with apprehension. I started the reading about someone around her who might be cooking for a business or starting a restaurant, whatever this was I told her might be happening soon.

She confirmed that her mother in law wanted her husband to start running one of those little trucks that feed the people from a location or drive by businesses during lunch times. I told her that she had a spirit of a teacher, she said "I am a teacher" at this point I had her undivided attention. As the reading progressed I gave a name of someone thinking of her, she said the only one with that name was the principal of her school; however she explained that until school started again she had no dealings from him. If I had not mentioned, at the time of the reading it was midsummer and all the kids were out of school and so were the teachers. I jumped to the husband and told her he needed to go to the dentist, she laughed and agreed.

I continued and told her I believed she might be changing position, some sort of management, she did not think so as she was not looking for any change, she liked the class room. I told her with insistence that to me she would be offered some kind of raise but not in the class room. She just could not see that happening, there were many other things discussed, intimate things I feel would not be prudent to discuss here. Suffice it to say some time later that day she called me back apologized for the call but told me she had to confirm some things. She told me in a much exited manner, she reminded me of the name I had given her and she told me the principal called her and offered her a management position as I had told her. She was so in awe that it could be this accurate and that it happened this soon that she had to call me. I'm always happy when clients tell me that something I told happens so please do.

Hard messages

I remember one instant where I used to take clients to this spot off the beat and path; it is a place where the river meets the ocean. Although the place had great energy it did have its drawback, on several occasions I or my client saw alligators, or on the other side sharks. After several sightings I decided prudence was the best way and started taking them to a different location. After all it would not look good if one of my clients got eaten while on my watch, can you imagine on a local paper, psychic gets client killed by alligator or shark. I still consider it a power place and on very specific circumstances do take a client or two there.

I would like to talk about information I gather while working with clients, this one incident was a bit mind blowing for me and I still to this date wonder why so much information. The person who called was as are most of my clients are referred by other clients. The reading started about the creative energies in the hands, she confirmed with her painting abilities, next a spirit manifested with metal in his hands, I was not clear as to why he manifested in this manner and the person said another of her creative vehicles was making designs out of metal.

As we continued I mentioned the name of her partner and his son, continuing with the reading I spoke to her about the partner of her lover and also the person who betrayed him. We discussed another partner and then we arrived at several health issues including some family health issues. Once done with the mundane we went to the topic of her call, the death of her previous lover. She was still overcome with grief of his untimely death. I told her to tell me a little about the person, she explained the death was violent and she told me that they had separated months before the death and it had been a while since the death as she was already with another. She confided how she still thinks of him; I switched gears and told him about the man she was with and how he felt trapped in his personal life. I asked her if she was with him why did he feel trapped or boxed in, she confirm by stating he was in a bad marriage and although he was still married he spends more time with her than the wife.

At this point I tried a different approach as no one can summon the dead they have free will and they come only if they want. I asked where he was at that moment to at least answer some of the client's questions with reference to him. My spirits told me he was with I will call her Maria just to have a name and not divulge intimate information. She recognized the name as his mother, still alive and in another state. She did not really know what the dead son was into, my client explained, he was into dirty businesses and it was that business that got him killed and she continued by stating that is also why I distanced myself from him.

He showed me the name of the person who did his killing and the person who put him up to the killing, in all these years this was the first time that I got such a direct answer without even asking the question. What is even scarier is the lady knew the two names as co workers of her dead ex fiancé. I explained to her that this soul was not at rest and she and her mother had to let him go. The longer a spirit attempts to stay in this planet after they leave the body the worse it becomes and with time they can become permanently stuck here on earth.

I did some prayers and spoke to him and he was not listening, he felt like here was where he belonged, I told her that she and the mother and any other relatives had to let him go. She tells me that she feels him and sometimes she feels she gets answers from him. I explained that with time and without meaning to he will start to harm those he is around. I explained that his energy is dirty; all spirits that are earth bound generate dirty energy. I spoke to him to reach him how as he leaves this earth for the astral plane he will remember the reason he took on this life and why it ended so badly for him.

As I tried my therapy I told him to go to God's right side, to his good graces and he would be healed from all this dirty energy he is gathering as he stayed behind to do nothing accomplish nothing. As a free spirit he has but one mission, to regain memories of past lives and replenish his spirit with those souls that are urging him to move on. He was just not in the mood to listen he was as if he still had a physical body and did not want to hear of heaven. He told me he belonged to a drug cartel and that it was one of his rivals who got rid of him. Lucky for me that all this stuff just evaporates my brain soon after I get it, can you imagine if I kept all this useless information. This is what happens to some mediums a brain overload; all these emotions can literally drive a person crazy.

I'm a firm believer that if you want to get people on board with your idea, for example if you want to build a ship, don't get people to cut down trees, don't get them to do their part, teach them to yearn for the ocean, a sea voyage, as they become passionate they will willingly do all necessary to get there. To good an idea to be true, try it, when you work with emotions you can succeed where logic alone fails, this premise works for the living as well as the deceased!

Out there in the west coast of the United States this whole thing played out with all these people and their drug business. Thank goodness I'm all the way east in Florida, I know bad exists everywhere but I don't have to mingle with it unless my clients are in danger, then I will do what it takes to help them spiritually. We spoke

some more about the wife of the boyfriend and the previous one, oh yea, I forgot an important part of the puzzle the guy who got killed had a girlfriend in another state, he told her the nickname for the girlfriend, only something he knew. She told me that he could be rough so telling her that served her no purpose except to completely realize that it was in fact him who was giving me the messages. He was very chatty, remember at the beginning there was nothing, fortunately or unfortunately he was very earth bound and made his rounds to all the folks that mattered and my client was one of these people.

I recently read a woman; her daughter is my client, when we started the reading it flowed from the beginning. I asked her what she really wanted to concentrate on; she said on her guy, it was not her husband but a lover. She wanted to know why things cooled off; she did not feel she had done anything wrong. I explained to her that it was stress and financial problems; she confirmed that he was having money problems. I continued the reading with her sister and brother who she wanted to know how they were. I told her what she needed and asked her about her mother and what was going on that was not resolved. She told me that her mother and she were not speaking because of the wife of the brother. I gave her the wife's name and that is I believe when she really began to believe, I told her that the sister in law was a bad person, confirming what she had believed.

I told her of a strong thought related to the boyfriend and the name was of his ex wife, I also told her of a strong thought from a man, I described his name where he had lived and what he did. I confirmed to her what I got about him in detail; I told her to call the boyfriend and explain she got a reading and all the information about him including this one she knew nothing about. I told her it would give her some topic of conversation that might stimulate their getting back together. I hope to hear from her and the confirmation on the guy I gave her such a detail account of.

Remote viewing

I remember one occasion I was talking with my girlfriend at the time, she was calling me after she had left the doctor's office if I recalled right. She called and told me she was on her way to my house and had stopped to pick up some snacks. After a few minutes she told me she had to hang up as she could not hold on to what she had in her hands and pay. I, at the moment did my first remote view, I could see she did not have anything in her other hand and no one had asked her to pay, at least not at that moment.

I called her right back and told her what I had just seen, she asked how I could possibly know that, I told her I saw it. She thought I was kidding and asked me to

tell her, I told her with clarity that she was facing the counter and to her left was a cup with coffee next to her left hand and she was straitening her hair after a gust of wind had blown it in her face. I continued to tell her if she turned around she could see to her then right side two kids going around a pole and one was wearing cowboy boots that looked like cow boots.

She said, no way, I continued to tell her to turn to her left and she would see a fat man sitting on the table there with the bottom of the shirt unbuttoned. I told her if she turned around there would now be a bill being held down with what seemed to be a glass jar filled with sugar or some white substance. She was astonished and confirmed everything I had told her as fact. To this date I remember as it was so unexpected and clear to me. It was as if I was standing right behind her and could see everything; since I have been able to do it several times but it is still beyond my control to do it at will. I imagine if it were a regular part of what I did I would become proficient at it as I have become at many other abilities.

The realtor

I am a realtor working in the real estate industry for 11 years and I can say that during all this I have met all kind of customers, but without a doubt Hector was the most unusual of them. Four years ago, Hector started looking for a house to buy and contacted me over an ad I had placed in a magazine.

The first time we met to see some properties it was kind of surreal for me. I did not know anything about him, and started asking him questions regarding his family in order to have an idea how big would be the house he would need. He told me that he had a daughter, but that he was engaged to marry a lady and she had three kids. Then, he turned to me and asked, "How about you?" I told him that I had a boy and a girl. After that, he started describing my daughter as she right in front of him. My jaw dropped to the floor. "How do you know all that?" I asked him with a shocked look on my face to which he answered "That's my profession, I'm a psychic" and he proceeded to ask me: "Who's a person with the name starting with a F?" I thought and thought and could not remember anyone. We continued our journey looking at some houses and chatting. As I am a very spiritual person I start telling him some of my experiences, especially with a spirit named Frederick, who had been a doctor and was always on my side helping me whenever I needed him. Hector looked at me and said "That's the F person I sensed was close to you!!!"

Our next encounter was on the next weekend and this changed my work a lot. We went to see a big house and the owner was there showing it and we got the sensation that he was very eager to get rid of the property. When I entered the house I started having a very weird feeling. It was like something was pushing me out of the house; it was like a voice was saying in my head: "Leave now, leave now." We did the tour of the house and when we got to the back of it, we found a little room. The owner explained that he had built that addition for his in-laws. The feeling of uneasiness in that place was almost unbearable. Finally we left the house and I told Hector about my experience inside the house and, most of it, in the back room. So, calmly Hector explained to me that, when moving from a house, people leave some of their energy behind. So, when they are bad people, they leave behind bad energy. That's why sometimes the house is beautiful, but we do not feel comfortable inside it. He pointed out to me that, that house in particular was used to perform black magic rituals, so that's why it had a very dense and bad energy. The addition was used to sacrifice animals. It would be very difficult to sell that place.

From that day on, with Hector's help, I learned to sense the energy of the houses and every time I enter them with my customers, I always tell them "This is a happy house or this is not a happy house". They get used to asking me how I feel about the house.

Since that first day, I met Hector in several occasions, we became friends and he has been helping me a lot in my personal as well as in my professional life.

Thank you Hector!!!

I would add many things to this statement from this client, since I've continued to work with her over the years, she worked for a company and I told her she would do great on her own, well it was not a good time for this country and definitely for her industry. I continued to urge her until she took that chance; I try not to tell people what to do but when they call me, I will let them know the best windows of opportunities at the time. So it was with her and after she took that chance and started her own business, well let's just say that she is doing better than ever as her own boss.

I'm happy for her and her family, over the years I've done some cleansings for properties she wanted me to help move and they did. I recently visited her and her family and within a week of my cleansing she told me that ten new people had made offers on some of the properties. Remember the heavier the energies the quicker the results; if you have a head ache and take an aspirin you feel the difference. If you don't have a problem and take an aspirin what can you possibly feel, you get the idea. This is a person that deals with strange people every day, not strange in a bad way, just different with different issues and as a realtor she has to create a bond to better understand their needs. Automatically you will tend to pick up on some of their energies so it's almost a certainty that she will need some sort of cleanse regularly to keep her energies at their best.

Most people that I work with will feel a difference right away, imagine if you are not 100% and I work on your energies and you go from 40% to 80%. Oh yeah you will definitely feel better but more than that; usually things that had become difficult will start to clear up and things just flow better in your life. So it is with her, every time she gets a clearing of energies then without a big length of time she would see a positive change. So the moral to this story is simple if you clean your body to smell and feel clean, energy is no different, the more you clean naturally you will fall on the positive side of your life. So how do you measure life, It's not its duration, it's how much you've given to others, your donation in time and emotion, the return on the investment will be written in the book of your life!

Back to the story, another good one with her and the family, the son was already in his early thirty's and was single. He wanted to find a girl that they could make a family so I suggested he go and do a specific type of cleaning. On this last visit I was surprised to know after his cleansing he had met a good woman and they had just married. During this cleansing I had an opportunity to meet the new wife and cleaned her as part of my visit. Often we want our lives to move in a more favorable direction, it's kind of like a TV set with the rabbit ears, and you can move the antenna a little to the left or the right and you get a clear channel. Life is the same, if things are not quite right; we look for ways to get it going in what we call the right direction.

Guess what, energy has a lot to do with this, so if not me, find a person that works with energy and can manipulate it. Remember, you don't want to change your life you want to put it back on track, so as I've said, we live life within 90 degrees. So if you are all the way on the left of that 90 degree mark, do some energy work, some cleansings and move towards the right side of that 90 degree mark. I guarantee as

you move your energies your life will move in a more positive direction, no matter what, it does not change your life just makes it the best it can be, to some it might feel like a miracle because the changes can be so impressive but be sure it's still within the 90 degrees of your life.

So it is with life, little movements can often cause major changes, so what do you have to loose, a good reading and subsequent advice. I give many cleansings that like this young man does not require me to charge you but for you to do as I recommend. After all who better to ask than the person that needs that change. I do some difficult cleansings when it's needed or when the person wants to make sure it's done right. I believe more often than not when you do things with faith they manifest in the solutions you were asking for.

I'm sure she will continue to call and I will continue to give her advice, often I can recommend what to do, remember I do all my readings over the phone. I do this in 7 countries and about 15 states currently. So why see me, I like over the phone, I don't get any visual distraction, only what the spirit needs to get to the client comes across.

The Grandmother

I had a reading today that was interesting, I do many readings and often a spirit will pass through giving messages. Well today was one of days, a very funny spirit, not ha ha funny but a character; she gave her name and the client thought it was the grandmother. She continued to speak, gave advice for relatives, I think so talked about four different relatives and she spoke in a way that my client had no doubt that it was her grandmother. A little pushy for my taste but entertaining, never the less; she told her of her sweet tooth. The client laugh as she knew of the grandmother and her like for sweets; just her demeanor was funny; she asked about her grandfather and the grandmother said he hit the road running and never looked back.

She was very opinionated, she told me a little about the grandfather and she could understand as when he lived he told her that there was nothing after life and when you die its just dust that remains. The client explained how they were married for 75 years and he died about six months after the grandmother did. The grandmother told me that was his problem as she did not invite her to that party, I guess she meant death. Again the lady confirmed as he called her from the hospital one time and she told him, don't call me to take care of you and don't be coming home sick. She was a tough old bird; I know, she even told the granddaughter to move it along as she thought she was talking too much.

Again the granddaughter confirmed as she explained that on more than one occasion the grandmother had told her to shut up. Wow, some spirits just have more spirit and are more spirited than others; so the reading continued, one of my spirits told her that she had been a good looking chick when she was younger. She asked me how I knew this, I explained that she had much better relationships with men than with women and how with experience I had discovered that the more beautiful the woman the more distance more women created as they were looked at as too much competition. She agreed, I continued and told her many things, she I think was very surprised at how clear the grandmother had come through and how I was able to hear her.

I work through examples, so I asked about several people in her life by name, I gave her some examples on how I got the names, for example on one I told her if she remembered Popeye the sailor man, cartoons. She said yes, I further asked her if she remember the skinny girlfriend, she said olive oil, I said correct so who is the lady with the olive name. She was amazed as this was one of her coworkers and this is not a common name. I gave her several other examples of people thinking about her and their names. Every psychic is different and showed her how I get names by examples; I can sometimes get the name that way. In other examples I told her about a relative with a specific initial in the first name and the sex. Minimizing the possibilities of which it could be, I would even tell her if it was a spirit or a living relative.

The Translator

I have clients in seven countries as of this reading and it was from Greece that I want to tell this story; she was using a translator as I only speak English and Spanish. Most readings have a way of finding what the person needs and goes there soon after I start. I prefer the client to let me give my input first, as within this time most of what the client wants will come out. After, I will always ask what else they wanted me to look at, I'm certain as has been the norm most of what they had to ask would have been visited before; however I will look at everything they need and everybody they have questions about will be answered.

Ok, back to the story, these readings with a translator are fun; the translation is never 100% as I say things in a certain way and only the client will get my meaning. With this reading I started to speak about the mother. There were many health issues and she needed to get on the ball or they would get worse if not tended properly. She acknowledged all of the statements I gave her with regards to the mother. Unfortunately she was a woman that her emotions were the root cause of most of the health issues I saw. Again the daughter was in agreement and

expanded that there had been some issues in the relationship with the father and mother.

Again I stated that this and more were the root cause of the mother's health issues. I itemized the many issues and explained how I would approach fixing some of them. As she was a very TLC type of woman, the mother that is, she felt lack of attention and needed to be better tended to. I explained that I was not speaking of sex but of Tender Loving Care, in other words I told the daughter the mother was high maintenance. She laughed and agreed that the mom could be a hand full and was not easy if she was not catered to. We briefly spoke about the father and some of his shortcomings and explained how he needed to be more attentive to the mother for her to feel more fulfilled.

We addressed some of her issues including some shortness of breath that was affecting her and explained that in a previous life she had been a soldier and was killed in battle with a shot to the chest and sometimes that life ending would come in and she would feel that way. I explained how her life was supposed to be a life of service. She agreed as she was some sort of social worker in this life time. I told her in the next life she would most likely be a teacher or more directly work with children. I did discuss with her where she lived as a soldier, in other words what country. She loved the past and future life stuff and how certain issues like the shortness of breath was affected by that previous life and why.

The translator was also a client so she was listening to the reading and was a bit put off by how her friend got so much karma in her reading and she who had been my client for so many years I've never spoken to her about past or future lives. I explained that each person gets what is important to her, and although she was bothered by it she had never asked or thought of asking about these things. I told her that next time she would call for a reading to remind me of this she would like and I will do my best to look into her previous lives and if there was anything about the next life. She seemed to like that idea so I'm sure I'll get a call from her soon. I finished my reading with my usual remedies to help her with her everyday life and some for the mother and oh yea the brother also was in need of some help so I told her some stuff about the brother and some of the things he need to do in order to put his life back on track. I don't do past life readings as such, I touch on all aspects of a person, past present and future; over the years I've developed a good well rounded reading. You can call and tell me where you want me to concentrate and that will be the area where I will spend the greater part of the reading.

I want to tell you about a couple of gym experiences, I go regularly to do my elliptical and steam room workout and three times a week to the weight room. So

today I ran into a friend whom last year I had told that a friend of his; this was a person I cursory saw him working out with about a year ago. He refreshed my memories of that day, I had approached him and told him he should tell his friend to see a cardiologist as I felt one or both of his main arteries going to and from the brain looked clogged to me.

He reminded me of that day, I kind of recollected something since I don't usually give this type of advice without the person coming to me I did remember something. Anyway he told the client what I had told him and the guy as usual told him that he was fine and he did not believe in what I did. Time passed and about six months later my friend called his friend; offering him a job where he worked. The guy told him that it was not a good time as he had been feeling a bit dizzy and he visited the doctor who after some checkups told him how his carotid arteries were both clogged and needed surgery immediately.

The man had remembered my message and confirmed that if he had not been told the message before he would have chucked it to indigestion and maybe dropped dead if he did not tend to it as quickly as he had. My friend could not wait when he saw me to let me know what a difference I had made in that life. Especially since he had told me so many months ago his friend's reaction to my initial message; he told me that although he did not practice he did believe in spirituality and what it did as so many times I had given him insight over the years that had panned out for him.

The confirmations!

Another scenario happened at the beginning of this year, I happened to literary bump into an old client, she was at the gym where I when to regularly. I had not seen or heard from her in over three years, she had gotten married and had a baby girl. Anyway, she bumped into me as I was walking down the aisle she was looking into the aerobics room and not minding her path. When she bumped me she said I'm sorry and then recognized me and told me all about what was happening in her life. All was great and confirmed many things I had told her in the past, she was glowing with happiness.

I was looking at her and realized there was an upcoming event with health with regards to the female area. So I was unsure if to tell her, she seemed so happy and full of herself, the spirit told me that it did not matter and she would understand with time why I told her the things I would tell her. I agreed and told her how I saw her need to go and see the gynecologist; she told me she had gone the year before and all was fine. I explained that the spirit told me she needed to get a detailed

check up, something not done normally but only if there is a history of problems in the family.

She agreed and I did not see her for a while, since she was an old client she still had my information and a few months later she called for a reading. It's hard for me to keep these things in memory; I make a point to let things go after I pass the message along. Hey I need my life to be healthy and normal so I let it go as soon as possible. Luckily she reminded me of all this stuff and told me after she had a number of checkups the doctor told her it was discovered a small cluster of cells that came back positive for cancer. The doctor said if she had not asked for all these checks it could have been easily two more years before symptoms would have manifested.

Testimonial

Hi Hector,

Thanks: -)

"Hector is truly gifted. I first heard about him from a friend who had seen him on several occasions. I knew my friend was trustworthy, so I decided to call him. He immediately told me things about myself, children, etc which were true. He presents the information in a non-threatening way and he makes you feel comfortable...as though you are his friend. He also gives you specific instructions on what you should do to clear your energy and restore balance. Everyone needs that, right! " EW

Message

I had a nice reading today with a new client, I must tell this little information about readings. I cannot summon spirits, no one can. They are either there or not, I can however talk to the client about the deceased family member. Often this can get a spirit that is not present to appear; anyway this particular reading today, as I started one of the first things I told her was the presence of her deceased father. He took over the reading, giving her advice about all aspects of her life. How did she know it was him, he started by giving me his name, and how he died. He also spoke of her alcoholic former husband and how he never liked him.

He continued to give her proof, he told me about her son and his baseball, he reminded her how he used to go and how he was there during the game even as she would reminisce and tell them how it would be nice if her father had been there for the games. In other words he was confirming he was definitely there with them for the kid's baseball games. He continued to give her all kinds of advice to include the

name of the former boss who was calling her and asking her to return to work for her. The father explained how it would be better if she continued with the present employment and why. She agreed to everything the father was telling me; it was for her an incredible experience. This happens every once in a while, I cannot however make this connection unless the spirit is willing and if he is even available to this mortal world.

As usual after I give the information that comes to me, I asked her what she wanted me to look at, she cried and told me the gift I had given her was incredible and how she felt a peace she had not felt in a long time but if I could look into a couple of people she would appreciate it. I agreed and we started to talk of her former husband and how he had alcohol abuse problems, I must remind you that all through this reading the spirit of the father continued to give his advice as a matter of fact he was the one who brought up the alcohol abuse. She then continued to ask about several other people to include the kids, I described what I saw and even the colors that would vibrate best and she agreed they like those colors. I explain how one of the kids was very smart but lazy so she had to stay on top of him. We continued to her sister and a gentleman, again the father put in his thoughts and she again agreed, she was so impressed how much the father was around but happily so as he was a great comfort to her.

The Wicca

Over the years I've had opportunities to meet witches, these are interesting practitioners of nature, some were solitary but most have been part of a coven. As I've stated before there is always strength in numbers, this is no different and my personal opinion the group is always more powerful than the individual so it is with a coven. Like me, each according to their spiritual strength can summon and combined with the others pack a wallop sort of speak. The solitary witches are much like I am, they believe that not all are here to do right and prefer to go at it alone than to risk being tainted by the negative ideas that others might bring to a group.

There are things that a group can do that an individual no matter how much power or energy amassed is limited by the power of one. So for example a few years back while at my center we decided to do a cleansing spell to clean the world. It's a cool thing to do, I wished we would have done it more often, unfortunately only once did we do it. It's like a bath, if a car is very dirty it might need to be cleaned several times to get it right and then a good wax to keep it from getting dirty again. So it is with this type of cleaning, we all have to view the world as if from above looking down. One person does the cleaning and the others pour their good will,

concentration and guidance from the cleaner to help in the job. It was like a temporary super charge. I was feeling great and I could see better and channel more energy.

Before I get ahead, as always a good ten minute meditation and then visualization to get into trance, allowing a clear view of the earth. Once the breathing and visualization was right I began to channel for divine universal energy, for this energy to flow through us, allowing my body to channel this and direct it towards the earth in our view. With enough time we can affect some measure of change on the whole planet. The more people the more the change, unfortunately like the solitary witch, most of us can never agree on what to let alone how to do it. This is one of the great problems we as humans have; individuality can make us but more often than not just breaks our momentum.

I believe we can pray and create prayer for just about anything, so it was in my first book that most of the prayers I've either modified or created from scratch. Prayer is nothing more than words with emotion behind it, we can read what ever we want or say what ever we want. Without intent to back up our words they are nothing more than words, if however we wish to impact with our words we must have intent, emotion, belief in our resolve, then and only then we might reach our goals. No matter what the reason, no matter what it is, unfortunately so many of us pray for self gratification and not for the common good.

Back to the story, I met a witch who was having some difficulties in her craft, she had been at this for many years. With limited success I gave her a reading and immediately found that there were several spirits with her that followed the Wicca ways. Interesting enough they felt she had what it took to achieve great things and were frustrated at the poor advancement, even after the many years. As I progressed in the reading, I found she had done some wrong things in how she began her altar and how she was doing her rituals. I told her and gave her some examples of things she had done and failed; the two spirits that were guiding this reading had lots to say and all very productive advice.

She decided to take me up on the offer and cleanse her energies and her home with one of my cleansings. I explained that the spirits with her wanted her to start her altar from scratch and to start everything she had been doing again but without certain preconceptions she had picked up from one particular book she was reading. Apparently these spirits thought the book was not what she needed and guided her to an earlier book she had discarded and told her to read and work from that book again. Over the next few months she did as the spirits suggested and after the

process of rebuilding from scratch was done she felt much more secure in her spells and rituals.

Soon she called me and told me how her life was back on track, as a matter of fact she had been working with a coven and they welcomed her in. She told me she was really learning a lot and thank me for the messages and that cleansings to get rid of some negative energies she had acquired by accident. As of today I have not heard from her again but I'm confident with the two spirits she has guiding her and the backing of the coven she in without any doubt in my mind reaching new heights in her evolution.

Chapter 4

Exorcisms and hauntings

My first exorcism was a wild ride, I had no idea it could be so freaky, only in the movies had I seen such weirdness. Nothing like I thought it would be, these things are not of the same plane as spirits and much more energy to them, malevolent energy. I first read this woman about seven years ago; she called as they all do, referred by a friend or family member. I tell them not to tell me anything of their problems and I begin. By the time I'm done a good percentage of the reason for the call usually comes out, and then I tell them if there was anything I left out that they wished to discuss this was the time to ask. This could be about friends, family, anything. When I began with this woman, I was thrown off by how she repelled me; I was having trouble getting through to her. I began by telling her that her life had been slowly changing and not for the better over the last five years.

She acknowledged my statement and continued to listen, I told her she had a spirit that had to do with the law or justice, she again said yes and explained she was an attorney. I continued to tell her of her loneliness and weird dreams, she again agreed with me. I told her of her family member who passed within the last three years of an aneurism. Again she said that was her mother and how she died was of an aneurism as I had said. I told her that although things had been going wrong with her after her mother's death they skyrocketed in the wrong direction.

I had asked her if her mother was a very religious woman, she said yes and explained how she would go to church at least twice a week. I ask her if she did, the woman said that it was not her thing, I told her how her mother would pray for her as she felt something was wrong and in my opinion this was partly why she had died. She did not quite understand, I explained how she felt as if she was under some sort of spiritual assault but of a level I had not experienced before. She took

note of my words and told me that she had been feeling as if she was under attack but did not know from where or who.

We finished the reading discussing men and how no relationship seemed to work, I told her how good looking she is and that it did not make sense as she was a package. Smart, good looking, nice a professional and a kind person; she agreed but had no answer as to why this was happening. She did acknowledge that it had been about five years since things began to go wrong as I had previously stated. She began to cry over the phone, I knew then that if I did not intervene she would spiral into a dark precipice that she might never recover from. I told her of my cleansings but was not sure how effective it would be just with one.

You must understand, in ninety percent of the time one cleanse is all a person needs to get them back on track. I really believed that in this case it might not be enough. No idea did I have on how right I was, as we scheduled the appointment she sounded positive about doing this. I explained that the first one I would like to do in her home as usually this is where negative energy grounds itself. As usual I prayed and asked my spirits to go a day before to get the lay of the land as it were and soften the blow for me when I actually arrived. For the first time one of my spirits told me several things to do to prepare and protect myself, he instructed me to prepare in a way never before done by me.

I'm a warrior so fear is not part of the equation, caution however is so I did as I was told and I'm so glad. I don't know what I thought but prepared I was not, when I arrived the house felt evil, I don't use that word because I think in terms of positive and negative energy. This however felt different, there was a malignant stench, maybe not one that she or anyone else could perceive but if you understand energy you know it's flow and this was murky, full of venom, dark thoughts emanating from the inside of this home. I received all this and I had yet not entered the home, I became a bit hesitant, when she opened the door, she gave me strength as I saw in her face her need and desires to have me there.

She was I perceived placing her hopes on my arrival and I could not fail her. I immediately invoked my spirits and angels and archangels. All in God's name, you must always begin with in God's name your prayers to set the tempo as a positive one. Ahh now I felt more like myself filled with confidence and ready to take on anything or so I thought. I started by giving her a bath in a gallon jug I had prepared, it was full of herbs and other ingredients that I won't get into, remember when I do one of these baths I tailor it to the person. I told her that I would be cleaning the energy in the home and she was to go to the bathroom and pour this concoction over her body from the head on down.

She agreed and very exited left towards the bath room, I started to burn some sage and also some church incense to get the ambiance flowing. Well it took me over five minutes just to get the carbon to light; I use carbon that is ready light so one little match and it starts. I like this better than those little sticks as they really put on a show of smoke. The show is not for the clients but for the energy, it's letting whatever is around the stagnancy is over and all energy will flow. No matter where in the home I would go the energy was the same, bad!

I finally finished and thought I had missed something because although I had felt the bad energy I never found the source of the problem. It's kind of like you smell shit but if you don't actually find the source no matter how much perfume you throw into the room soon it will come back stinky again. As I was deep in thought the lady came back and I knew she had done it as her body and hair still looked wet. I asked her how it felt, she said, "I can't explain but I feel somehow lighter"; I said good and I asked her to go into the back yard with me.

I could feel her, I knew there was something there but I was unable to see what it was, I can usually see spirits or at the very least where the stuff is coming from but not this. I was a bit baffled but I figured that whatever it was must be in her and I would get rid of the intruder with my cleansing of her. The bath was just to loosen it up and make the job easier. I began by a gunpowder, camphor and sulfur mix, the way I use it can vary and maybe I won't use one or another ingredients but this explosive mix usually does the trick.

I created my symbols on the ground, I told her after it burns she should use some sort of cleanser immediately or at least the same day so it would not create a stain. She did not seem to be concerned with stains but with her issue and fixing it. Back to it, after I created my symbols I asked her to step into the center and then I enclosed her in the circle by closing the little area I had left open for her to pass through. You see if you close it before and she steps over it, whatever was with her could stay out and then get back in or reattach after I clean her and she steps out; by cleaning her in this way it will be torn from inside her.

Remember in the case of these types of cleansings all things leave her, however the good always comes back as it belongs with her and the intrusive energies go else were for easier pickings. If a thief is looking for a house to rob they will look for the open door or window, not with the house locked or with alarm. So it is with these types of entities they look for the unguarded, the unprotected and the turbulent to call their new home. When you start cleaning up your energy they soon leave and find an easier host to inhabit.

I lit my cigar, oh yea if I had not mention, I read the burn in tobacco so as I light and start to smoke the way it burns lets me know what is going on. So I started to light the cigar and lit the stuff I laid all around her on fire. As a match it ran its course all through the signs I had painted and if you have ever seen fire it burns differently with different ingredients. I always use very similar ingredients so I was used to seeing it burn. This time however the burn was very slow and the color was completely different. As it ran its course I looked at her and could see an image that was not her own.

I felt my spirits agitated at the external expression not her own coming from her face, I immediately started to pray and summon all my energies to assist me in what was coming. When the fire extinguished she could no longer sustain her body with her feet and started to collapse I ran to her and held her and helped her to a chair. I took out the plants I had brought and doused them in the mix I had prepared and started to clean her energies by making passes of the plants all around her body. I would even hit her with the plants.

After I was done I placed the plants in front of her and asked her to stand and stomp on all the plants as if she was stomping on all that blocked her life. She regained her strength and stomped on the plants like if there were cockroaches. I asked her to step away and poured alcohol on the plants and set them on fire. I asked her to cross over the plants while on fire over and over, back and forth for a few minutes. By the time the fire had extinguished she looked and felt better, I no longer saw the face emanating from her own face.

I told her there would be a need for her to do a second cleanse, this time however it would have to be in the ocean. She was in a mood to finish this and agreed, so we set it up for the following morning at dawn, we met and she had purchased the ingredients I told her and she brought everything along with her. I had told her to rest the rest of the day and get a good night sleep, she told me she slept great and the alarm was the only reason she awoke. She had gone to sleep at 8pm and awoke at six thirty in the morning. She had told me it was un heard of for her to sleep more than six hours straight.

She cleaned herself with the fruits and the other ingredients and entered the ocean to clean herself of all the fruits she used to clean her body. After she left the water she dried off and looked at me with a fresh look. I looked carefully at her and told her your problems are over and I believe that her future would now progress without the episodes she had been experiencing. She smiled and told me you know I believe you, she hugged and kissed me and told me she did not know how to thank

me. I just smiled and told her this is what I do, so just recommend me and that would be all the thanks I needed.

Over the years I've gotten over a dozen calls from people she recommended, I only heard from her again a couple of years ago because she was going to get married and wanted to check if all was good with her direction. The reading was great and she is now married to a nice accountant, imagine that, a lawyer and an accountant. Good for them, I had told her that within two years she would get pregnant so I'm sure soon enough I will get another call from her to check on the pregnancy.

There was an occasion where I had to go clear a home of some energy that surely did not belong with the family living there. Over the years there have subsequently been several homes or structures I should say harboring very negative or even viral energy but this one scenario took the prize. I had been reading a woman over several years and always one relative came up in the reading, not from her but my own energies would gravitate to her. Finally one reading she commented that her cousin had been told of me and was eager for a reading.

It was a few days later she called and make her payment, scheduled the reading a few days later. We discussed all the weird things that happen in her home on a regular basis. She had a priest over to bless the home and on another occasion a group came from the same church to sing and pray in hopes that the nasty feeling in the home would go away. Guess what, it did not change a thing, prayer does have power don't get me wrong, unfortunately this case was way beyond a one day prayer group or a priest just to come by and bless the home with holy water.

I gave her some guidance for things she could do herself and for her family and then she was to call me for the actual cleansing. A cleansing that I told her might have to have several parts to it, for the home and those who lived in the property. I told her to make sure there was no one else present when I arrived except those who dwell in the home. I explained to her that she did not want any confusion and it could take on a life of its own and waste my time cleaning the visitors instead of the real problem, a problem I had told her was within the home even before she and her family moved in.

As with any job, the more you do it the better you get at it, this was my very first haunting, so not just an attachment or some king of spell or witchcraft, this was an actual haunting. The presence had been in the property for over forty years, I asked the family to do research and sure enough many families had lived in the house and none stayed over 3-5 years. This type of turnaround was not very common as the

home was large, in a good neighborhood, so the initial investment was sizable and not to be easily discarded.

Alright let's get to the details, I had instructed the woman to have all in the home do the salt and sugar bath, this type of cleanse is not particularly strong but it does clean the aura of the person doing it. It goes like this, after you take your normal shower stay wet, and scrub your entire body from head to toe with salt, a defoliation of sorts, and then wash the salt from the body. Then take brown sugar and do the same procedure again then wash the sugar off the body, then dry off. I told her as a whole the family should have a good night sleep that night as most do. Then I asked her to have the kids take an apple cider vinegar bath. This bath goes like this; you would fill the tub with water then add three gallons of the stuff into the tub already full of water. The children were to strip and get in, they needed to get the whole body wet and stay in there for at least 10 minutes. I told her they must dunk the head and get the face head and hair wet. They were to do this several times while in the tub. The trick to this bath is they must not dry off. So I told her to let them brush the hair and teeth after they get out and sleep with that odor on them. They could take a shower in the morning and wash it off from their bodies, the overnight is all that is needed and after all they would smell like a salad.

You can do this bath for anyone but I prefer the old or young and the results are amazing. Anyway back to the preparations, she asked me what else she needed to do; I asked what type of floor she told me tile. I instructed her to clean the floor with nothing but regular white vinegar and as she mopped it she should not dry it but leave it on the floor so it would evaporate. I told her to do it in the morning so she could open the windows and allow it to dry off. I explained to her that to even sprinkle vinegar out the front door.

She had written it all down and agreed to take care of all these things before I arrived in a couple of days. The day before I was to go, I did my prayers and sent my spirits to work on the property before I ever set foot there. It does help and sometimes hard energy takes a tool so anything we can do to diminish the body's receipt of these turbulent energies the better. So by the time I arrived the house seemed to be more manageable or so I thought. Usually other worldly energies do not manifest physically, yea right not there.

Everything had been done to prepare and my arrival seemed to be as if nothing had been done, the home smelled bad, as if dead people had been left to rot in the property. The client did tell me the entire family felt better from the things I had directed them to do. So maybe at some level a little loss of grip had occurred, I was

sure if I did nothing it would get back to however it was before my arrival soon after things done lost its energy.

I asked everybody out and did my rituals; I lit the place from the center outward with gun powder, camphor and sulfur, my usual heavy hitting cleansing. I can tell you what ever was living there was not happy. As I was creating my symbols at every door in the home out to the front and rear they were pushing back. I got a headache and at one point even had to stop and went to the bathroom with diarrhea. I had brought a friend as I felt maybe some channeling would be required, as I proceeded one of the energies took control of my body and projectile vomited all over the wall of the home. My friend was able to free me from this spirit, that's right it was a spirit and just one of the workers of the main energy that was causing the problem in the home.

Once I was done with the initial pass I asked my friend to sage the home and also burn some church incense. I continued to clean with some well chosen plants and my special aroma that I wet them with to give it an extra push as I passed them through each room of the home. We were both doing our prayers and demanding all that did not belong be gone. I expressed in a very harsh way that I would bottle the entities and not allow them to roam free if they stayed. Bottling is not a very easy thing to do so I was more bluffing than anything else but sometimes that is all that it takes with bullies.

By the time we were done more than three hours had passed and I could feel a break in the flow of negative energy. I then proceeded outside to clean the family as they patiently waited in the garden. I had made each a special bath to be poured on their body in the shower, they were to just dry off and come back outside. Then I used the plants and cigars on them as a thermometer, you know a way to make sure what I had done worked. All but the teen daughter showed free of this energy, I spoke with her as I cleaned her and asked if something had happened within the last 2 years, something the family was not aware of.

She came clean and explained she got pregnant and had an abortion, I counseled her and asked her to allow me to bring the mother to discuss this, and she was so scared that she said ok. I had to do an additional thing to her and after I felt she had released what she was holding on to. I told her she would have no problems conceiving in the future so not to worry and she and the mother hugged each other. At the end I left contented that what had been there for so many years had broken its hold on the home.

I told the lady she had to do what I had asked them to do before my arrival the following week and then all should be fine. Over the years she has called for readings, no subsequent cleansings needed to be done. I've cleaned different members of the family but for other reasons, one was doing badly in school the other had been caught with marijuana in the car, and yet another one had lost a job. All very mundane and normal family stuff over the span of 5 years no more problems and they have been living there seven years more than any family since the home had been built.

I had a situation, a woman with multiple personalities, or so everyone thought. Guess what, she only had one the rest were free loading spirits, she was a medium with the softest touch I had ever experienced. She was easy to penetrate, she could be in a place, have a drink and as her cognitive abilities lowered she would be tapped by any spirit in the area. She is crazy, she does not have a clue and thinks she has some sort of multiple personality disorder. At least that is what doctors have been drilling into her mind for as long as she could remember. They are just in awe that she is still functional; by this I mean keep a job and finished school with this handicap as they call it.

Until she got to me, she was recommended to me by another client that I had helped with a haunted car, but that is another story for another time. So when she called I gave her a reading and in the reading so many things came out relating to her family history and none of it was of crazy people or any mental disorders. So one dead aunt came through asking me to help her, to free her from this obvious problem in her life. I told the aunt that it was up to the niece what I would do or not do so don't be so bossy. I explained to her what the aunt said, she laughed and told me that was her way, a bit bossy and tell you like it is personality.

After we started to discuss the options I told her what she needed was not just a simple cleansing, she I was certain did not have multiple personality disorder, as she had been diagnosed. I told her it would be a process and there was no guarantee. This after all was her natural state; perhaps a little training with her abilities will help her to control them. So I told her it would be several months' worth of work and she would have to do as I instructed. I would not be cheap, but if she was willing, she would probably master the ability to control her channeling; to only when she wanted to allow it in to her life and not when the energies choose.

She agreed, without a second thought she said after all the years that I've wasted with no results and all the money she had wasted what is a few months and some money. So we began to work, I sent her to do some of my regular home remedies for a week or so before we stepped up our work. I took her to the beach after dark,

as a matter of fact on a full moon at midnight. She was to clean her body with lemons, from head to toe. She would follow it by cleaning her body with five yellow soft papayas, crushed from her head down scrubbing her body with each papaya.

She would have to enter the ocean afterwards and clean every inch of her body free from the lemon and the papayas. She had to make sure her hair was free of all the fruit that was in there, after she gets out she would dry off and home she went. As predicted she had a wonderful night sleep, she called me the next day to tell me she slept 12 hours. Not uncommon for this type of cleanse, I've had people that when they do similar cleansings cannot even drive for a while. The energy exchange is such that they are spent for a while until the new and fresh energy recharges the aura. Remember any cleansing clears negative energy from the person, when that energy is great it takes a while for the aura to replenish with fresh energy.

Ok, then she would have to sweat her clothes for a day and then strip, take some bloody meat chunks she bought from the supermarket and clean her sweaty body. She was to place all the chunks into a brown paper bag; she would then take a shower and dry off. Get dressed and take the brown bag to a railroad track where she was to dump the bag. I had given her a special perfume she was to use regularly to change the frequency of her aura. This is not done easily so she had to pour all over her body regularly.

There was an array of things I did for her and had her done for the next two months, along with some ritualistic cleansings and prayers. Well within two months she had ceased to have the episodes she had been suffering from most of her life. She was pleased with her progress, as of today I've heard from her sporadically as she needed readings for business advice. Oh, yes she started her own business and got married all in a span of three years. Her life was free of the possessions; she knows she has to maintain a regiment of energy clearings on a regular basis to keep her clean.

Most earth bound spirits are just lost souls wanting attention and to get their message through or asking for redemption from mistakes they committed while with their earthly bodies. Guess what, forgiveness is and was always theirs. As they depart a guilty mind can hold them back, I had a case that a woman passed and she had told so many lies that after she passed she stayed with the family in hopes to make amends. She caused such disharmony within her family that mother did not speak to son and sister to sister.

All this and more she did to get attention, while in the after life she could not or would not pass to the other side until her self imposed punishment was complete.

The first time I went to clean the family I told them that this would not be a simple cleaning but would take many as the woman who was haunting them was not ready to move on. Once I explained who she was some of the family even told me to discard her soul that they did not care to help her as she had done many wrong things to almost everyone while she lived.

They agreed to do as I suggested after many hours of speaking with them; she was hung up on so many things I had to figure out what to do so she would stop bothering them. Finally I decided instead of cleaning the living and their home it would be more fruitful and beneficial to the soul to get it back on track. After about the fifth cleaning of the soul it decided that maybe I was right and moved on, from that day, that moment the ambiance of the home felt differently and the family was so in awe for the next two years they would ask me to come and clean them again just in case. Look I can not help if the spirit does not cooperate so therapy was key in this haunting.

The energy of a place can have life of its own, I can relate a case where a client would have a property that loved them so much that it would not let them go. I started with the husband and then cleaned the place, I told him from the beginning that we can try to appease the place but if we can not convince it that another family would be better suited then he would be or could be stuck with the property. This was a very healthy man in his late thirty who owned this beautiful ranch. After he put the place for sale he threw out his back and even needed surgery.

I entered the picture and tried to negotiate with the land to let them go and another one can come and live there. I did several cleanings to bring buyers, guess what; I moved the energies and many qualified and overqualified people came to look at this beautiful property. None bought as expected the land did not want them to leave. This is an incredible example of a thing keeping a hold of a human and not allowing them to do something just because the property in this case thought or believed that this family was best for it. To date they still live there, many changes have occurred and the people, especially the husband was given opportunities to keep the land by opening doors to new and impressive income, while still allowing him to have a life on the ranch.

I've seen many types of homes and offices, over the years typically the energy is stagnant from people that lived there before and when the new owners moved in they never bothered to cleanse the place free of any leftover energies from the previous owners. I believe that energy does not necessarily go away when you leave a place. Echoes of all sorts of experiences and occurrences seem to imbed into the place and can affect the new people to the property.

You have seen this over and over in movies and haunted places, for some reason old places seem to keep memories. Especially places where great emotions were a constant, if you go to an old hospital or an asylum for the mentally disturbed. If you have visited some of the old castles in Europe you know what I mean. Right in your own home town there was always the haunted house or abandoned building. One of the greatest conduit of spiritual energy is smoke, this is why most burn incense in the homes to cleanse and when you sage a home it also clears old energies. Another conduit is fog or humidity; this is why some entities come out in the evening.

Back to the story, I was called to this store, the people had purchased the building and as I stated previously they never cleaned the energy from past situations in the building. After I met with them they explained that although they had several other properties this one has constant problems. Not only would things break but electronics would go wild with no other cause. I asked if it happens when there were storms or any other changes to the ambiance. They had electricians and other specialist in the building but as they stated this does not account for things breaking. The man explained how portraits would be broken when they arrive in the morning, I asked to explain, he took me to the closet where they had some of the items.

It was such a large variety that it could not be explained by any physical manifestation, I say this because the year before I arrived at a home where they thought it was spirits but there was a factory near the area that was causing shockwaves that was even cracking the walls and floors of other properties. This was different, vases falling from tables; I saw the portraits and the glass were cracked as if hit by something. Sometimes it is what people call ghosts, or as it is commonly talked about, ghosts from the past affecting today. So with that in mind, this place had a combination of ghosts or echoes of things long since passed and a few spirits that were causing havoc.

Ghosts some can just be over and over repetitions of pivotal events in the life of the soul, or it can be an actual imprint or rewind reel like a replay of an event. So in either case it's not doing much more than what it does daily or weekly or monthly or yearly. It depends on the event, for example if it was an incident that occurred during a war, and then it will repeat that incident at the location during the time and date that it occurred over and over probably for eternity.

Back to our story, by this time I had discovered that it was not one but many different things causing all the problems. I told them it would take about three different cleansings to fix the problem but not to hold me to that number. They

agreed and the first thing I did was clean the inside of the local and bind it from more apparitions. Then I set out in the yard and bound the outside to prevent more stray visitors from coming into the property. Last but not least I cleaned the owners of the place as they were probably affected by all this stuff. It all took over several weeks to get the job done but I've read for them over the phone and since that date no more problems other than people fumbling and bumbling as people do.

There are many types of spirits and not all can be channeled and even the ones that can, can't be channeled by any medium. So is the story I'm going to tell you about one of these scenarios; I have friends that do what I do, not many but a few. Much like most of you have friends from your industries, maybe not great friends but its common sense that we all gravitate with people that do what we do for work. So it is with most people in most industries, doctors have friends in the medical profession; teachers with other teachers and so on.

So spirits will find people in the world of the living, our world that they find an affinity with. Not necessarily work wise but energy wise; remember most spirits are looking for help or vindication of some sort. It was during one of my readings that I found an attachment with one of my clients; this was not your normal attachment as this spirit was well aware of what it was doing. He was the exception to the rule, so someone or a couple of some ones summoned or used this soul that was not so lost but enjoyed attaining things just like the living by bargaining with it.

I don't know what it accepted and I did not care to find out, this spirit was interfering in a big way in the life of one of my clients. She is a very nice lady, a professional who was going downhill during a time where she should have been going up. After carefully looking at her over the phone and the inexplicable reasons she would not move forwards in most aspects I finally detected the energy of this malicious soul. Once I was able to identify it was not one of her protections and this took me two readings to decipher; it was pretending to be a good spirit there to help her and to me he was representing himself as one of her protections.

As I said it knew what it was doing and was there for the reason of placing her life on hold, forever as far as I was able to detect. Once identified I queried him as to why he was so foolishly wasting his time there and indebteding himself in the scheme of his own immortal soul. He was good and it took me a while to get a clear reading from him. After it was clear and I had no doubt that he was there to hurt her I told the client that I needed to do three cleanings. She thought that was quite expensive but after I told her what I had seen she had no problem going through with my idea.

Not only did I detail what had been happening to her but I also told her where all this was going in her life. I told her what I had seen as to where her life should be and where it was going because of this troublesome entity. We scheduled a clearing with another person; either I or he would channel the soul and give it some therapy. You must understand not every spirit can be channeled by just any medium. There has to be some sort of affinity, energy wise, so happily my friend was able to tune it. I was not looking forwards to channel such a manipulative soul, we end up with some of that energy for a bit and it feels bad. Imagine if you are a good person but start to have very dark thoughts, though to deal with, exactly. So as he took on the entity I spoke with it and it dialoged back, very confused, it really thought that making bargains with the living would empower him to get stronger. It does not work that way, maybe if the people are good at what they do they might give some sort of offering that will temporarily empower the spirit. Like any quick fix, there are always repercussions and so it is with this sort of stuff.

After a long talk with the spirit it looked as if it was going to release the hold it had on the lady; no such luck it was playing with me. It was then that I realized that the soul was here to stay or I would have to brute force remove it from the side of this woman. When my friend came out of the trance he was disgusted with the energy and was able to give me some insight. With most trances done by people who are also mentally connected he was able to sense what was really in the mind of the soul.

Who ever had created this bargain was able to identify the soul by name; they were able to know its life before death and offered some ritual sacrifices and other windfalls to entice the entity. They were able to promise by name they would empower the spirit to visit his wife. She and he had divorced as he was not a much better human being while he was with the living. So basically they promised that if he did this act against the woman they would be able to connect him to his former wife so he could live with her as her husband even while he was dead.

There are different types of souls and mediums, the completely gone ones, these are the people that when a soul takes over their body they have no recall of anything that happens during the episode. This type of medium usually is the best trance medium but not very helpful in scenarios like the one we had encountered. As I said the medium that is also in semi control of the body while the spirit inhabits it will have residual impressions of the spirit after the episode is done. So my friend was able with detail give me a good idea of what was going on in the mind of this trickster.

After this attempt I was able to tell the woman with more certainty that with time I would be able to rid her of this troublesome spirit. She agreed and we continued, during the next encounter I came loaded for action and summoned my heavy hitter spirits. I would do some rituals to dislodge the intruder from her and they would rip him apart and deposit the soul in a location where he would no longer be able to harm her or anyone else. Kind of like solitary confinement for the soul, with no chance for redemption or moving on. Hey, sometimes you have to do what you have to for the greater good, so as I told another friend if you don't like it, try being in the innocent shoes of the woman in question then tell me another story.

Everything went according to plans as I ripped the hold from this spirit and my own spirits took it away the lady told me she could feel like something being torn from her body and then a very different feeling like emptiness. You must realize even if the soul did not belong it was taking up space and its energy was part of who this woman was. So as with any thing tangible or not, when you take part of something out, something else must replace it to make it complete again.

So it was in this case and we scheduled another cleansing just to incorporate the pieces back together again, this time with good energy. I did a beautiful ritual to summon positive energy to her side and the hole was plugged. It had been about nine months before I heard from her again, this reading was totally different and she was a totally different person, her energy vibrated with happiness. She told me how within a few days of the last cleanse she was already sleeping better and had desire to work out and go out with her friends. Soon after a relationship began and she said it had been six good months with that new man in her life. I told her how much more her life would change until it was caught up with where it was supposed to be.

Imagine if this had not taken place, this woman would have never moved forwards and if it continued she would have fallen into a deep depression and maybe even an early death. I believe that death is not the greatest loss in life it's what often dies within us while we are supposed to be living! So my message is to always turn a corner, always open another door, never give up, never surrender, as sure as there is night I guarantee there will be a morning. Hopelessness is never a solution, try and try again, if you fail, it's just another way to learn you were on the wrong track, I guarantee if you keep on you will open the right door, the door that will give you the bright destiny that is your divine right.

I was called once by a woman from another state, she explained that she was not sure what she needed; I explained that a reading could possibly clear up some things and then we could take it to the next level. She agreed as it made sense to her, she made her payment and called to schedule, I gave her the appointment

within two days and when she called the start was let's just say explosive. The first energy to manifest was nasty, it started by telling me to get out and never return. I asked her if she had been experiencing night terrors; she said yes, I asked her if it was a tall man with long finger nails. I continued to describe the entity I had seen, the nasty one, she told me yes, I told her if he had long messy hair and a slender face, she was startled but agreed. She said how could I know what her dream looked like, I explained that there was an entity that was coming into her dreams and possibly into other aspects of her waking life. She got more nervous, I told her not to worry the process first is one of discovery and then one of figuring out how to put her life back on track.

As I continued talking with her over the phone the visions became more present and she started to manifest feelings of fear and apprehension. I told her this was all normal for the situation she was going through. She asked me what situation I was speaking of; I told her she was being spiritually assaulted from a dimension not of this world. She was not a believer in anything, this included God, so I had to open that door that swings both ways as we spoke to allow these hidden things to come out and manifest in the day light instead of in her dreams and the deep recesses of her mind.

I explained that one of things that I felt was ashes of a dead person in her vicinity; she told me that in her closet she was keeping the ashes of her grandmother. I told her that if loved her she needed to get rid of the ashes, that those ashes are nothing but a magnet for any and all spiritual energy in the area. As I tuned in even deeper I told her that there was something else at play here, she asked what I was talking about. I explained that there was a door opened that allowed something to come through, something not of this world. What, she asked, I explained that there could be a number of ways that this could have happened.

I told her with my experience this could be accomplished by the use of the Ouija board; I did not think she would fit since she did not really believe. To my surprise both my suppositions were wrong, she explained that she had some friends that would come over and they would play the Ouija board game on a regular basis. She said that nothing of substance ever happened and she was not sure if what they did was real to begin with but some of the friends liked it and after a glass of wine it was more fun. I've gotten from the internet several of the common designs for your inspection, I do not believe it's ever a good idea to open a channel of communication like this as you never know for sure who is on the other side, once you develop spiritually tools like this might become of interest to you but just make sure you are developed enough spiritually that you know, by feeling or sensing, or

seeing what or who you are actually in contact with before it becomes a bad experience as it is with many who play regularly.



Again, that entity came to me and told me to stay out or I would regret it, this was not the first entity to threaten me so with limited concern I continued. I explained to her that she should do several things; get rid of the ashes and never use the Ouija board again. I further recommended she speak with the friends and ask them if they had experienced any weird things. She agreed to do so and we continued, I asked her if she had scratched her left leg recently. She, again very surprised told me that she had backed out of the way of someone walking out of an elevator and she scratched the back of her leg on something behind her.

I asked her to remember if she turned around and if she really saw that had scratched her; she thought for a moment and then vaguely recalled a round garbage can behind her. She did not make much out of nothing and assumed something loose must have scratched her. She asked why I had asked her, I explained that at the time she was scratched the thing I had felt was behind her and I saw it scratch her with his long nails. She freaked out and asked me what she needed to do to fix this problem; I told her for now she needed to do the things I had asked her and get back to me.

It was no more than a week that she called for a second reading, she told me that she did as I had asked. There were four people besides her that had played the board game and only one had experienced weird occurrences. I explained that it was her house that they played with the board so she had become the center of the episodes. By now she was really concerned, and justifiably so, as I continued the reading that entity came to me again and told me that I needed to get out and to do it quickly before something happened to me. I explained to her all the entity was saying to me, I told her I felt it had a plan and it would not be good. I gave her an array of cleansings she could do and for the other person suffering similar situations.

I recommended her to come and see me as what she needed was some hands on work with me, she explained that she just did not have the money to take off from work and travel to another state to get the help she needed but asked to keep on giving her the help through advice and she would do everything to the letter of what I said. I made sure it this reading that it was the one entity and nothing else working in the background I had not seen before. After we finished I told her that we will start with the things I recommended and we would speak again in a couple of weeks.

She called for another reading three weeks later; she was upbeat as most of the weirdness that had been happening had considerably diminished in frequency and strength. I knew the thing was still around as it was not as tough sounding as the first to encounters but I could feel it still in her home. So without causing her any discomfort I changed the frequency of the work she needed to do on her home and her person. She felt much better and her friend was free of the impulses that had been driving her to anger and that emotional rollercoaster. It had retreated to its entry point, at my clients house, we recapped she had gotten rid of the ashes and as I recommended burnt the board game. She had done each of the things I recommended she do.

I told her next thing to do, she thought it was a bit weird but decided how much weirder than what she was going through. I told her this should finish what needed to be done and she if done correctly should be fine. I continued to tell her as long as she stayed away from all the board games and any other type of fun that intained dealing with the other side. She told me without missing a beat; you can count on it and asked me when she needed to call me again. I explained to her that if she does it right it might not be necessary to call me again. She told me how about in a few months, I said okay and she did call me about three months later. Not only was

everything good in her life but she had a new awareness about the afterlife and spirituality in general.

I recently heard from her, she sent me an email after she ordered and read my new book, *Life & Beyond*; she found several of the cleansings I had her do in the book. She was grateful for me and for this new book; she told me in the email she knows how many people in need can now get my help from the writings in my book. I was pleased how she ordered the book and especially for the review she gave it, in either case I was happy to hear from her and that her life had moved on as it was meant to do.

Dark souls

Over the years I've experienced many strange things; even by my standards weird to me might be of the hook for most of you so here it goes. I had to help a person go into the light, the daughter is my client and the mother was in hospice; she called me one day for a reading and as we started I was shown a life at its end and peril of losing its way. I told her what I had seen she understood better than I did and explained to me about her mother and how she was holding on. The doctors had told her that her mother was long passed her time and they did not understand what was keeping her here.

I told her that what I can do for her is go and visit the mother and talk to her and see if I get an idea of why she is holding on. I told her there are no guarantees but only that if it is truly her time I might be able to get to her and help her cross over. I asked her if there was anything about the mother I should know as it pertained to her wanting to hold on. She explained that she had a good life and as far as she knew there was nothing for her to still do here on earth. I continued the reading and at the end she made an appointment with me to meet with the mother at the location she was being cared for.

The day was Thursday afternoon, the location was far off from my home so I did not want to make it too late as traffic would delay my return at least an hour. Anyway I arrived and called the daughter to meet me in the lobby, she came right away and we headed for the mother's room. As I was walking I felt a large group of spirits in the area, I then remembered this was a hospice center and all the folks there were going to pass in a short period and all the souls I was sensing were probably there to help them to pass to the other side.

We arrived to the room and I was surprised to say the least, the soul that was there with her was not a good one, it was a dark soul. I was surprised because she was a

good person and she had a good life and her time was up. I pretended not to see anything but took the time to indirectly speak to the soul, I told my client that the key to the spirit's evolution is moving on passed this realm. I explained how we are here for a short period and then if the mission was complete or not the soul must move on to remember all the things it had chosen to do and realize how many they did not and why. This is a learning planet, so with each lifetime we learn more about our real life, our spiritual life.

I explained again with the goal of having the spirits in the room listen, so I continued explaining to the daughter that as a spirit passes it will go to the astral plane where all souls travel, where their veil is lifted and they remember everything about themselves. They remember all previous lives and all the souls they were connected to here on earth. The reason for their existence and why they choose the life they did. There is a divine plan, part of that plan is keeping this secret, can you imagine if you knew why you were here, the soul would not learn as they would do what expected and the emotional maturity would not be improved. In the light there is forgiveness and love, understanding and I continued on and on in hopes to move this dark soul back into the light.

The darkness exists if for no other reason but to realize the light is the right place for all things spirit, so after about a fifteen minute lecture the daughter asked if I would help her mother to cross into that wonderful place. Well, I guess I convinced the client but did I convince the dark soul, unfortunately the next action showed me the soul was there to confuse and even keep her here and move her into a bad place. He leaned over and whispered something to her, she moved and I could see her soul was wrestles and scared. I told her that the reason her mother had not passed was that there was an entity in the room scaring her from the light.

At that moment the soul looked up and we exchanged glances, I smiled and I could see he was angry, I could feel his negative will; I could feel the negative energy he harbors inside of his soul. So it begins, that soul is there to divert the mother's soul from achieving the goal of all souls to enter the kingdom of heaven. I still thought to myself why was this happening to the mother, so I asked the daughter some questions, remember the mother was in hospice and had been catatonic for other four months. I got some good feedback but nothing that gave me a clue as to the reason this spirit was coveted by the darkness.

I tried to speak to the soul in the room but it looked at me perplexed as to my arrival and I guess wondering why I was interfering with whatever he was up to. He left as easy as he had arrived, just disappeared, I know that a spirit can and has the ability to make itself invisible to people like me. Assuming he was still there but invisible I

told my client that her mother needed energy work, she agreed and I came back another day with my equipment to clean her energy in hopes to detach whatever was attracting this spirit to her. I could not have been further from the reality of the situation, as I concluded the cleanse the spirit smiled and there was no or very little change to the energy of the mother.

After studying the way this spirit was working with the mother I realized it was working towards a much more insidious plan, it wants to cause the soul to come with him when the death of the body comes. I told the daughter that this would not be an easy cleanse, I explained what I thought I had discovered and how this was something not common to my experience. I told her there would be no guarantee of what I could do for the mother as this was uncharted territory. She said she did not care if there was a chance I can help her cross and move her into the light she would do it. I like making money, I have a family and a home and all the bells and whistles so I have to do plenty of readings and cleanings to pay the bills but I've never, never told anyone they needed something they didn't. I can tell you from all my clients that most of the time I tell them what to do and they can fix the problems themselves. I believe that people need me when things are complicated or when they had no desire to do for themselves and would rather pay for the service.

When I got home I had a paw wow with some of my spirit protectors, I was really lost as to what to do, like you when you have to learn something new you need an education on how to do it. No one knows how to rebuild engines you must read and take some classes to really know how to fix them. Unfortunately I don't have this so I depend on my spirits to guide me and show me how to help the clients that come to me for help. I definitely learned some stuff I never thought about before, for example there are groups of these dark light souls, and their jobs are to corrupt new free spirits.

I learned that these souls are like us except they have been corrupted to work towards one goal, to increase in numbers the about of dark spirits that roam our planet. Why, I asked, they explained to me that in order to rock the boat if I may use this analogy there has to be enough of them so numbers are the solution. Unfortunately they excel at bringing out doubt and if they can convince a soul with such light like my clients mother this would truly be a win for that dark lighter.

I have to find a way to reach the lady in a state that makes it impossible for me to have a conversation with her. So I will begin by speaking to her on life and the afterlife, I also told my client that she should read to her. I told her to take my book and read it to her, anything to help her come to terms with the fact that going to the light is the proper evolution to the soul. Since she had not purchased the book I

gave her a copy and asked her to read to her and she would also learn as the mother did.

I told her I would come by next week to begin, she got the book and started to read to the mother and found the book interesting for her as well. I visited the mother and spoke with her at least I spoke, there were spirits that came and left and I explained to them to help me. I kept on speaking with the mother about life and death and how the afterlife was a very important part of the process. She I could tell was listening or at the very least I thought so as I spoke to her about certain sensitive topics she would flinch.

She looked as if she was in rem sleep, she I believe was processing all of what I was telling her, unfortunately the dark spirit was not far behind and I could see as it gave its own agenda to the mother. I was not sure if she could understand me or him, but if this is truly what this spirit does then I suppose that he knew what to do to reach the person. I had not been privy to this type of spirit in the past or at the very least I was not aware of the ramifications of an entity that corrupted the natural order of a spirits evolution after the death of the physical body.

Now I was really frustrated, I thought I had seen most things but i had just become aware of a whole new view of what can happen during the transition between life and death. I decided that evening to again confer with my spirits and pray for an answer to deal with this new issue. I was shown a different view than I had thought of before. There are souls that cause chaos in what is already an emotionally stressful moment, the moment of death. This type of spirit does nothing but take advantage of the souls confusion to further draw it away from the path of enlightenment.

So back to this scenario, the mother was fearful of death as she was not sure what would be waiting if anything for her. I imagine she is not far from how most souls feel just before their time comes and the anxiety of the moment can often create confusion, this is what these souls take advantage of. I told all this to the daughter, my client and let her know I would be going back to the mother's room to further help her stay the course and accept that she will go to a good place, a place of light, freedom, love and understanding. I re-visited the room and spoke with her, or at her, not sure if she was really listening to my words but I feel that even in a coma the spirit will hear the words.

I tighten up the room, spiritually speaking to try and prevent that spirit with an agenda from approaching the woman. Over the next few days I did not perceive this entity in the room although I'm sure that like a dog wanting a bone he was not

far away and sooner or later he would find a way back in to the room. After all there are only so many things I could do in a place like this. I tried to summon the spirit guide and protectors of the woman, I figure that the more help I got for her the better it would be and the safer I could make her.

The problem was that really her time had come and gone it was only sheer will that was keeping the soul attached to her body. So help from the other side to keep her alive was not in the cards, I need to figure out how to get to her, otherwise this spirit would corrupt what would be a beautiful moment and she will miss the boat as it were. I will continue to think, while working on a solution maybe looking into this spirit and what it represents would be a better use of my time and maybe this will give me the answers I need.

I meditated and prayed that evening and was shown a whole new view on the moment of death, so it's not as easy as choice for the soul, there are relatives that often come and help the spirit transition, death itself has a hand, the spirit guide and protectors can also help at the moment and prepare the soul for the change; these asshole souls that find some benefit towards increasing their ranks and at this point I'm open, who knows what else is out there interfering with this change.

I decided to dream on it and see if I got a clear picture on what my next step would be to help this lady make her change and help her go in the right direction. While I was asleep I traveled to the location and was able to see the soul at rest inside the body and the spirit wanting to pervert the change just outside the door to the room. I approached it and to my surprise he was able to see me and interact with me, I asked it why would any soul willingly cause so much damage to their spirit as he was causing to his.

I was happy when I realized this spirit tried to recruit me to his side, he laid it out to me as he knew it, he told me that there are groups like his all over the world. I asked him to run by what benefit there would be for me to do what he did when I died, he interrupted and told me I could start right now just work for them. I ask who is them, he was a bit vague but suffice it to say there was a hierarchy to this organization, who was on top of this food chain he was not telling. Good thing about being alive my energy was high compared to dead souls and so I could definitely overpower him if things got ugly.

No such thing, he was very accommodating as he continued to explain that since they did not have so many rules as does the light side I would be compensated in ways that on my current path would not happen. I asked him what ways he told me that he would make something happen to me so I would realize that doing business

with them could change my life if not more. He continued to say that if I did this for them when my time to go happened I would have moved up in the organization and as a soul the benefits would be immense. I not having the problem to be dead had no problem in entering the room and was able to reach the woman. Although she was out her soul was very much receptive to my input; who would have believed that all this was happening in the background of the real or living world.

I explained to her that her daughter was very concerned at how she was holding on and told her about the astral plane and how she would recover from any physical ailments from this life and as a free spirit it was her goal to go to God's side where the soul will remember all things from this and every other life. Where she will be shown why she choose this life and all the other people she choose to share it with. After some therapy she seemed content to move on and my out of body experience was done, I awoke in my own bed and if what had happened was good I should call my client to meet her at the mother's room and it should not be long before she passes.

I called the daughter and asked her to meet me at the mother's room, I told her what had happened at night and if I got through to the mother I expected her to pass very soon. We arrived almost at the same time and walked in together, as we were walking in to the room the mother had her eyes open and she had a smile on her face. The daughter reached for her hand and they held each other for a few moments and the mother at peace closed her eyes and died. It was a very interesting case were I learned that there is more to this death than what I thought.

I've often thought of the scenario that occurred and that spirit with an agenda, as of these writings it has not happened again, I'm sure it happens more often than I can fathom after all I'm one person in a small area of this big world but at least I'm now aware and may be able to assist when it occurs again or at least keep an eye out. As I reflect back to other times where I've run into darkened spirits I wonder if they started out like this woman and were seduced to roam with an agenda to corrupt other souls. All good questions, I'm sure with time I will learn more of this and I hope to be able to find the key that breaks the hold or the allure that draws so many souls to serve a master other than God's free will.

Some haunts are not of current times but often intrude on current time situations. This was the case in this situation I found myself in; I was called by a good client and asked me some questions as she was worried about a good friend. She gave me some details of things that were happening with the lady in question and asked me if those seemed to be typical in haunting. I explained that although one of the common things in hauntings is a spirit, like there are many differences between

people there are also with spirits so yes there are some typical things but also huge differences. Everyone has wants or needs so do spirits, remember a grounded spirit is nothing but a person without a body.

One of the not common things is for a spirit to follow the people from one place to another, unless they are haunting the person and not the location. She had told me her friend had moved from place to place over the last two years and the weirdness as she called it seemed to follow her. Even when her husband left her it still seemed to follow her where ever she moved to. I told her to send her to me and I would see what I could do. I told her to have her friend call me to schedule a reading, or if she preferred to get right to it, a cleansing sounded more appropriate in this scenario.

A few days later the friend called and she told me who she was and who recommended me I made an appointment for her. I told her from what I was told a cleansing would probably be more appropriate than a reading. I explained that when I do a cleanse I usually see what is going on, similar to a reading so why waste time and money if cleanings was what she needed. She agreed and I gave her a date to come and see me, she agreed and then I changed my mind and told her it would be better if I visited where she lived. I explained how it's often better if I visit where the person lives, there might be other things that can lead me to a solution for the person.

She was waiting for me, as I was getting close she called me and told me she had to leave. I said, wait, wait what is going on, she explained as she was getting in her car that as she was sitting watching tv waiting for me the TV changed channels and the volume turned to the max and she got scared. I asked if anything else happened, she asked or yelled what else do you need, then she said alright, as she walked out the front door, the TV just turned off. She said, forget it, and hung up on me, I called the client who originally called me and explained what had just happened. I asked her to call her and try and get her to give this another chance. She agreed and hung up, the next call I got was from her and she said her friend was very upset if I would give her some time she can calm her down, I told her to call me back and take her to her house and I would meet them there. She thought it was a great idea, so I asked her for the address, I never remember addresses, too many people and I think it was over a year since I had given her a cleanse, maybe even did it at my place.

Finally she called back, she met her friend at a coffee shop, she calmed her down and the friend agreed to go back to her house where I was to meet them. It really got interesting then, I got there before they did and I could already feel the war drums beating. As I was summoning my spiritual support I felt they knew it would

be a difficult situation to overcome. I was getting ready to help this woman and one of my spirits told me to make sure I gave myself an aura boost. I did one of the meditation exercises from my first book and I felt better.

As I opened my eyes the ladies pulled in, I exited my car and greeted them, I have to tell you as I walked up to them the new client had all around her a dark aura that moved as if it was alive and not of her own soul. As if without being possessed she was being manipulated, whatever this was owned her body and soul. I greeted them and we entered the home, it felt clean so this is a plus, I would only be fighting one thing and not from two fronts. I asked the lady of the house if she could give me a deep pot for me to prepare a bath for the friend I was to clean. I started unloading the stuff I had brought from my home in the house and the lady gave me a big cooking pot. I took out a mixture I had prepared earlier and poured it into the pot, filled the rest with water and mixed it in good.

I made sure before I began that I had everything I was going to need for this cleanse, I told the lady to go into the bathroom and take off her clothing and pour all the contents of the pot over her body. She took it with her, I figure the softer I made her energies the easier it would be to detach what ever had a hold on her. I told the friend whose home we were in that probably it would be better if she gave us some alone time maybe go to the market. She looked at me a bit concerned as I've cleaned her before and did not do half the things I was preparing to do to the friend.

As her friend walked out of the bath the lady grabbed her purse and told her she would go to the market to pick up a few things but she and I should feel at home while she was gone. I thanked her and asked the friend to come outside with me. I prepared a cocktail of gunpowder, camphor and sulfur and made some weird designs on the cement floor. I could tell she was curious so I told her that these were specific signs asking for a resolution to her situation and a vanishment of the intruder entities. I asked her to get in the middle of the circle and then I closed it off with the rest of the mixture. I began my chanting and lit the whole thing on fire, I told her she could move around in the circle but under no circumstances should she step out of it.

I saw her close her eyes as this big blume of smoke engulfed her, she was scared but this needed to happen in order to release the hold on what ever this was. After she was done I asked her to come over to me, I gestured her to sit on a chair I had placed under a tree towards the back of the yard. She did and I started to clean her with a cigar, I would speak to her to get her mind off what I was doing and also I had a small container burning incense burning under the chair towards the front or towards her feet. I was beginning to get to her and that stifling energy she was

carring with her. I poured from another container on the back of her neck another concoction I had prepared and it was cold so she who had her eyes closed jumped from the chair.

I sat her back down and told her just as she was not expecting this neither was the bad energy, I told her this was all part of the plan to secure her energies were free of what ever this was. I continued to clean her with cigar and I also cleaned her with some plants I had put together. I kept looking at her and I knew that her demeanor and energies were getting better, she felt somehow softer and more open to what ever. I asked her that if she had gotten a headache, she told me that after the big gunpowder thing she got a bad headache. I told her to close her eyes and I took out of her that headache. She told me she felt better immediately.

I had asked her to take off her sandals for all this to connect her to nature from the bottoms of her feet, also had placed the branches I cleaned her with under her feet. She told me she felt better, asking me how much longer and if she could bathe after this event. I told her that a shower is just as essential as cleaning her energies. Remember if you stink the least of your problems would be spiritual so smelling good is always primary. By the time I was done she felt like sleeping so I told her enough and go home, I asked her to call me in the morning to let me know how she felt sleeping in her house.

Next day she called to let me know she had slept 15 hours, something she had not done in over 10 years so I was pleased and believed the energy harming her was gone. She asked me if she could see me in another month for a follow up cleanse. I told her that that sounded about right and waved good bye to her. She was so excited that she kept repeating how good it feels doing God's work.

Chapter 5

Solutions to most situations

I don't care what the problem is; as long as we live, there is a way to resolve any problem. When I say resolve it might not be what you think of as a resolution, so let's clarify. If you get fired, I might not be able to get your job back; however a new start some other place is definitely possible. If you read my previous book you saw so many examples of situations where people without jobs often for years resolved the problem often in less than a month.

Thinking outside the confines of a box is what most people need to learn, come on, be realistic, if a company closes the doors you must look elsewhere for a new job. If a relationship ends I can help get it back on track if that is the best for your life path. More often than not all you are is hurt because they cut you lose, look at the big picture, and let's work on opening new doors to better relationships. I can guarantee there is someone out there for each of us. I've heard about the other half and many other ways to describe that special someone out there for each of us. I hate to break it to you there is many possible partners with successful outcomes out there for each of us.

Keep an open mind and any magic we do together will have a much more satisfactory outcome. If you come to me for an impossible relationship, there is no such thing. However if that person you yearn for is in a committed relationship that is not an impossible relationship that is bad karma for you and I will not be part of it. If on the other hand your husband or wife was taken from you by a younger or more successful person, then come and talk to me if it's in your destiny to get them back I will make it happen for you. Even then, nothing is necessarily for the best, even and if your time with your spouse ran its course and you have been given a way out to start a new adventure in life I will also let you know what is coming is better.

With the first book I wrote, Life & Beyond I gave detailed basic information on how to grow spiritually and then some practical application on the matter. In this book I would like to take it a step forwards and put together all the things I separately taught in Life & Beyond. Let's consider you did all the meditation and spiritual development instruction I gave in the book and now are mature and ready for the next steps in your spiritual evolution. If not I would highly recommend to go back and read it and practice all the instruction before proceeding to the advanced lessons in this book.

Let's begin; there are only finite areas where we as humans need advancement or an edge. One that is without doubt is health; this area will become more important once there are any health issues. So we can work on this area by preventing health issues in our lives. Let's talk about different things that can be done to keep us tip top. I'm of the belief that if we are healthy of mind then the body will be healthier than if we are going through emotional issues. Most health issues that people get are directly or indirectly caused by emotional turmoil. The second is hereditary, those are also areas we can work with, again if all else is good then keeping up with health is not difficult at all, even hereditary diseases.

Stay fit, physically, good weight, cardiovascular health is very important for any age group, so if we are physically healthy then our spiritual development will also be easier as the spirit will work within the confines of the health of the individual. In other words if you are not healthy then the spirit will only go so far. I can give you a personal example, a good friend of mine Elsa; she is a fantastic psychic and spiritual counselor. When I first met her she had just got the onset of diabetes, all her life she had the gift and never needed to do card readings to divinize. After a few years she could no longer do the reading without cards it was just too hard on the body.

It's like any other muscle, if you are not good physically the sport you practice will suffer to some degree. She can still do readings and her information is good but that direct connection throughout the reading is to exhausting for her. I myself can do readings with or without the cards, I've learned to divinize with different spirits and some just talk to me and others work within the confines of the cards I use, if you look below are a couple of examples of my cards. I'm proud to say they are not common and the entire deck is only 36 cards unlike most of the common tarot or the Spanish cards or many others that have many more cards in the deck.



Above an example of some of the cards and the back of one, the back depicts each of the cards in the deck as you can see; I hope you see what a friendly bunch I work with. The original deck was used in the 19th century and among the people read with them was Napoleon. So I hope to continue to give this beautiful deck with its illustrious past justice.

So remember that with mental activity comes the need to stay fit, I make an effort to work out at least three days a week. I'm fortunate my wife likes to exercise, just another activity for us to do things together. I do more lifting than cardio but a good balance I think, I definitely do not want to get to a time where health issues prevent from giving my clients 110 % each and every time they need my services. For me it's all about being of help and making a difference, as some of my clients say I'm a warrior for God, so if I am to war against negative forces my body must be fit to transmute all the energy necessary to triumph. We are the vessels that all energy must pass through in order to manifest, energy from other realms need a host to manifest, the better the vessel the better the manifestation.

In order to channel we must be in touch with our body, release control to other worldly thoughts that touch our minds. Remember, with control we can choose how much we allow the spirits to channel. Over the years when I've been sick and needed to work the spirit would come close and even channel completely and during those couple of hours I did not feel any of my physical maladies, a bad cold, fever, aches and pains all go away. I would complain if they can do this temporarily why not completely. They explained that going through these things was part of the human condition, I can however help others with many other sickness or maladies or even diseases.

There have been times where I've needed to clean a client that had problems in a relationship and as a side effect clean their lungs from bronchitis. I've been able to get rid of migraines for others and many other maladies clients have been suffering from. Imagine if you have a headache and I placed slices of potato all around your head forehead and temples and within minutes the headache leaves you. Often I've grabbed some tap water in a cup and placed my hand over it and pray to the water to energize it, asked the client to drink it and a fever leaves them or they had problems with a sore throat and immediately if not within hours the sore throat leaves them.

Within each of us is unharnessed the potential to tap into universal energy, this energy has been here since the beginning of time and will be here long after we are gone from this existence. So tapping it is a big plus, how, by sheer will power, we have inside us a sleeper that needs to awaken. How? By activating parts of the

brain now dormant. Belief is essential to manifesting and summoning up these powers, yes powers that are at our disposal.

Think back how often you have been so excited and there was an adrenalin flow that gave you that elated feeling a feeling you would have liked to harness again and again but were unsuccessful in every attempt. Proper use of the brain and body can allow this to happen over and over, it's just the beginning to opening doors to other worldly energies. Once you learn to call on these extra powers in your body, by activation of the adrenalin flow, the flow that only happens in extreme distress or emotional elation. Then and only then can you begin to take the steps necessary to tapping into those universal energies all around us.

Let's begin, calling on that adrenalin flow is as simple as imagination, since you have practiced all my exercises from my first book you are practiced on visualization and meditation techniques. Now we must take it to the next level by invoking those energies, visualize yourself in a circle, then a bubble, a golden bubble. Once there create a protective flow of energy so only what you want will enter. Remember once you open doors they swing both ways and you don't always know what is on the other side.

Do your prayers and celebrate life, celebrate the universe and all its mysteries as just doors ready to be opened. Emotional maturity is essential to develop spiritually, we must be responsible for our actions and how our actions affect others. Let's flow, go and reach our goals and exceed them by tapping into the knowledge of the universe. That divine knowledge that through the ages a select few has been able to tap into and grow exponentially.

As we start the exercises we must leap beyond what is and embrace what was, is, and will be as in the here and now. What does this mean, forget time and understand that all that was, is and will be has already occurred and we can veer through that veneer to see the answers. Here is the trick; once we see the most prevalent outcome of any situation we can change it if we choose. With the emotional maturity we spoke of earlier is how we judge what should be changed and what will affect an entire time line if we do.

I like or enjoy giving out remedies from the typical home, why, simply because there is a better chance you will do it if it's already there. The bottom line of my remedies are to help others, yes inspite of them selves and their narrow views of life in general. Believe me if life squeezes you enough you will reach for all sorts of things to get help so why not simple effective solutions. In the past I've spoken of baking soda, it's a good cleanser, you can get a plastic container and add a couple of cup

full of let's say arm and hammer baking soda. Fill with some water and mix until you get a nice paste solution, then you get in your shower and normal shower will do then without getting dried off just bring in the paste and defoliate the entire body from head to toe. After you have thoroughly done this just turn on the shower and wash it off. How many of us have had or suffer from acid indigestion, just add ½ table spoon full into an 8 oz glass of water. Drink it and it will at the very least neutralize that excess acid, why don't the companies advertise this, you guessed it no money to be made. Hey just try it, I believe you will find it rewarding.

Take a glass of water and add to large table spoon fulls and mix, gargle, it will ease throat or mouth discomfort. Feel that carpet is a bit musty, just sprinkle all over the carpet and leave on for at least a day or two. When you vacuum it out you will find some of the odor if not all will be gone. Drinking is no less effective but in much smaller doses, I say ¼ teaspoon in an 8 oz glass of water just before bed and it will level out any acidic tendencies your body might have. In the paste form above you may even try it for rashes, or any other skin irritation. Look it's not for every one but my results have proven it to be an inexpensive solution, readily available to all.

I want you to recall one of my favorite baths to do, the apple cider vinegar, spoke of it in my first book and briefly in this one, but did you know that apple cider vinegar is also good for what ails you from the inside out. For example I like to offer this simple but very effective remedy that might better if not cure a number of maladies. Each and every morning you may take a glass of warm water or hot, your preference and add a big table spoon full of pure apple cider vinegar. Drink it, it will do the body good, you may also do the same in the evening before bed. Let's cover some of the things that it can help, digestive tract issues, allergies, arthritis, women have told me they add a bit to their hair to add shine, and I'm sure many other things I have not covered. If you are truly interested I'm sure you can go on the web and do a search, it's truly a wonder. Oh yea, I almost forgot, as a kid I was told to put it on bites, mosquito, ant, bee stings, etc and it will ease the pain of the bite.

There are many natural cures as I have discussed not only for spiritual reasons like lemons, I briefly covered how to do a cleanse with lemons in a previous chapter, did you know you can use them for many other things. If you mix baking soda and lemons together they can definitely clean most of your plastic containers of any stuck on stuff. They are so acidic that you can kill germs with them, if you use them on fruits you can keep them from getting that brown color longer, if you drink one lemon in the morning preferably before breakfast and wait at least 30 minutes before drinking or eating anything else you may not only have most of your vitamin C but also burn fat. Have some common sense, remember it tends to be acidic so if

you are going to include milk don't drink a lemon on that day as it may ruin your milk. Don't get rid of your lemons after use, stick them at the bottoms of your garbage area, like in the bathrooms or the kitchens, it will deodorize bad odors. Squeeze lemons into most things it will serve as an anti oxidant, like tea, add lemon juice to it and it will increase its anti oxidant properties.

Earlier I spoke about a body cleanse with lemons, if you are going to take a shower, take at least three cut lemons and scrub your entire scalp with them, apart from cleaning off dandruff it will make your hair shiny and cleanse any spiritual negative energy you might have as an attachment. Then do your regular shower, not forgetting to wash your hair normally, it usually won't take long for the lemon to have its effect so do the lemon on the head wash the body then wash the hair normally by then the lemon did its work, that is how strong lemons are. Want another cleanse, on a plastic container add salt, any type will do, then add or squeeze five lemons into that container mix well and scrub the body, the results are marvelous. Don't forget as always wash off because it is so strong it could cause a rash if left on for too long a period. Have some common sense if you are allergic to any of the things I speak of in this book don't use it. I know I've said what an acidic thing lemons can be but if you get one that is very ripe and add it to some hot or warm water like tea it might just help you with some digestive issues. In other words flush your body of extra acid or even constipation.

Karma dilemma

To affect an entire time line we affect the lives of many, not just us or for our benefit, you must consider the ripple effect that changes can cause so your decision must be based on the common good and not just yours. Let's take an example, a few years ago I was asked to help a guilty man from his sentence, the person had been found guilty and the prosecutor wanted the maximum sentence of 30 years. I was moved by the daughters request and love for her father. I asked her how she planned to get the case overturned. She said the attorney had been asking for a 30 day extension to do some research and statements from New York City. Remember I live in Miami and the case in question was from here.

After looking into the possible outcomes I saw that he would be freed earlier than she thought, however it was not my call to make and I told her I would help her get the extra time for the attorney. Within a few days the judge's chambers reached out to the attorney and asked for two months since they apparently could not find the case file on the girl's father. I simply made it temporarily invisible to all eyes but it was still there. After the time the mitigating circumstances the attorney looked

for were found and the sentence was much, much lighter, enough so that the father has long since been released.

Imagine a second set of possibilities, it was a drug case if I had not mentioned it, the father was a very powerful person in that world, a world that the daughter had nothing to do with. In this scenario, his release would have caused him to grow and kill or destroy the lives of hundreds if not thousands. This is the emotional maturity I spoke of and it is one of the things you will have to deal with as you explore and gain a measure of control over these powers. This time it was a clear cut answer and how about the next when you have a vested interest in the outcome, can you truly stay detached and make your decisions based on the greater good.

Unfortunately humanity is not ready and most would simply abuse the information for their benefit. Many years ago I had to make a decision where my information could save a life or allow nature to take its course and by that route prevent later in life bad things from happening. It was a case where the woman was pregnant and could come with some defects the baby that is. After her reading she asked if I could do some things to help or she would have to have an abortion, an abortion that she did not want to have.

She was with a man who she loved and her religious beliefs would be in question if she had the abortion, I looked and believed that while the baby was a fetus I can in fact change some of the DNA and help the possibly deformed child fix itself from the womb. I was also shown that the child in the future would become a criminal and cause great harm to many people. That scenario still haunts me to date, I choose to help the woman and the baby was born, a baby boy as predicted in my vision. I never told the woman of this premonition but I believed and still believe today I can change that, I've kept counseling her over the years and believe to be guiding her to prevent that forecasted future.

It's still a possibility but with every year that passes I can see that then solid future becoming less of a certainty. I clean her at least once a year and read her probably twice a year, plenty of times to keep me in the loop of the child and thus enhancing my opportunities to change that premonition. It was the child's strongest possibilities if born but since subsequent energy work has been done to change that future. I feel another two or three years and even before the child becomes ten years of age I can eliminate that once concrete future. As I said, all these years it's haunted me, my decision to intervene for the love of a mother.

I hope with time he grows to be a good person and prominent addition to the community. Time will tell and every time she calls I'm reminded of that moment

thus making every other decision I've made since much more cautious. The attitude I took was not cavalier but I felt for an individual and did not pay heed to the future of the many. I've struggled with this and still do; fortunately it has tempered me and my subsequent decisions in other circumstances. I've always decided on the side of caution, as I like to sleep at night and still make decisions but I have without exception sided on the cautious side of life.

I have never told that mother about all this and it is my hope that she someday can purchase the book and read these words. Then she will understand why all these years I've tried to guide her towards all the cleansings she has done for her son and why I always tell her to try and keep him free of negative people and situations in his young life. I still feel responsible for that possible outcome, it is no longer the only or even the strongest future for the kid but it is still there. My hopes are that with time together we will be able to completely take that window of possibility from the big picture of his life.

My visions of the future are always shown to me in terms of the strongest windows of possibilities; I believe we have multiple destinies not just one. With every move we make we can make slight modifications but the big picture stays on track, in other words if a person was supposed to wear the uniform of a military man, we can change his education even his major but destiny will have and imposes all possible outcomes geared towards the predestined.

Over the years many have asked me about karma, so with this story I just told you I can confirm that the overall determining force of life is what the spirit chooses to come and do on this world. In the cases of a person that came to suffer, no matter what the family does that destiny will attempt to be fulfilled. So it is with a child who continues to go into a bad path, in spite of the great upbringing and advice what was written will try to fulfill itself. I believe that knowledge is power, so if I or someone else can see a future filled with problems energy can be thrown at this destiny in attempts to change it.

Everything can be changed, with time and constant effort most things can be changed or at the very least softened. So in the case of someone who is supposed to die from a sickness, if within time or early enough the manipulation can often soften that sickness or that negative or dark path that the soul was destined to bear. It's not easy to change and not always successful even with ample time, many things come into play when this is attempted. Faith, consistency, environment, love, and many other factors can affect the outcome. I tell some of my clients that have children and they come out so different that their part affects only so far as their path goes.

For example I have a woman who has three children, they were all reared in a happy home, with father and mother, they were given every chance to go on and become well balanced and successful members of society yet one died in a traffic accident and the other two are in jail. I told her that we would have to do separate readings to look into each of the karmas of the children and what I described was how each life had gone. It was not any fault from the family but the path chosen by the souls that caused their lives to go wrong.

In the case of her friend, and the person who recommended me to her, she got a reading many years before and it came up that the middle daughter would or could get pregnant early; I believe I gave her an age of sixteen. She took action and changed that destiny, the time came and she saw it moving into the direction I had foretold so she worked and worked some through magic some through circumstances and the time where she was to get pregnant passed and so that path of life was avoided. I had also told her that the eldest was to get into a car accident that could cause him to break some bones, I told her that the accident was to happen on the summer of his twenty first birthday, it was partially because it happened as I had foretold that she took action with the girls and prevented that path for her.

There are many ways to change things, mostly I'm of the mind that through energy work we can soften most things if not eliminate them all together. I give many remedies and most are simple, some are to bring positive things into our lives and some are to clear negative energy and divert strong negative influences from affecting our life path. If you take the time to read this book in detail as the first book there are many types of ways you can change destiny. Remember, most is really not changing destiny, most is simply to bring life to the positive extreme or away from the most negative side. They are after all two sides of the same coin, you can either let the toss of the coin choose or take action and do your best to move destiny to the best side.

My favorite place for a cleanse is the ocean, or water in a general sense, I've cleansed my energy in the ocean, rivers, lakes, well water, any place that water runs is good for me. That is not to say it works the same for all, of all the places I do cleansings for others only the ocean do I partake with the client as this is such a great place for my energies to release and replenish. So it is with energy, so make sure you if you choose to do cleansings on your own make sure what you choose will actually be good for you. In my first book I teach some techniques on divination with coconuts. The reality is you can use anything, for example take four quarters or four fifty cent peaces or even a dollar coin. Make sure you clean them of

extraneous energies by just placing them in your hand and put your hand under running water.

After you cleansed the coins you bring them close to your lips and say with this coins I as for the truth so I do not want a truth from a lie or a lie from a truth give me your answer to my question a truthful answer and nothing else. Cup your hands together and ask your question, shake them over your head and drop them, look to see how they fell.

If two coins show head, it's yes to your question.

If four coins show head it's yes to your question.

If three coins show head then the answer is maybe, ask again and only accept 2 or 4 head as an answer.

If you get 3 showing tail it's no to your question.

If you get 4 showing tail the answer is no to your question.

In a pinch or a quickie as I like to call it, anything can work if you just prepare it or endow it with the right energy. So remember anything is possible look for solutions to your problems, the tools are all around you. I've done some weird spells over the years, one of the ones I've done many times is one of the weirdest ones. I first saw the spell done by a friend and one of my spirits told me it's a good spell learn it and use it and gave me some modifications for my personal use and to help my own clients.

You never know where you might find a nugget, so I worked it and I have given it to many clients over the years. It's a simple spell, I had once a client who the son left the mother and had not reached out to her in several years. I told her the spell to do and in less than six months the son started to call her until they reunited. So from years of nothing within six months the son had returned to the mother and the family had reunited.

Now for the spell, get yourself a nice big green papaya, place it sideways like a boat, slice it lengthwise so one side is bigger but you can get into its center. Clear all the seeds or a good amount at least, and then get a photo copy of the picture the person you want to work on. I like to clear the seeds as I do a very similar spell with the seeds to help a person get pregnant, but that is for another story. Remember make the copy black and white, the less chemicals the better. So once you cut out the picture place face up inside the papaya and bring it close and pee inside until you cover the picture. Re-cover the top of the papaya and wrap it with a yellow ribbon. Place it in a shoe box and cover it, keep it until it rots, you may place it

outside or any place hot so it rots quicker. When it finally does then take it to running water like a river or canal, open the box and empty the rotten contents into the running water.

This spell is supposed to be to clear the way between two people, so if there is something in the way, pride, magic, envy, and jealousy, whatever it will clear the way for two people to continue. Remember it will work if it's supposed to be, if not it will do nothing. So don't do it just because you know it, don't abuse magic, use it wisely, remember there are always consequences once we step outside the natural order of destiny.

If you are into writing this might be a good one for you, buy a nice watermelon and take it home, wash it and use your hands, your wish is important so as you wash it you are cleaning it of any other energies. Cut a hole from the top of the watermelon, three inches wide, like you are making a circle. Take that top off and carve the inside to at least 4 inches deep. Take a brown paper, like the kind they would give you at a corner store or a gas station to hold a beer. Anyway get a brown paper bag and tear it open, the idea is you will write on this paper with pencil, your letter to the universe. Be truthful for your wish to come true, don't write nonsense or that is all you will get.

After you wrote your letter, fold it up and place it inside the watermelon inside the whole you carved up, then add some honey over the paper and close it back up with the top you had cut earlier. Get a blue ribbon or any blue cloth and wrap the watermelon up so as to make sure that top did not fall off. Take it to the ocean, and place it on the water and say "as I have written my request inside this watermelon that I offer to this ocean, may it be well received and my request be answered. I have faith in the grandeur of the ocean and all its wonders, may I see the answer and my faith validated. Look I give you some guidance, once you embark on these types of spells you are in the control seat, say what you want as it pertains to what you wrote and requested.

This has no limitations so if your wish is well received so will you get back a reply in the form of result based on what you asked for in the enclosed letter. I like the closer to nature, so brown paper and pencil is closer than white paper and pen or computer printout. The more you put into your request the more likely it will be that you get the answer you wanted. Over the years giving this recipe I've heard the results and often times within days. I recently had a client who was told they would be fired and the family only had him as the source of income.

I told him to do this spell, they had called on Friday and they did it that same evening, the meeting was on Tuesday and the answer came in the form of a reversal from the owner of the company. He point blank told my client that he had the weekend to sleep on his decision and after mulling it over decided his service to the company was of sufficient value and would look for cost cutting in other areas. He called right away and thanked me; he told me that the watermelon was so simple, why did other people not know of this wonderful thing. I explained that I was told to give him that recipe but all things are not for everyone, what had worked with him might not be the right recipe.

I like fruit cleansings, for someone who has had many mental anguish or torments I would recommend a cleanse with green pears. You know if you have eaten them they are generally hard so make sure yours are soft before you attempt this. You can buy sixteen pears but leave them in the trunk of the car, this can accelerate their softening, it does for me. So anyway you let it get soft then you go to the ocean and sit by the edge of the water, crush each of the pears on the head, as you do cleanse the rest of the body as you rub it from head to toe. Do the same for each of the pears until all 16 are used, once done just get into the ocean and wash all the pears from your body. It's fantastic to clear turbulent mental energies from you; I'm sure once you try you will soon see the difference.

This is a prayer that I like to do every once in a while, let's take a week and say it out loud every day twice a day. My preference is in the morning before I start any activities and then as the day progresses at any time I find a free moment. Always ask God to illuminate your thought before you start so as to have the best chance to be well received.

This is a prayer to the Saint of Far Away (Alejo)

Oh, my glorious Saint Alejo, you who have the power to remove all the evil that surrounds the chosen of the Lord, remove all evil from my surrounding, I ask that far from me you place my enemies. Keep me away from Satan, liars, accidents and sorcery, also from sin and finally, Saint Alejo keep me safe and away from those who come to me to hurt me or to cause me any harm. Put me so far from the wicked so as they will never see me. So mote it be!

Saint Alejo you that keep away bad thoughts from mortals, keep away those bad thoughts from me, and the fools that would come to do me harm, bring me close to the Lord so that with his divine grace he might cover me with all his divine good, reserve for me a seat in the shade of the Holy Spirit. In the name of God, so mote it be!

It's a cool prayer and you will find that most of the little inconveniences and obstacles that might be going on around you will subside or all together disappear. I suggest you do it repeatedly three times every day for seven days and then you can just give it three to six months depending on how turbulent your life is and do it again for seven days. When you read it do it consecutively three times, any time of the day or night is fine. For my taste I like to do it in the morning before I leave my home or drive anywhere. This is just my preference, for example my wife likes to do it in the evening before she goes to sleep.

Easy fixes

I like to find quick solutions when the energies go out of whack, so in this chapter I will give you many home type remedies not only for immediate fixes but some permanent solutions to protect yourself your home and prepare for the next time it's needed some you can make ready and will last until you need it next time. Let's do some prep work, so get fire water, aguardiente, is the Latin name for sugar cane liquor. Get the strongest that would be 150% proof, the stronger the liquor the better, if you can't find my favorite any will do, again just make sure it's strong like rum for example.

So you got the hard liquor, next add dried star anise, you can find in most supermarkets in the area where you can find the Cinnamon sticks. Place at least 9 in the liquor, does not matter if the mouth is small you have to break it to get it inside. You must leave for at least five days before you use, remember it has to give its essence to the liquor. It's very concentrated, so if you pour a small amount into say an empty coke bottle like a two litter, the amount you put of this mix into the bottle is like one eighth of the bottle filled. The rest is just plain water, you can pour after a shower from the head on down then dry off or just at any time you need pour down the head and dry off.

If you are planning to move into a new home you can do this simple ritual, create a mix of brown granulated sugar, salt, and rice. Then walk the home on the outside as you exit the front door you start towards the left as you sprinkle against the wall of the house all around the home until you get all the way to the front door, remember throw the hand full at the wall near the base of the home. Say the salt is to cure any negative energy in the home, may hostility leave the home for ever, the sugar is to sweeten the home may it bring love and good thoughts to our lives, finally the rice to open the home for charring the gift of abundance to receive with grace all the good wishes and harmony in our new home.

Then you are to go inside and at the doorway of each room take a hand full of this mix and toss it inside each room of the home repeating the statement above, as you finish and are walking out the front door you may throw out the front door the remainder of the mixture. Remember most of the house cleansings rituals will work best if done before you move in to the home or apartment.

You may find your natural colors as described through astrology or Chinese astrology, each science has its own way to divinate these colors that would be good energy for you. There is nothing you cannot change so as you develop you can prefer a color and indeed make it your favorite outside of the once these two ways of looking at life might determine for you.

There are many ways to protect our homes, an alarm is a good one against thieves, what about a spiritual assault? These can happen more often than a thief, so why not learn a couple of techniques to block it from your personal space. You can get red devil brand lye or pot ash, it comes in a can and you can make holes on the top, plenty of them then dig four holes one at each corner of your home on the outside. Once you dug the holes then hole down you may place each of the cans inside the holes. Let's continue, cover each hole after you drop the can opened side down, and that is all you have to do to keep the home safe from that jealousy, or envy, or just plain not liking you or another family member.

You can place in the front or rear of the yard; this windmill that with air can move energy, try and make it red and white so as it increases in speed it's energy will help propel that negative energy elsewhere. Consider this windmill an air protection so on windy days you will get more of it than on days of no wind. Hey nothing is constant all we are looking for is that always something is going on. Remember you can clean with just about anything so as you leave the house get an apple and pass it around your body, back of neck chest, face arms and legs then just toss it out the window towards any corner you pass by. Try and never leave things you clean yourself with close to home unless told to do so, it's always better if this energy is dispersed away from the home.

Salt can be used for good or bad, I like good as bad always has a possible rebound effect. So let's talk about the good effects of salt and how to prepare it. I like to use a white candle, soak it with olive oil and a little salt. Rub your hands on the candle infuse the wish or desire on the candle, get a white bowl and fill bowl with salt, place the candle in the center of a white bowl. As you light the candle ask as the candle's energy burns may it infuse onto it the power to "repeat your wish or desire you infused upon the candle as you rubbed it" and then use it appropriately. You can use this empowered salt over and over until it runs out. The good thing about

this is you can empower the salt for just about anything you want it to do for you. The more pure the oil you use the better, and with this exercise instead of salt you may use brown granulated sugar or even cinnamon powder. Look, it's all about intent, when you find something that you have an affinity with, this is often more potent than any standard I could write, I feel no one wants things to work more than the person in need so if you believe in the effects of cinnamon then by all means use it.

Feng Shui

Again in this book I would like to cover a bit on oriental astrology, in my first I spoke about feng Shui in some detail in this one I would like to use the astrological equivalent of our own. It's largely based on the moon and its cycles, don't get me wrong it uses the heavens but the moon has a much more profound impact than any one other heavenly body. For example this study uses the year, month and day, not to mention the time of birth much as our own astrology.

They use the year as the dominant sign, combined with the animal and the element it gives a very accurate description of the individual. The month of birth speaks of intimate relationships; it is also the ascendant sign, the animal ruling the month. The ascendant sign animal ruling the time of birth describes the person on how he or she sees her or his self and relates inwardly, and it is said it can either enhance or subdue the dominant sign in the astrological chart. You must remember something about the oriental astrological chart, it's not based on our month, and rather it's based on the moon's cycle, so the month can start on a totally different day than ours.

Oriental astrology has their own belief system for example soul mates, does not have to be related to love exclusively, it could be best friend, parent, sibling, child, whatever the relationship that is supposed to support or follow from a previous life. Karmic combatants, does not mean they are coming together in this life to fight, but to make better what they were unable to do in that previous life.

There are equivalents as are in many things so it is with these two types of astrology, I will below give you some examples of one animal sign in Chinese astrology that might be similar in our western astrology. (Aries & dragon) (Taurus & snake) (Gemini & horse) (Cancer & sheep) (Leo & monkey) (Virgo & rooster) (Libra & dog) (Scorpio & pig) (Sagittarius & rat). I like before making assumptions when doing a reading to find three signs in common before I say this is true or that is not.

What I mean by this is as above the Libra sign and the dog sign might have similarities, however before I say they would be a good match I would find at least two other good matches to say yes or no. I go to this because I do many readings that in part I'm asked about a relationship and if I see it's a good one or not. I don't just answer yes or no I try to quantify my answer and explain why. Again using as an example the Libra sign and the dog, let's say one has in it's month the animal horse and the other the goat, in the area of soul mates the goat is the soul mate of the horse.

Are you getting the idea, I would still like to find one other, so in this case again let's say the Libra person was born at 4am and the dog person was born at noon, these two ours 4am is the animal sign between 3 and 5am and is ruled by the tiger, while the person born at noon is within the ours of 11am and 1pm the ours ruled by the horse. In the Chinese method these two signs are considered friends and free spirits. There are my three aces as they say to complete what I require before I say they would most probably be good matches for a relationship. Don't get me wrong I still do a reading and allow the cards to do their part and my spirits are very chatty so they will also give their take on the situation.

If on the other hand three of the answers were wrong or stated that they were karmic enemies, or just plain enemies, then I would tell them the probability that the relationship would work is not in their favor. Remember what I give is an educated opinion, no one should overrule free will, and this is after all the most important thing we have been endowed with, the ability to choose. Always choose your path based on more than one opinion, as I do with my readings, no one person has all the answers so as many people in power do, they surround themselves by smart and lived people, people that can give a valuable opinion. This is the key word, opinion; at the end of the day you have to make the tough choice if you don't the choice makes you.

Astrology

It's widely accepted as the astrological standard in the west, the twelve sun signs. What most don't realize and this is where there is some confusion, often people with the same signs are very different, every bit of change can change the signs so dividing the signs into three can narrow down the accuracy for these people. For example we can take Virgo, not only can we divide them into three types of Virgo's we can also separate female Virgo's from male ones. There are some very definitive differences within each sign and if properly looked at we can find a much more accurate view of each.

The first third of Virgo usually falls from August 23 to September 2, this type of Virgo can get on others nerves, often excessive sarcasm, you get the idea. They are sharp as whips mentally but emotionally they need to put it together. From the third of September to about the 12th you may find a person that enjoys their sensuality, they will like the stability of home and are grounded for the most part in reality, If they start something they usually finish it. The third type of Virgo finishes from about the 13th to the 24th of September, these are usually the ones that like culture and looking good, they know how to behave in every situation, let's just say these are the ones you can take out and will always make you look good; they have the combination of brains and the beauty to pull it all together. The sexual difference is another issue all together, women Virgos are much different than their male counterparts, they are very moody, and will not show it except in their private life. To most they always have it together, women as a whole can pull this off but don't be fooled you do them wrong and you can expect repercussions.

Libra like all the other signs have this duality that can make the world scratch their heads, again don't count them as one sign to truly know a sign you must break it down further than the month. If you break to the three parts again you may see the differences you were not able to identify with the general characteristics. Let's take the 24th to October 3rd, I like to say they are the kids as they need like most kids attention and if not received they will like kids act up. Very creative so if open to this they can become very successful, just don't expect things to be perfect or they will find nothing but disappointments in relationships. From the 4th till the 13th of October they are the charmers and hard to resist when they turn on that intangible charm. Let them be free and you will have a great life, tie them down and they will drown without the freedom to become and explore. The last part of Libra will if in love give all and make you happy, if not in a loving relationship will pack and move on although their traight to hold on might make the decision process longer than it should but they do not generally look back when gone. Men Libra are much more indecisive than they should be for the masculine side in them is tempered by their tiptoe attitudes. They are a bit womanizing when it comes to the opposite sex, they like what they like and often can forget their obligations for a quick and dirty romance.

You can also look at the month for example the ones born to January will usually do well with earth tone colors. As with earth they need to ground and grow; if they learn self control they will avoid the pitfalls of open mouth and insert foot. They tend to be tenacious with their desires; also they need to keep an eye on their teeth as they might need to take supplements. Let's look at August, this month will do well with sunflowers in the home, I would like to recommend they get a coral horn,

this item can be ordered through jewelry stores. It's a small item you can place on a necklace or wrist or ankle bracelet, it will with time dissolve as it is natural but will also serve as a protection of sorts. This month can do well wearing or surrounding themselves with the color of coral or orange as it will help with their enjoyment processes, their creative or artistic juices must flow. It will do well if they wear some gold on their person as in general they will like the good life and status.

As you have seen there are different ways we can analyze people, using some standard means you can size up a person using nothing but a birthday, keep in mind some of the above examples are just examples and in order to do a comprehensive analysis you must have as much information as possible, these are trends and I always suggest using three different mediums in order to find the truth of a thing. Don't just settle on something because they might just be having a bad day look into their make up and analyze, I suggest starting with your own sign and your own make up. After all no one knows you better than yourself and if while in the analysis process you find out a few new things about yourself, so be it, learning is how we improve and unless you are closed off improvement is what life is all about.

Cleansings

Let's talk about some abundance type cleansings, if you are stuck, then this might be an easy cleanse to open roads to abundance. The ingredients, a big red cloth, break it down into pieces; how many of you say, well that will depend on several things. I would like you to make this calculation, take your birth year; I'll give you an example. If it is 1961, you will always take the last two digits in this case $6 + 1 = 7$ so you will make seven bags. If it's 1989 then you will add $8 + 9 = 17$ always bring to single digit so $1 + 7 = 8$ so you make 8 bags. Now that you know how to work out how many bags then you will fill each bag with these ingredients. Get fresh parsley from the supermarket, honey, yellow cornmeal make sure it's the course not powdery one. Fill each bag with all three ingredients; tie it until you close the rag like a pouch.

Now that you have all the pouches let's get to the next part, using a large container like a big Tupperware add water corn meal, parsley and honey, mix it together, then rub all over from the elbows to the hands, from the knees to the feet. Now wash with water until your extremities are free from this combo. Take each of the bags one at a time and pass it rubbing your body from head to feet, once you have pass each of your bags around your body, get in your vehicle and away from your home or areas you pass by every day, find streets with at least three open roads and toss each bag in a different one until you are done. So if you have seven bags you must toss one at each of seven different street corners.

If you wish to get abundance into your life, inject it with a process with nature, get some dried corn husks. Even if not dried you can buy some fresh corn husks from the super market and place it outside to dry quickly with the heat of the sun. Once completely dry then slice in round slices until you are done. Place the dried slices in some sort of pan with about ½ inch of water at the bottom. Make sure it's a big pan so you can place the rounded cuts flat in the water. As the corn starts to grow into a small tree, let's say at least four to five inches then you may transplant them into the ground. Remember the corn must be very dry or else it will not grow into a tree, so again once you have about 4-5 inches in height you can plant them in the ground. Make a nice area to grow the corn as it will grow big, corn trees are at least 5-6 feet in height. As you grow them talk to them and say symbolically as they grow so will your abundance, as the corn is grown once the tree is fully grown my abundance grow and bear fruit. If it's a business you want from the beginning let it be known to the universe that as you grow this crop so will your business yield a successful crop. Tend the garden to keep the plants growing and when they bear new corn make a good meal from it and give thanks. This is a spell creating a pact with the universe that is you tend to nature so will nature's energies tend to your abundance.

There are infinite ways to clean your energy, your home, your family, so as with my first book and earlier in this one just use common sense. I had a lady email me that she did a cleansing in my previous book that incorporated cinnamon and she got a rash. For goodness sake if you are allergic to the substance don't use it. There are always variations to the themes, so if it calls for cinnamon and you have a problem with it then use brown sugar for example, in the case of replacement, if cinnamon is powdery use the powdered sugar, try and keep the general idea and just replace the ingredient. If the cleanse calls for a salt scrub but you have high blood pressure, use common sense and don't use that particular cleanse. After all you want a benefit not a detriment as a result of what you do. There are many types of talisman that people use to protect themselves. For example, the very popular cross, people wear it all over, have it in the home. Can it help, do you believe, if so then the answer is yes, I feel that intent is just as important as the actual ritual or talisman you wear or place in the home.

I was asked the other day if placing a picture of white doves over the front door, representative of the Holy Spirit can serve as a source of protection, again, do you believe, if so then the answer is yes. These energies are all around us, if we through prayer or thought pull them then more often than not they will come. You can do on behalf of another, I do it all the time, when I'm asked to do a remote cleansing, a friend or relative will come to me and I will through them reach the person in

question and the results are felt. Distance does not matter, so they can be in another country and still feel the benefits, as a general rule as with intent I would ask the person asking to think of whomever they want me to help and I engage them in conversation about this person, to bring them into thought and through this thought I can reach the right person. I've done this on a regular basis when I'm asked to help, but the person is not near enough to come see me. I get them to email me a picture with name and birthday and I print it out and through the picture I can accomplish the same thing.

I've gone into these explanations because in my first book I gave plenty of recipes and many people have emailed me if they can use them to help others, the answer is yes. There is no difference between you and I except I've developed this wonderful relationship with the other side. With this bond comes a certain amount of protection not only for myself but for those I help. This is why I can help and in some extraordinary cases of very dark energy in does not affect me and I'm able to help those in need. So with this I remind you not to put the cart before the horse, what I mean is get yourself to a good level, a level where you are comfortable with your particular energies and summoning of your spirit helpers. It is them after all that have your backs, with this abilities you can accomplish many often thought of as incredible things.

I would really appreciate those who go on and develop these talents to a level that an impact others to keep me informed as many times I'm asked to do things that require more than one person and I can always use the help. For example, it's not always enough to clean energy but to physically channel a spirit to get it to cross over. I can do the channel but another person is necessary to speak and awaken this soul from the mist currently found in. In my area I have plenty but I travel and it's often difficult if not impossible to find a true medium to assist in this endeavor. For example as of this writing I find myself on a plane headed for N.Y. city. I know at least one scenario where it would be helpful to physically channel a spirit that is obsessed with a particular person. I will do my best but as I've stated it's often best to allow this spirit to make a physical manifestation with a body to have an interactive chat and get it on board with the idea of moving on.

Chapter 6

My spirits

I have never spoken of the spirits that work with me in detail; they gave me permission so in this chapter I will cover each one, how they help me and why they are here. I will give you detail of their previous lives, how and why they arrived to be here with me and what they bring as experience. Each of us has spirit helpers and one guardian angel or spirit guide. I will use my as example but have no doubt you have them as well.

The Samurai

The very first spirit that came to me was one that rarely comes through, he was a samurai and his life was a very lonely one. This was the life he choose to appear to me, the first time he came he channeled through me he spoke and said simply I walk alone, expressing how he lived as a killer for hire. He was often hired to get rid of bad influences attacking local villages. As he explained once he got rid of the ruffians that were destroying the different villages he must leave after collecting his money a good night sleep and a good meal. He explained that if he stayed long enough he would become that witch he was hired to get rid of.

As he explained in detail, the life he choose as a samurai would lead him to travel the country doing one job after another, some for food and housing, some for money others for good company for a while but he must never stay to long for he feared becoming that witch he despised. He grew up in a small town and saw much abuse by sword wielding villains. So he swore as a child to grow up to protect the ones who needed protection. He did not realize that what he had become had no future as a husband or farmer. He was a stone killer and as an assassin his one talent was to kill, he was very good at it and the only reason he had survived was by never becoming comfortable in any one location.

In the eleven years or so that I have been working with my spirits and helping others he has only channeled twice and appeared to me another three times. He has told me that in a time of great need he will come and give me the strength to overcome any and all obstacles in a spiritual realm. So I asked him if he could explain why he chooses this particular lifetime to manifest to me. He explained by stating that I'd chosen the path of the warrior, what do you mean I said. He explained that it is the smallest percentage of the people that can work in the spiritual world that choose the warrior's way. He explain that the folks that choose to work towards maintaining balance in the spiritual world choose a difficult path and this particular lifetime he choose is the one where he can help me the most with.

He took me to one of the instances that he was hired to fend off a group of thugs causing trouble in a small village in the middle of the mountains. This place was so

remote as whatever law existed at that time he would visit once a year and only if needed. So one of the villagers were sent out to find someone that could get rid of these people. Once the local arrived at the nearby village he was told of this samurai who would help those who needed. He explained they were not rich and would pay with what they had. The other villagers explained that he takes food, shelter and anything else worth his deed, so they told him were to find the samurai. They had last heard he had gone to a nearby village near a great lake; so the villager headed there in hopes that the great samurai could be found and talk him into aiding them.

After a few days of travel the villager arrived at the town, much bigger than their small village and with some trouble was able to find the samurai having a meal and drink at a local tavern. He did not know how to approach the samurai who seemed to be intrawled with the meal and a drink; finally he gathered the strength and approach. The samurai looked up and asked if this was important enough to disturb his dining. The villager terrified backed up and waited outside the place until the samurai was done and leaving.

The samurai saw the villager and asked what was it he wanted, the villager explained the situation and how they would be able to pay with hospitality. The samurai said he would do it for one week's worth of service to him. The villager was happy and agreed, they went to where he had his bag and they headed for the village. Along the way the details were explained to the samurai, he was only interested in the food and housing and other hospitality, women to be exact. In this time part of being hospitable to a man who visits is the loan of a woman, so he being a single man would expect no less as part of his payment.

Several days passed, he was also told of the nine men who had for months being able to take their food, women and killing any who stood in their way. He said not to worry about those he would take care of their problem one way or another. They arrived the village was in an uproar as they knew that the bad men who were destroying their way of life would soon be gone. Right away the villager met with the elders and explained the payment method. The elders gestured to the villager to begin to make the samurai comfortable and they took him to a home for comfort. The dinner was served his bed was made and asked if there was anything else he would need.

The samurai walked over to the bed and lifted the sheets, the villager understood and soon an older woman brought a young woman over she was dressed in typical dress with a vale over her face. The samurai walked over to her and lifted the veil; he then looked at the older woman and gestured with a nod of his satisfaction with

the woman. The old woman bowed and moved away, he took the hand of the woman and asked her if she wanted to eat, she said yes; after all the meals he was being served were those fit for a king and she was hungry.

After they finished they walked over to a wooden tub and she bathed him and serviced his needs, she had already been cleaned and prepared for him so he took her and they went to bed. He enjoyed an evening with her and slept the rest of the night. In the morning she had breakfast ready for him as he arose and walked over to the meal. She bowed to him and served him a complete breakfast, he told her she could leave now. He put on all his garments and began to warm up for his day of action; he recalled the village elders telling him that on precisely this day those bad men would usually arrive, creating havoc in the village.

As predicted after the morning activities, the group of marauders arrived, as usual pushing people around, they were calling for food and gold. He stood in the middle of what was a street during those times in the middle of this very small town. They stood and their leader approached, asked what he wanted, he explained that this was their town and there was no room for more so he should keep on walking and they would not kill him. He smiled and explained how he was hired to get rid of them so unfortunately they would have to deal with him. He walked back to his group and told the first four to go and kill the stranger.

Well, all hell broke loose and one by one he killed the four like they were not even there, at the end he turned back towards the five remaining bad guys and without breaking a sweat asked who is next. The leader signaled to the rest and they all approached him. This time with more caution they surrounded the samurai and attacked in tandem. With the same ease as the first four he dispatched the remaining hooligans.

That day he was a God in this town that for months these people were causing great physical and emotional harm. That evening he was served another spectacular meal and warm bath to clean up after his work of the day. The evening fell and after he retired to his temporary housing he was brought a beautiful young woman for his comfort. It was on this day that he realized he could never stay for long after he completed his mission. As the woman who brought the lady in question turned to leave he pulled her back in and had both of them on that evening. As it happened the woman in question was the wife of the mayor or the main person in the village. There was no question about his abilities and no one in the village said a word. It was at that moment he realized that if he was not careful, easily become that witch he fights. He could become the bad guy and it was a slippery slope he never wanted to see again.

From that moment on he was always careful never to cross the line; he would take on the jobs and clean out within a day or two of accomplishing his task. There were over the years many jobs and in the area he worked he became a celebrity for good. He never forgot that one job where he let his guard down and momentarily became one of the bad guys. He tells me to always do my job and take no more or no less than what I charge. He always warns me that with power comes responsibility and weakness is human. Never put myself in situations where things could get out of hand, in other words all that call me for help are just people in need and I'm never to let it become more. He tells me the flesh is weak and no matter the intentions any one can slip if we ride too close to that edge.

The Healer

The doctor, I call him that, all these spirits have names but they do this just for my way of dealing with what I do. Remember they are but lights in the afterlife, so all they represent including a specific lifetime is for our benefit and not necessary for this type of spirit. The type of spirit that has gone through certain evolution and is on the path to enlightenment. That is right; all protector spirits are still spirits on a path for enlightenment and as part of this path is working with a living person like me. It's not to say that the everyday person that can't see or hear anything does not have their own set of protectors. I speak of the ones like mine who are not here just to help their charge but in a broad canvas help all in need on this plane.

So back to the doc, he is a very humble man, he choose to manifest with me in the form of a traveler, he would go from town to town and help all in need. He always wore white as he puts it, it's a clear color allowing no negative energy to become strong enough to manifest. He loved to clean with plants; he would prepare herbal baths for people. He believes in all kinds of remedies, including modern science, so as with many cases I've worked on he usually offers enhancements to existing medications to help in the healing process of patients.

During the lifetime he chooses to work with me, he learned valuable lessons in the short comings of medicine. Hence he is very happy to be working with me in this time where there have been so many advancements in medicine. He's given me many messages about health and upcoming health issues. I will give you one that recently occurred. A friend of my wife was over with her husband, I let her know she really needed to see the gynecologist, she asked why. I let her know that there was a cyst, I did not see it as bad but it needed to be addressed. As usual I gave my disclaimer, I'm not a doctor nor do I practice medicine. I give messages and very often a heads-up as what is to come in health type issues, never sidetracking standard medical practices and that is why I'm sending her to the female doctor.

She said ok and I knew she was wondering what the heck I was talking about; it was a few weeks later my wife called to chat when she was told the friend had gone and the doctor detected a huge cyst. In fact she was told the hysterectomy was in order although it was not malignant. She told my wife that I had told her not to worry that it would not be bad. She told her that a hysterectomy was bad; I was in the house so my wife walked over and explained what she was being told. I told her to tell her friend that I did not see such a thing but I guess anything was possible.

When she hung up we spoke of it and I told her still did not see such an operation, she explained that her friend was very worried and the date for the hysterectomy was scheduled in a couple of weeks. I told her to tell the friend of a simple cleansing she can do in her own home but I did not foresee a problem as a matter of fact I still did not see what she was scheduled for. We did not speak of this again and a few days after the operation she called to so how her friend was. Guess what the friend told her after she was in the operating room the doctor changed his mind and told her after careful inspection he did not see the necessity to do this very extensive operation and it was not done, the cyst was removed and all is well with her.

I stuck to my guns as this medical spirit like anyone is not God and mistakes are made, he kept insisting in his original diagnosis so I continued to say what he was telling me. If I don't believe how can I teach others to believe? This particular spirit is very good at sizing up medical scenarios and like any one can make mistakes or miss something. The way he explains it to me, there are many things that we are not meant to suffer, however because of our life styles often things not destined happen and not expected. It is in these cases he explains that we can help the most, remember the divine plan is something that usually overrides other things in our life path.

He was a traveling healer, going from town to town, over the years he learned as much as he taught. He told me how no matter where the need took him, humans, were are not that different and I should look at people as just that, people. Never let my own short comings and narrow views of people as they refer to society or race or color, interfere. The human factor broken down he believes, our values are not very so different; don't just hear the need but analyze what comes behind. Partly because of this advice I've fine tuned how I do my work and can read over the phone.

Yes I do personal readings in groups only, throughout the years I've fine tuned this way of reading over the phone. I can give you thousands of examples where personal readings have thrown me off; suffice to tell you I can get into the reading much quicker over the phone. The spirits that work with me give me the same

advice over the phone, I diminish the human factor, I don't see, or let most of the senses affect me. Even the voice over the phone is not as bad as seeing the entire package. Some can come across a bit guarded over the phone but at least the sarcastic look or the defensive posture doesn't amplify.

I've done many readings where I've temporarily lost my sight by how the client is dressed or how much perfume or make up, even the person's physical appearance can disrupt my view of the person. I have learned that eliminating all the impute can help the reading by shortening the time it takes for me to tune in to the person I'm working with. The information will not be lessened in this way nor will it be better in person. It does help me get on with the client's needs and answer all their questions without the delays in getting through the physical stuff that each person can bring.

When the plan goes bad then it becomes quite possible to place that person's life back on track through energy work. We are the captains of our own destiny and like any driver can often crash or go into a lake by making some bone headed mistakes. So it is with life, keeping an open mind can help us move through difficult times and into the silver lining side of life. Remember if there is good there is bad, if there is light there is darkness, so we need to learn to navigate. As they say, when we are not flowing it's best to stay under a rock, what that means to me, nothing out of the necessary; stay to the basics as no matter how difficult with a little work sooner or later life finds its balance. Even when a person is not good there is a lesson, if they are not a good example they can serve us by being a horrible warning of what we can become if we delve into the darkness instead of the light!

As part of my readings I give people advice and information about relatives and people close to them, people of value, emotionally or materially as partners or work related stuff. The healer gave a woman a message about one of her close friends that someone close to her in the family had or would get diabetes. After the reading and many days later she emailed me that the friend could not confirm as she told her as far as she knew there was no one in the family with diabetes or a blood sugar problem. It was several months later that she text me with a confirmation, her friend had taken her young children, twins if I remember correctly to the doctor on a regular check up and the doctor told her that one of them had the onset of diabetes. No one is God on this earth but this particular spirit has a good 90% accuracy with the diagnosis that he gives the people. Remember the further away the question the harder it is to get to them, what I mean is if you ask about yourself the accuracy is much better even of forecasting possible medical issues as it is to when you ask about friends or family. It all goes through you.

This reminds me of a lady who I read and she asked me of her sister, almost everything I told her about the sister was related to her. Although she asked about the sister's health it was her who had most of the issues, we talked about thyroid, lung issues, constipation, everything I mentioned was about the person I was speaking about, finally at the end I told her to let's switch to her and then try the sister again. After the spirit was done with her and we tried again then there were no problems with identifying the sister and her medical issues. By the same token if the person with the problems is a spouse they will take me there although the person might be asking about themselves. Bottom line they are here to be of help and will gravitate the reading to the one who is of need.

Remember this is why it's important to do it privately, when I've done a reading with a husband and wife on the phone even without knowing I started to talk about the spouse who was listening and not about the client. Somewhere along the way the client told me that everything was about the spouse and I asked if he was close to her, she acknowledged that he was listening on the other line. That does not work very well for me so if you want you are welcome to record but one energy at a time is how I do best. Remember as it is I'm doing most of these readings on the phone and the same way the communications must be clear to talk to someone for me the energy must be clear, in other words more than one energy can throw me off.

It's funny in an interesting way, when he works with me, I often feel my hands and face warm and hot; he has so much energy that I have to let it pass through or it gets very hot for me. He does this to allow me to help others without depleting my own energies. I learned early on to tap into the universal reserve, this energy is everywhere and available to all who knows or learns to tap into it. Never fear what is part of the whole of everything, along with tapping into raw power, this is the easiest to do once you get better you can tap into universal knowledge, remember it's available but you must understand that knowledge is power so you must be at peace with your self to truly understand what is being given to you.

The Inca priest

Along the way of development there were many different spirits that came and made their presence known to me. Amongst those that I recall is an Inca priest, yea, with sun worshiping and everything. He first manifested I thought he was just a spirit that was with someone else, as I do readings and cleanings sometimes spirits of light present themselves in an attempt to help the person they are with. But no this was one of the many spirits that assist me in my development and help of others. So as he first came to me, he had or was adorned with gold everywhere,

most significantly was the golden bracelet's he had on each of his forearms. He worked to me it looked like a pyramid, and they were devout worshipers of the sun god. They offered up many human sacrifices, I guess it did not do them much good as their civilization collapsed. Hey, I was not there so who I'm I to judge as to what really happened to those people. His job while with me is to help me with my skills as a spell master; they did so many incantations and others things to gain power over others and the elements. Although he is still there I don't see much of him these days. There are other that made themselves known and many we've yet to see or meet.

The magician (as my wife calls him)

He is the spirit that speaks to me of the mind, he believes that we should all strive to be less emotional and work with the concept of the analytical mind. He has on several occasions channeled through me as have they all. When I sit with my wife and they take turns channeling it's always interesting they speak with her, and answers her questions and explain the process to which they are bound to. For example he came from another realm and the world he came from was on the fast path to enlightenment by purging themselves of emotions.

His race was for thousands of years attempting to leave all emotions behind, they created many beautiful things. They were able to find interstellar travel, eventually they were able to use a large portion of their brains and tap into many areas of life with their over developed senses and raw brain power. As he explained there was a world geared to excel in all aspect of learning, they were not interested in war, conquest or borders, it was an open society.

With the centuries their society became in tune to such a degree that all could hear the thoughts of the others; a tipping point when all thoughts became one and with this thought they would reach out into the cosmos and touch worlds light years from them. This is how they started to probe distant parts of their own galaxy; it was faster, and more effective than sending probes. So when they located other life, then a manned vessel would leave for the place. They would tap into certain life forms to start to guide them towards the day they would physically arrive.

I guess if I were to give you what I thought was comparable I would use from the show star trek "spock" he was the Vulcan who his people had purged emotions. This is a very loose comparison, remember I've never seen him just his experiences and his life as it was while he lived. He said that ours is one of the worlds they probed and as far as I can tell I believe they also sent a probe here to make contact. It's hard to know how far in the past this was, or maybe it's to come in the future.

His messages to me are of a different type and his guidance is to help me be more about mind power.

One key element to his teachings that has stuck to me, he wants me to realize that emotions are necessary to leap beyond a certain point in any society. He explained that their civilization once achieving total emotional control or at least to a level they were unable to dream of a future like a fantasy they became a world or a race on hold. He explained to me that when there was nothing logical still to learn they realized they needed that emotional portion of their original make up to go to the next level of their evolution. They needed the God particle as I call it, belief, is or not, does it or not, that simple ability to leap into the unknown became difficult if not impossible.

So back to the magic guy as my wife calls him, he like any advanced being would seem like magic what he does. He can do many things with his mind, something that he tells we are capable of as well. Remember from his story of his people, it took them thousands of years to grow mentally, but again we have a similar capability and thus why they showed interest in our race as a people. He tends to isolate with his messages, remember I work with a group of spirits each brings his or her own brand of experience and knowledge.

He tells that what we do now with magic spells, material things as he calls it, is archaic; what he promotes is working on improving the mind. He tells that with a fine tuned mind we are capable of doing one hundred percent more productive time that we are currently with our current way of doing things. He explains that most of the things we allow to happen because we are weak minded would be eliminated. He gave me one example, right at the time he was giving me this talk, he told me that my thirst for munchies was not helping me with my health. He explained that with time it would become a problem and I should learn to control my impulses better.

We talked about a case I was working on; this client was having problems getting some money from one of his clients. He showed me alternatively how to reach out and get the man to pay the money without doing my usual material type of spells. Well folks I did it and I had done my spell a few weeks before without results. After working as he showed I got results for my client within a few days, I have to tell you it was mentally draining and like most work it was specific to that scenario. We as a people are lazy when it comes to mental exercises so if you use many of the exercises in my first book then I can assure you that major improvements will show themselves to you with time.

I believe he as a soul does not come from the same tree as do other souls that come from earth, his soul is of another completely different branch. He has given me enough information so as to allow me to understand why he is here with me helping me expand my mental abilities. Although he professes working with the mind one of his lessons gave me some insight as to his people and the why of their eventual stagnation while on the fast path to enlightenment through mental growth. He was very candid in his explanation. As a people they had achieved wonders, all through their mental development took them to incredible achievements, they fell short of their next step.

The one thing that took them to those heights, also has stalled their growth, their emotions, that part of who they were they purged became an important component to their next step. Their people had lost the leap to cross from logic to the unknown. They had lost the ability to dream of illogical ways to become more than they were. For all their knowledge and abilities, the one thing they now needed to grow beyond their logical confines was gone. So part of the lesson he taught me is not to leave behind any part of who we are as we were given this in order to grow. Yes emotions can delay our growth but when we achieve the same wonders as they had we will be able to dream to the next part of our evolution, beyond logic beyond belief, we will be able to leap from our physical bodies to that of energy. This step they were unable to belief in therefore unable to step into, he tells me it is the natural evolution of all souls, to live in this world of material learning without the bounds of a physical body. He is not telling me they would become souls the soul will still exist within the non corporeal energy incarnation. They would be able to travel as energy everywhere without the need of rockets and such.

This is our future as long as we stay focus on growth and not make the same mistakes they did, yes in the beginning it was fruitful and I'm sure huge shortcuts as they avoided many of the mistakes we are and will continue to make but the end game will be extraordinary compared to their limited growth. I asked why not mix with us as a people; I'm sure our offspring will have some measure of emotions. He told me that option has been studied over the last thousand years. I asked how long they had been tapping into us, he said since we became cohesive as a people, so over one thousand years I asked, he said yes.

Here is my own opinion of this spirit, from the exchange, when he channels through me; what I mean, he speaks through me but our minds are in touch and the communications is not strictly one way. I can sense his thoughts not just his words coming out of my mouth, so I feel they took great strides by avoiding all the wars and other side effects of emotion out of their equation. However I can tell as a raise

they ran into many walls as part of emotion is leaping beyond what is into what would to them be just fantasy.

So many times in their evolution to find the answers of their existence and the why of existence itself, they could not take the leap of what if, what if we were able to teleport just because our minds made it so. What if we were magic, they could not quantify these things so they did not believe them possible, to me that is the truth of existence, I'm sure as our own science has thought that there is a fifth dimension there could be countless others we cannot rationally come by; but we can dream and speculate. These simple ideas or dreams or fantasies as you want to name them were beyond the intellect of logic.

So in many ways they are not as advanced as we are today, maybe our science is not close to theirs but we will get there, they will and can't imagine beyond their science so that road block will eventually stop their evolution. I sense they look at us and other places in this universe and question why? Why what you say, how we can dream of things that are not logical and cannot be logically explained, however I know they feel this must be part of the solution because their advancement as a people had halted many thousands of years ago.

Yes, they learn about other people and places and ideas, unfortunately they cannot grow beyond what can be proven true. So I think at some level they will or have tried to help us along so they can eventually piggy back on our insatiable flights of fantasy into a reality that escapes their intellect. I know from bits and pieces of information I've felt we are not the only planet they are experimenting with. With care not to allow us to leave emotions behind, I feel they have been moving us along and will continue until our intellect is at a level they can observe growth they have not experienced other thousands of years. I hope in their quest for more information they don't move us so far and fast along that we cannot keep up emotionally with our science.

As he said on a couple of occasions we are very young and need tending to or else we would be lost in this gigantic universe of questions. So my opinion is we are being guided to serve their purpose of understanding by our ideas and abstract reality to take them into uncharted emotional realms of reality. Like many science fiction movies, why have always thought if we can imagine it we can make it so. What or when will they think enough and begin to fear that we may actually outshine them and what will they do if that day came. Just some food for thought, I try not to think of this as we are still thousands of years behind them and many thousands more before they question this if ever.

The Therapist

He brings an internal peace, when he comes I settle down, no matter what the situation, the clarity of thought I feel is a feeling hard to bring to words. I could be in an argument or any other situation and as he approaches my conversation and tone changes. It's almost like I become another person, in a sense I do, I'm still there but my view of things change. I have been discussing a situation that has taken a turn for the violent and as this spirit comes close my control over the situation increases exponentially. I ask him why he does not lend a hand more often; he explains as so many others do, this is my life and it must contain all of life, if it's too easy I won't learn to grow beyond my current limitations. It's frustrating how the knowledge that there is an easier solution and being limited to the parameters the universe has laid out. Granted I could push the issue and probably change the rules of energy flow at least temporarily. I step back to this internal argument and realize I preach flow; we must follow the flow of least resistance for the greater good. As humans we must evolve beyond our own petty differences, yes even mine must be placed in the back burner of society. Hey, after all I'm only human, with a little extra help from some friends but I the person am still passing through this world doing my part as the universe sees fit.

All this reasoning is part of what that spirit brings to me, the reasoning mind cannot be subdued by erratic thoughts so keeping focus and perspective is essential. Not all of us have a built in therapist, even with one human nature often rears its emotional head and steps in the pit fall that is emotions. I'm glad that humanity has learned to step up and open its mind and heart to reach beyond what is real to what was thought to be unreal. The more we move towards this spiritual evolution that is beginning the more people start the flow to enlightenment and leave chaos behind.

There is a ritual that spiritist can do, this ritual requires other spiritist with evolved senses; the more evolved spiritually the better for the person to be initiated into this elite club. So the first thing before a person should take on this initiation they must evolve spiritually. My first book gives many techniques to grow spiritually. The more we attract the spirits that help us the better we can find our spiritual path, and any in this path knows with knowledge comes power and commitment. Anyway back to it, this ritual requires at least six other people with spiritual maturity, the ultimate goal is to define of all the spirits that accompany the person the one that will take the mantle of leadership among the rest. The people in the group will each have specific abilities that will allow them to see each of the spirits that accompany the initiate.

So a circle is created as each of the people helping will take a position around the person in the middle. One chair for the person to be initiated and the others sit in a circle around him or her; a cleaning of energy is done on the person and lots of white flowers are placed everywhere in the room this is to be done. Prayers are initiated to start the flow of energy, so as all the people involved start in prayer, in unison the energy in the place is exponentially increased. All focus their prayers on the person in the middle, placing positive energy to surround the person. The person in the middle has one role to focus on the spirits that accompany him or her and summon them to assist in this important event to a spiritist.

With prayers flowing in the room all kinds of spirits make presence, we hope the right one will take the mantle of authority over the rest and order in the spiritual realm will settle over the person's spiritual path. The group surrounding will attempt to make sure that the right spirits are there, they will give their opinions as to what they see. The key person in the middle will usually start to channel all the spirits that come to make themselves known. It's with these visits that hierarchy will begin to be settled, even amongst them some take the lead and others are just happy to be able to help the living.

So as the process continues and more spirits manifest through the person in the middle a better view of their spiritual evolution. This ritual should only be done with someone who can channel and is able to communicate with at the very least two of the spirits that accompany them. So try and understand if you do it before you are ready you will only short change yourself. The more of your spiritual growth happens before this is attempted the better outcome and a better chance that the right spirit will be chosen as your spirit guide amongst the known spirits.

I've assisted in a number of these, and can tell you many were done prematurely, when my coronation of spirits was done; coronation is the name given this ceremony, it was an incredible feeling. I had all my close friends there; eleven other spiritists assisted in my ceremony and until I had channeled at least ten of the ones that came and lots of prayer no one spirit took the mantle of leader. Once one of the spirits came forth the rest took their place, for me it was a much evolved moment as all these spirits that manifested through me came to order as it were. As the spirit that is to become the head of the group is channeled through the medium he gives his message or messages then each of the mediums stands and takes some white petals from the many flowers surrounding this event and dousing them in a pan full of perfumed essences mixes them good and walks over to the medium in the middle and sprinkles all these petals over his or her head.

As the medium does this he prays for the person and the spirit as they join may it be fruitful, each of the mediums does a very similar ritual, with their own prayers of welcome into this spiritual community, offering many blessings and all that they can give in the way of positive white light. The idea is to consecrate this bonding that had occur and fortify it between the person and the spirit, always giving blessings and light to all the spirits that attended this event. Asking that as this group matures together and work each day with this medium, may their bond become stronger and full of universal light.

There is a lot more to this coronation that what I have described but I feel you get the idea for the ceremony. Much like us as humans as spirits in a group this also has need for order and like us they also have a sort of ranking system, so once this is determined all goes as usual. Not much changes in the day to day activities of these spirits but when the need arises and decisions need to be made the order has been established. This is not to say the others don't have their say as a matter of fact the main spirit in my group more than ever lets the others do their thing. I think he understands that their own evolution is part of the growth process and as he had been as much by us as his counterparts decided upon to be the leader of sorts then he must by definition have not only my back but the backs of those who choose him as the head of the table.

The therapist is great, no matter where I am, even if not doing a reading he can come in and help me in the day to day communications with people. He can generally come in and settle things down even if what I'm doing is not working well with him it usually ends amicably. I remember one time the guy who used to cut the lawn for us was giving me a hard time about being prompt, he would tell me he was coming the next day and show up several days late. I had a conversation with him and I was going to fire him, while the therapist came in, he changed his tune and explained that he was taking in to much work and he was sorry. I knew he was there because the lawn guy was getting a bit defensive and as soon as I felt his energy the man calmed down and changed his demeanor. I thought that was very cool, not only does he help me but he can affect the emotional response of others.

Once this spirit taps into me we can somehow hear the feelings of others, it makes it easier for me to understand what is going on emotionally. Remember when this spirit comes it's usually because the person is going through a rough emotional time and needs that type of input. He is all business and does not delve into frivolous things, so if your problem is about childish desires I doubt he comes in for things like that. It has to be something truly emotionally complicated for him to make his energy known to me and to the person that I'm dealing with at the time.

Black Magic Man

Now I want to speak to you about one of the first spirits I worked with, he has been my constant companion for these many years. My chosen path has set him at my right hand and on almost every occasion his council is thought after. He is my witch doctor, I like to call him my black arts specialist; from the beginning he showed me who he was and the place he came from. I must admit the first year I was a bit confused as he manifested both as an African witch doctor and as a Native American mystic. I thought it was two separate entities, this comes with not having experience, and he was attempting to see where he would fit better with me.

Always his job would have been as a mystic but how he would show himself with me was the question. Remember spirits are but a firefly of energy and all these shows they do as they represent themselves as man or woman, black or white, or any other attribute, is for our benefit. Since they must work with us how we can best reason their existence is how they ultimately show themselves. They might take on the form of one of their previous lifetimes here on earth or choose one from our own acceptable and reasoning mind. For example a new medium today might have a spirit that will show as a witch or another popular TV or movie show. Whatever makes it easier for this young medium to relate.

So as far as I know over all they as spirits usually show themselves from one of many previous lifetimes. It's not always this way but by far it's the popular way for them to work themselves into our lives. This spirit that works with me choose the African witch doctor life he lived many hundreds of years before as I guess he knew that I would be working in this manner as I developed. You must understand this career is not one of my choosing nor was it one I was looking into. It choose me and I embraced it as I realized I could make a difference in many lives. I still do what I do as a person and my likes and dislikes have not changed as my wife will attest. I still love movies and television, and yes we still try and go dancing once a month and dinner with friends as much as time will allow. So on my day to day I'm still just dad to my daughter and take her to her singing classes and anything else she needs me to do for her.

My work definitely has changed and now with this second book in the works I started to work with a local college to set up spiritual development classes based solely on my first book. I have been asked for many years to teach what I know and in the past I did do some classes and they were very successful. In a more strict college environment I believe the people taking the classes will take much more from them. I set up two classes one will be for beginners and the second for advanced practitioners. I don't care the level; a good ground is always a strong

beginning. So even for those who feel they know, they might not know what I know and taking the advanced class might have them at a disadvantage.

Back to the story, this spirit has helped me in almost every cleansing and he uses a variety of tools, I had one situation where a person had been alone for about fifteen years and he suggested getting a metal chain. Not plastic or thin, but thick and steel and on midnight on a moonless night drive to a railroad track and while standing on top of the track, whip himself asking that the entity of loneliness depart and stay where the chains that whipped him were thrown. After several whips he was to throw the chain into bushes and walk away. Well after some convincing he was sold on the idea and went to the hardware store and purchased ten feet of iron chain. I told him it was to be long enough and just thick enough so he could hit himself hard but it had to be light enough so he could wield it and then through it far enough as to hit bushes away from the railroad tracks. This entity of loneliness when it settles on a human that person will stay alone until it leaves.

On another occasion I had to clean a person with a white dove, this person had lost believe it or not thirteen different jobs in a two year period. So I was to purchase a white dove and make sure it was clean and well cared for. On the day of the ritual I was to place it on my chest and explain that no harm would come to it. As a matter of fact I told it how it would help this person achieve freedom from this curse and as it flew away it would take with it that energy and while in flight it would disperse it harmlessly into the air. Well just as said to her after I did the ritual and released the animal within 21 days she got a new job, it's now been over five years and she is stable at that job. As a matter of fact a few months after the third year during a reading she asked if that dove idea would work for another need of hers.

I asked the spirit and he said yes, I cleaned her energies again and unfortunately the dove died in my arms. The spirit explained that often the energies picked up by the animal are so heavy they are unable to withstand them even for the short period. I've done this ritual many times and this was the first fatality, I believe loss of life should be avoided, after the death of the dove I inquired if what I had done had failed. The spirit said no, he explained that as it is when bad luck falls upon a home and some animal or animals die this is a similar scenario and death is not given as a failure but a costly success.

Soon after this ritual the girl met a good man and they are now today living together and as she has recently told me he asked her to marry him. She still remembers the dove and although saddened by its death she understood the explanation. She assured me had she realized that the outcome was the death of the dove she would have asked for another way to solve her problem.. I agreed and we continued with

the reading, she over the years has sent me many clients and all have been satisfied customers as she told me.

This spirit has great knowledge of the dark arts as he was the chief advisor to the tribe, he showed me how he lived separate from the tribe and any members that had a need of his services would have to leave the tribe and walk to his hut where he would do his consultations and fix the problems of the tribe members. In those days life was much more simplified and often if a man the wife was used as payment to the witch doctor. My wife tells him when he channels that mentality will not fly in today's life style and he can forget her backing that sort of nonsense. I laugh because she talks to him most of all as he is channeled through me. Don't get me wrong she likes him, just not some of the ideas he proposes for me in this life.

He has shown me over the years many ways to clean dark energy out of so many that I've actually learned the process of how energy transfers from one person to another. He's quite the character and in his own way keeps me young. He must have been a ladies' man in those days as by the time he died he was in his sixties and had over forty children. Let's just say they were not all his by marriage but I guess they all worked it out. He not only showed me that life but several others and most was very interesting.

I think over the years that I've worked with him there was only one time he said we could not take the case. I could not believe it; he explained that although we could clean the person but the specific issue he could not guarantee success as he did not understand the magic. I was confused as I had believed that the cradle of civilization came from Africa. He explained that the magic used was older than he understood, I said older than Africa, he said yes and gave me an explanation. But beside that one time we have taken on many challenging dark spells and have been able to give a solution to the situation.

He does not have to fully possess me to channel his energies through me, he only needs to stay close and his energies cover me and I'm able to do what needs to be done. More often than not he takes control to speak clearly to others and in circumstances where my wife talks to him he takes over completely. I'm sure there are conversations about me he and her have that they prefer I not hear. Well, bottom line is he is here to help me so I'm sure it will never be counter to my best interest. I'm a bit nosy so there have been times where I've tried to stay in control and he asserts himself fully and to sleep my mind goes.

One funny thing about this spirit he does not like deep water, he is an earth spirit and water holds no interest to him at all. I often go to the ocean for cleaning and he

always tells me I'll be here when you return. He expresses to me that if he cannot see bottom he wants nothing to do with that water. He is all about nature but not in the water, who would have thought but no matter over the years most ocean spells or cleansings are done by another spirit we will get to in a while. He's a bit of a rebel and does not find a middle ground with the spirit of the mind, that soul professes only using the mind and this spirit is all about spell craft. Both have their point of views and I'm so glad to have them both as the group as a whole brings me the balance I need to be successful in this arena.

Over the years he has been my strong right hand in handling magic of the dark kind, he believes to fight fire with fire, fortunately I have a balance with the other five who believe balance is the way to obtain true enlightenment. So when needed he steps in and assists in resolving any dark magic that the client might be suffering. Let me tell you that from very simple stuff to elaborate spells, I'm glad to have this spirit on my side. He truly knows his stuff and so far except for one time he has always found the solution to any situation that I'm attempting to solve for my clients.

He lived outside the tribe, the people would have to walk to his place and he would consult them on the issues they brought to him. He was isolated but he explains that this was the way of his people and whenever the opportunity presented he would have relations with the women of the village, so is why he had over forty children of his blood line in the village. He explains that those were some of the perks of being the witch doctor. He has on occasion told me that part of having this life as a healer must by definition be a life of distance from others. He explains that the more time in reflexion and meditation the stronger the communication with the spirit world. I believe that to some extent opening to this other plain of existence can overwhelm us and this turbulence comes from all the energies that each of these people around us bring. It's life and the flux of the individual radiates and not always in a positive direction so being open can mean suffering those indirect currents. Thus what he tells me it's better to be distant in prayer and meditation so we are always ready for the next client.

He is always with me, I could be driving and he will tell me move to the right and a few minutes later an ambulance will fly by my left side. I could be speaking to someone, nothing spiritual and he will put his two cent's worth like he was part of the conversation. Something strange could be happening and he will alert me to the situation way before I would have become aware of it. He truly would be the spirit I would categorize as a friend. On many of occasions over the years he has given advice and not once has he been wrong. A while ago my step son needed a

bit of help on a particular circumstance and I sent him to be with my step son and sure enough not only did he get the help but he realized it was not just him doing the thing.

Oh, that is right we had not spoken of this as most mediums won't, you can once you establish a relationship with one or more of the spirits with you. You can request that spirit go with the person or even help the person more so than just through me but directly. I've had situations where one of my long term clients have been in a difficult situation and I've given them permission to call upon the spirit and they responded and the assistance was rendered. Cool stuff, of course the better your spiritual connection the stronger your request.

He is the one spirit that is with me most of the time, we can be driving and I'll be speaking with my wife and he will put in his two cent's worth. She thinks its funny how he is just like another person and talks about many topics and has his opinions about things we talk about without even asking him. He's only shy about the water; he definitely does not like the ocean or even the river. If we were supposed to get in we would have fins he states. So again whenever I go on the boat or any other water activity he waits for my return. It's not to say that if I need him he does not come but he definitely prefers to stay away from water.

This spirit amongst the rest of the group I work with has knowledge of things lost through time and ignorance. Lack of record keeping and more, I work with him on many levels; he is my friend and confidant, I know there is a great power for darkness within him. He and I have spoken of this before and as he puts it, why is it dark, it's only as applied and by definition we live in an energy world and everything can be dark. He said what if I light some dead wood and it burns down the house, the dried wood and fire are dark. But it was I who lit it on fire, so the dark energy was set to motion by me, further he said, what if there was a sink hole below, underneath my home and by burning the house with time it was shown that it actually saved my entire family.

He said we do not see the big picture of things and must by definition see any cause and effect through to its end. So what is the end of life if not just the beginning of some other form of existence. What if this life we are living is just an aberration of the spirit, like a hiccup to keep things moving. What if by doing nothing the spirit will get stuck and sedentary; all good questions he had posed to me. I don't have an answer but definitely worth keeping an open mind. If Adolph Hitler was killed as a small boy the war would have probably not started.

Also because of the war, many new inventions had to be developed; it is said that man's greatest advancements were made in time of war or strife. What does that tell us about the human race as a whole. We are complacent and our souls need impetus in order to evolve; the best impetus so far has been conflict. If he is right then that darkness within each of us has to come out, has to flex its muscle as much as our goodness for the spirit to continue evolving. Scary stuff, especially for a person like me that has worn many hats in his life, and has settled on the side of light. That means that both sides are just as important and I'm just a tool that moves the darkness to continue to push because I try and keep it down.

He like most spirits of his caliber can take completely over a body, as I'm an open channel and can feel him, most of the times he just inspires in me what I need to do. I have no doubt that if the situation calls for it and his full energy is called for as he has done on multiple occasions he will take over and help me to resolve the issue. It's funny, he is the one that I work with the most, besides the card guy, he does the hands on stuff that deals with spell magic and all sorts of dark stuff that I come across when cleaning a person. Remember my job is to help people in need and when you deal in this type of scenarios what is most often being cleaned is not very nice stuff.

My black magic woman

The next spirit that I would speak of is the only female energy within my group; she is like the counterpart of the witch doctor. She however unlike him works with water; she is an ocean and fresh water spirit. What I mean that most of the work she does connects me with water of some sort; for example ocean cleansings are directed by her and all that it entails. When I prepare baths she is the one who tells me if it's to be well water or river water or rain water, you get the picture. She loves plants but water is always one of the ingredients. One time she had me look for lake water and well water, she does well water often enough that I had a well done in my back yard. I know where to get it but I thought in the long run it would be more efficient to just walk out the back and get it. Besides I built a pond with two cascades on either side, it's a good relaxing place. I had it done in a horse shoe against the wall and a little bridge to walk into the center section. A fire pit in the ground and chairs for people to sit, imagine getting one of my cleansings in there. The energy is great and much easier to disperse whatever negativity might be with the person.

So far several of my spirits like to clean inside this area I built, I also have the tree of life in my back yard, this is a huge tree and although it's only five years old it towers over the roof of my two story home. I planted most of the plants that I use on the

side of the home. I like things fresh and walking to the side and cutting the branches I need is very convenient for me. Not to mention the client gets the freshest possible ingredients. I know a person that runs a business of selling baths and doing readings, he has a freezer where he keeps the plants he uses most often. One time I saw him clean a person and put the plant back in the freezer, I was speechless, can you imagine clean one person and the next gets cleaned with old used plants. I told him he was crazy he said no worries the client does not know the difference and the plant is strong enough to go through several cleanings before running out of positive energy.

I say to each their own, I like it fresh from the tree and used once, I like to talk to the plant and explain how it's branches will be of help, how they are doing a good deed for a person in need. I tell them how I feed them and water them and tend to them and in return they give me some of their branches to help the people in need. It's important when working with nature to give the reason or intent for the specific use of nature. If entering the forest let nature know what your intent is and how appreciative you are for nature's bounty. I like to place a toll of sorts when entering a place, if the ocean I would eat something and offer a bite to the ocean as I share of what I eat may in return whatever I'm doing have a fruitful solution for the client or me or whomever it is for.

The only thing I don't like about the female spirit as she channels through me I feel all her attributes, she while taking over my body makes me feel her big butt, big breasts and other parts of her anatomy. It makes me feel a bit uncomfortable; also my walk is like hers so I'm walking weird. I know this is my own issue as she is just being her and I have been able to relax enough not to let it bother me and she has tried to back up enough so I don't feel all these female attributes as strongly. It's a balance and they try to do whatever they can to work with me and not disrupting the work with miscellaneous stuff like the body. When I'm cleaning a person I've felt everything from broken bones to pain in an ovary. As you can imagine when I'm cleaning a woman and I tell her that I feel some discomfort in my left ovary she looks up at me and tells me yes me to, as a matter of fact she had set up an appointment for just that issue the week before. Then she realizes that I'm a guy and don't have any ovaries and well let's just say it's interesting.

Over the years with cleaning one of the things they help me with is by reflecting whatever is going on with the body of the person so I can best identify problem areas, one time I had to stop the cleansing and go to the bathroom. I told him and he said that he had been with diarrhea for two days on and off, soon after my bathroom visit he felt better and the diarrhea subsided. Along with these physical

manifestation are also yearnings, for example I began to cry while doing a cleaning for a woman, a sense of loss came over me she explained that she had just lost a child and this had been how she had been feeling for a while.

Not only does it help me identify In some circumstances I physically take on some of the maladies and the person feels better. Since it's not mine they subside from me and I guess I channel whatever it is and the person feels better. I do this and to this date still find it amazing how energy transference can occur between people. To a lesser degree it's similar to what can happen to undeveloped mediums, there are many out there and you are not alone. If you feel sick at times when you enter a place or after talking with someone you end up with a headache or spent of energy you are probably a medium and don't have any idea.

I teach developmental class based on my first book and hope to add this second book to the teachings. If you become a subscriber on my web site I usually send out notices of upcoming events and some words of wisdom as the energy of the planet shifts. So I will advice where I'm teaching, as of the writing of this book, I will be teaching my next class January 2012 in Miami Dade College in the continuing education department. So if you check their curriculum you will find me there and the spiritual development class!

These classes address not only development but also how to protect you from these unexpected attacks, most are not targeting the person just stray energies out there that can affect us all. Remember you can be walking down the street and pass by an area affected by someone with a cold for example and you can pick up the virus or infection. Energy is no different and if you are susceptible you could be next. Learning to protect one self and the family can better the human condition. Over the years, I've developed or helped to better the abilities of many mediums and so many that are not mediums learned of this thing called energy.

This woman as she comes to me had a life where she lived and raised her family by a running river; she believes that nature at its best is always in need of water. Most of the magic she works with is water, she can take a plastic container from the supermarket filled with water and radiate healing energy on to it and as I give it to a client that needs it by the time the person has drank the gallon they feel better from the malady.

The Class act

She loves dancing and making me money, she brings abundance and riches to my life, not only in money but in relationships. She was of the upper class so she tries

to get me with people of affluence, she does not like for me to look bad or not groomed. She always brings good stuff to me, for example she is the one that always makes sure that I get along with others in business or in any sort of gathering, not a bad spirit to have if you deal with a lot of people. She has a very long name and there have only been a couple of people that have seen her and that she has given her name to, I guess she is very guarded of my person and does not like the wrong people in my life.

I had one evening that a client wanted to communicate with a specific spirit that I invited to other mediums, as I've stated before no one person can see all spirits so I wanted the best chance that if the spirit she wanted to come through came one of us would be able to pass along whatever messages she had for my client. Well the night went well and a grandfather came through along with two others but not the one she expected. This happens and partially one of the reasons I don't do these types of sessions very often. I did warn her, this could happen so she was not disappointed and she got a good house and personal energy cleaning along with the visit. I bring this up as it was during this session that one of the mediums I had brought saw the spirit I'm speaking of and gave me her name and a message, I was happy and it took some doubts I had out of my head. The message for me was directed at the situation I had been worrying about.

The Smokey spirit

There is a special spirit amongst the group that I work with, I say special because he was not of my own commission of spirits. You must understand that most of the mediums work with the spirits that were assigned to work with them from birth. There is another level of spirit that is not quite ready to work with a specific medium, this type works with the ones they find and have an affinity to. There is yet another way to work with spirits for specific reasons and they may be summoned if one knows how to do it. I will get to that later in this book.

So this one special spirit arrived to work with me while I was working my spiritual temple, one of the other mediums that cleaned people one day told me there is a new spirit around you and I said good, the more the better. He smiled and told me to grab a cigar and to get a chair in the middle and pick a person to clean. I have gone in great detail as to the center and what goes on there so in this book I will keep it to this spirit and how it arrived.

I did as told; understand that I had never smoked a cigar so I was less than sure of what would happen. I placed the chair and grabbed the cigar one of the helpers placed a light in front of me and lit the cigar; soon I began to feel the pull of this

spirit. He approached as he was I guess attempting to figure out how to take over my body. He told me his name and that he would like to work with me in cleaning those who needed with tobacco. I acknowledged him and we began to work together, I looked around and called a person sitting in the audience waiting their turn.

This was an eye opening experience as I had never channeled this spirit nor smoked cigars, much less use it to clean anyone's energies. So the relationship with this spirit began, he does not take me completely so I'm there but his influence is felt by me and the people I'm cleaning. After the first person, the other medium came and the new spirit introduced him and thanked him and all there for the opportunity to serve at this center. I continued and that evening I must have cleaned eleven people and used fourteen cigars. Yes, some took more than one cigar to clean their auras so I started with a new talent. I must say of all the spirits I worked with to date he was the less chatty, all business no play as they say.

I no longer participate at the center as I closed it a couple of years ago, so less and less he comes to work with me, he is a spirit of work so he can go on all night long one cleansings at a time is not his thing so I think with time he will retire from my group and find a new person to work with. I'm saddened by this as he has taught me so much about the seriousness of this business I'm in to help all that come. He does not concern himself if guilty or innocent he feels this is not our job; we do the hard part to clean the energy and give the person another chance to move forwards. If they do great if they don't again our job is not to judge but to help clear up obstacles in hopes the person is given another opportunity to fix mistakes.

He does not chat very much, most of the years he and I worked together he really spoke other than with regards to the cleaning and what he saw and how to best proceed. It's funny, even when during an evening of cleanings if I get distracted speaking with one or more of the other mediums he will just nudge me back to work. Very much all business, I've tried to get him to engage me, and the most I get is a yes or no answer. Does not elaborate, truly work work work, for this spirit, he feels there are many people in need and time for socializing should be left for when we are done with our work.

There are many spirits in training and on occasion I would see a group of them just observing how we worked in the center with the other mediums and the spirits that each of us worked with. I think it was like a school for them, they in turn when they got what they needed would look for someone like us and like this spirit that cleans with cigar start the relationship of helping the needy. I never actually spoke of this with him but understand the concept and what I have seen Leeds me to this

conclusion. Remember this spirit is all about work and has no time for the nonsense of chatting or mingling, he is all work and no play. He said we are here to evolve through good deeds and how best to do this is in mass how the center works. Many needy people in one place we can break it down and one by one give faith and set what has gone wrong back on track.

I've been told from many years ago that there are two more spirits that I will come to know and work with closely, I've been told that as the need arises they will come and present themselves. I'm waiting as I've had a very wonderful experience with this spirit. I've come to realize that there are many steps to soul evolution and many souls in need of a medium who truly gives of him or herself in the selfless quest to help others. I gladly invite those two souls to come and begin their journey with me and so we can together do God's work. I was told that they would be of the same type, not of my own commission. Remember my own commission as I call them are spirits that were assigned to work with me since birth, these two will be like this one, souls in an evolutionary path that requires the body of a medium ready and mature to take on their quest in one way or another the betterment of humanity.

THE CARD READER

He is not your typical gypsy, he wears suit and tie, and he likes me to be perfect in how I dress; this is why he gets along great with my wife. Not to mention that if you add all the times she gets read by him it's probably more than all the clients I read put together. She is hooked; talking to the gypsy with the cards is her favorite pass time. She gets all the answers to her questions, imagine how many questions we have on a day to day and that spirit loves it when he is used so she definitely works him over.

Now that she read the first book and is getting much better at feeling them and identifying who is who; I'm surprised how easy it has become for her to do the exercises and summon her spirits close to her. It's like everything in this world if you have a natural capability for something it becomes easier to develop the ability. Otherwise it's doable but you really have to work for it, some people can go to class listen and get an A others go to school listen, do their homework study and come up with barely a B.

So back to the gypsy, he comes to me impeccable, his clothing is wrinkle free and he expects me to be the same. I'm more relaxed; remember I do 99% of my readings over the phone so as I tell him who cares if I'm in shorts or slacks. He's funny so he tells me he does and the energy I put out is more professional. I'm of the belief that

I give results by giving each person what they need, as a matter of fact that is my motto; what you need is what you get. Anyway my wife and he hit it off as she is also one that wants me to look good. Hey I look good; I do events and other activities and never a complaint. I teach the classes at the college and yes I wear long sleeve in the winter but short sleeve in the summer; what can I say I'm not your typical suit and tie guy, but I do give results. I have clients from over 10 years ago so I must be doing something right.

If you read my testimonials it's all good stuff and in all these years I have never had a person ask for a refund, as a matter of fact I had a reversal a few years ago and I called the person. She was very apologetic, as my billing does not reflect psychic readings. From the beginning some clients did not want the significant other to know they were getting a reading so I had what you get from the credit card very generic. When I called her she remembered it was me and so immediately put it back, she did not remember what it was so she disputed it. Bottom line, I give good service and eighty percent of my clients stay calling with me.

Look, I'm not your smoke and mirrors type of medium, I tell it like it is and my clients appreciate my honesty. I have a life, this is not my life this is what I do, some psychics live this and sooner or later they crash. Imagine constant communications into that realm, we go dancing to the movies, vacation with the kids and on our own. I do all the handy work around the house and the yard work, that is right, regular guy with this gift having a meltdown is not on my agenda. So as life throws I curves as it does all of us I field those balls very well and as my life changes I change with it. not alone with my spirits but living this lifetime as I'm supposed to with the additional shore or helping others with the aid of these wonderful souls I've created a relationship with.

Now back to the card reader, he is great; he and I started working together by going through many different decks of cards until we came to the best conclusion. You can see pictures of our deck in an earlier chapter. He and I both feel that more is not better so a small deck of 36 cards, with this deck and the impute of the spirits I give a complete reading to the client at the other end of the phone. The cards are like a crutch, they take me where I need to go but it's always the words of the spirits that give the details. No card will tell you a person's name of infirmity they might have, they are general guides as the situations and the rest is fine tuning. This is why I tell my clients in my classes that a deck of cards without a spirit working it with you is no reading at all.

The reader and I have developed a good rapport, his cards take me in the general area and then he gives me the energy I need to see the rest of the message. There

are few times when the cards and the reader do not agree. I can tell you a constant where they differ, the cards work with karma, so when they speak of a person that is supposed to be with you the cards will always follow the line of karma. The reader will tell me more what the reality of the situation for the couple, so by now we know what is karma because he will disagree with the cards. This is not always, as a matter of fact if karma and he agree it's 100% to happen, if there is a disagreement he is right and karma will just cause problems.

I'll give you a scenario, I have a client, been with me for many reasons including her business. She covers her bets and gets readings from three different mediums, I being one of them. The other two mediums like the guy she likes, my cards like him also; however the reality for her is the persons free will won't let him give in to karma and chooses not to be with her romantically. From the first reading with her give or take 8 or 9 years ago I told her that they had a karma connection but he would not act on it. Over the years the other medium would give her hope and tell her how he dreams about her and for certain will make his move.

Guess what, she continues to see this and I continue to tell her that although she is a good medium when it comes to this I've learned that god is not love but free will. No matter what karma has in mind for any of us we make the final decision. As free spirits we choose the life we are to live here on earth, but as we develop this karma we can choose to veer of and not complete it. Rather live and die without going through with it and come back again to finish it at another point in another life. Remember we choose and the universe is here to always give us wiggle room, after all this is growth. But the bottom line is they are not wrong in what they see as my cards are not wrong as they follow the karmic threads. Unfortunately free will always wins out, so as life progresses we can shift our path by making conscientious decisions to veer from our destined path.

The truth is that life is not as orderly as most believe but chaos is a factor in all portions of the decision process. So we can embark on our chosen profession and karma kicks in and woops a change occurs that completely sets a stable and guided future in a new direction. That would be an example where karma superseded free will, if it was strong enough there would be turbulence but the chosen path would stick. I hope this gives you an idea of how complex life on this planet can be and the infinite variables that can change our lives.

The topic of the right person is an age old one that I would like to shed some light on at this time, yes there is a right person for each of us as a matter of fact there are many. We as free spirits take on human bodies to temporarily act out or live certain

things or experiences that would be impossible as souls. So as souls with a temporary body we live out lessons that teach the soul about relationships and self.

We as romantic emotional beings have to grow and evolve petty jealousies and other unfortunate side effects that emotions bring to the equation. We are given many possible companions, some are reasons, others seasons and believe it or not many more as possible lifetime partners. With every life we live there are unresolved issues so the older the soul the more unresolved romantic encounters and therefore more to choose from. As the age and maturity of the planet grows so do the multiple possible life partners for each of us.

As I've stated before our souls choose the life they are to live and then we are dropped in time and space to an area in this world where the best chance to accomplish the largest portion of the karma we choose. Unfortunately choice or free will is given to us once we land with certain predetermined likes and desires to guide us to our rightful place. Environment plays another part in this mix of predetermined events and emotions. Back to the concept of the right partners, each have many right partners so the odds that any of us will stay alone will be diminished to a fraction of a percentage.

This is why in a reading you might get mixed answers where it concerns the right person as most put it; that is because they all have the possibility to be the right person. Some might be the right person to bare children with; another might be the right person to be emotionally nurturing to your path of life. Another might be for them and you are the person that will help them accomplish a task or mission in this their life. , you might be auxiliary to another in this karma to a large percentage of the folks that would be the right person. It would be narcissistic to believe they are all here for us, true in some cases it might be so but an equal chance exists that we are here to serve their karma.

Difficult concepts, not really if you read and read over and over the concepts will become acceptable; after all for your lifetime most of us were told there is that right person to each of us. Back to possibilities, I believe and do my readings to windows of possibilities. What I mean when I'm shown windows of possibilities and the more possible the possibilities the bigger the window for that path. As the possibilities are lessened it still shows to me but at a smaller window. So when I tell the person and they inquire about a lesser window, I give them ideas. I tell them this is only strong because you are headed in that direction if you want that other window then you must shift your path and head to that future.

If we are to discuss work and you are headed for a raise and what you really wanted was another position then you must do things in a way to get the other position. This is if they were both windows of possibilities, so if you are doing a great job and the promotion was imminent then you want to start dropping hints or asking the boss what you need to do in order to get that position that will open up soon. otherwise the universe will keep you on track for your promotion and then what follows, so it's still up to you the possibilities exist it's up to you what window to walk through. The one you are on the path for or shift your energies to get to that secondary window.

back to the card reader, i will divert if this topic seems important, sorry to those that are one track but life is not one track and being flexible is part of being successful. In life we must roll with the punches and the song states, don't worry be happy is a good way to live your life. when i do readings and the initial deck is laid out, i read as sentences, so from left to right and up to down and criss cross. there are certain cards are more important, so the top left is most and the center card is second in overall importance. oh yea, my deck is laid out in nine cards. the top left is your path, the middle is optional to alternative paths of importance or subordinate paths that tangent the first. other cards will clarify the person's path, remember the cards put you on path and the spirit gives the verbal information.

the reader often gives impute as to details in the cards or questions i should ask to interpret what i'm being show in the cards. when the person has questions i lay out the deck and tell them to verbally as the question, not because i want to know but more often than not a person will be asking a question but thinking of something else so this can make the answer incorrect so if you ask a question out lout it ground the questioner in the question and lessens the chance of thinking of something else. then i tell them to choose two cards; in order for it to be a yes both cards have to be positive. this lessens the chance of a false positive; it's all about getting the right information so you want a yes to be sure.

I've had people not sure of the answer and asked the same questions five or six times and they will get the same answer. i don't recommend to many times or the spirit will just give you the answer you want as he feels you do not trust the process. my step son recently asked some questions after the reading and like most kids was not sure and kept asking similarly the same question four other times and the same answer was given if he had any doubt it was set to rest. with time the answer came to fruition and he told me that it happened as the cards had predicted.

He comes from Europe but not with any of the attributes you or i would give a typical gypsy, he believes the world moves forwards and either we move with it or

become stuck in the past like so many stuffed animals. he is up to date with all the slang and other ways of speaking, sometimes i'm reading a young person and he gives me the words they understand. i find this amazing as some of these codes they speak in are a foreign language to me. I'm so happy my spirits make this job easier for me, they really do help me in this process and make passing the information so much easier and a pleasure for me.

He does come with another spirit as a second to him, he is the primary and who I deal with but the other is younger, perhaps learning or assisting, over the years I'm aware of the presence but there has been no dialogue between us, so I can not really as of yet say much about the second spirit that comes with the gypsy.

The Indian

I want to briefly cover my main spirit, he is an Indian, an American Indian, in my coronation he came forth and became the spirit guide for the rest of the group. As such his responsibilities are to keep any one of the spirits from taking over, that means that if one of the spirits want to impose his or her way of working beyond the balance set with the group he steps in and brings balance and harmony so I work best. He is the one that when I'm in need of extra inspiration he gives it to me, not for him but to help me receive the guidance of any of the spirits that work with me.

I work with many people and sometimes forget to give myself the same attention I give to my clients, he is the one who reminds me that I have needs to get cleaned as much as any of my clients and often more because of all the work I do. Remember most people come to me because they have needs that are not currently being met, so my job is to open or close doors so the person gets back on track. When I say close, if there is a negative energy door open to them I'm the one that works my magic to close it and help the person back on track. If they are stuck, no job, no relationship or bad ones; even health related or emotional issues I have to find an answer to help them get back on track.

In cases where I'm in trouble he would be the one to organize my spirits to give that extra push and help bail me out of the difficulty. Although I work with six spirits regularly there are literally hundreds that I have at my disposal. It's said an army is built from faith and I have an abundance of that; at one time or another I've been told there are two more spirits to come and complete my more active spirits on the day to day work. There will be situations where sheer numbers will win the situation, I've yet to experience that scenario and hope never to be there. I was told

a very long time ago that there will be in my future a situation where sheer numbers would win the day.

With a single string if pulled it can be easily broken, as you add more strings they intertwine and become stronger until almost impossible to break apart. Same with spirits, the more the stronger the body of those they work with, most will be there for support but each comes with it's own wisdom and abilities that can come of use at the right moment. Don't forget what I mentioned earlier, you may always summon the type of spirit that would best help in particular situations. I won't go into great detail, suffice it's important to try it several times so in time of need you don't have to scramble and still maybe not get it right.

So back to the story of quantity, I was told that there would be a situation that I would be involved in where the opposing side would be very strong and it will require all my spirits to overcome this obstacle. One of the things they told me the body must stay strong and pure to channel the needed energies to best my opponent. They did not specify if the opponent would be another person or some sort of energy I had not encountered before. One key thing I will advise, faith in who you are and your abilities are essential to victory, so you must work on your talents and be the best you can be so if the moment ever comes your energies will flow only in your direction and through the obstacle.

This spirit while in the middle of writing this book made his first appearance as he took over my body for the first time while I was trancing with my wife. Every once in a while I sit out back and channel some of the spirits I work with. Although they can speak to me without taking over, the action of temporary possession does give them the advantage of better cleaning me of any negative energies. So I was out back with my wife and he chooses to pass and talk to her. She loves the cards so it's not surprising to me he choose that time and with her to make his first manifestation.

She told me how she enjoyed speaking with her, he has a very soft demeanor and loves the cards, he took many months looking with me for the right set and I included some pictures of the deck we choose in this book. He talked with my wife for a while and she was so exited, he gave her his name and a little more about himself, where he came from and such stuff. She told me after wards she can't wait till he does that again. I've been working with him through the cards for many years and this is the first time so I don't know if he will come more often but as I said it's always good for a medium to have the body cleansed by a spirit while they take over.

A special guest

This spirit is not one of mine but of my wife, she does not communicate with him although she can perceive spirits and channels as well. This spirit talks to me as he explains it he wants her to be better with me. I asked him the very first time he came to me who he was, I could see he was a spirit of light but could not identify where he came from or why. So he explained that he was with my wife, girl friend at the time. He thought I would be good for her and wanted things to go well between us; I asked why, he said I was kind and understanding and she needed that kind of man.

I told her all this spirit had told me, she was a bit freaked out but I guess she understood. She did not run, at that time she was not developed so she knew what I did but did not understand it completely. As we continued she found she could feel things and wanted to know more, I helped her develop. With time I got to know her spirit and he would give me advice about Vivian and how he wanted her and I to be together.

I remember one time she and I were dating and she left after an argument; well the spirit came to talk to me and told me she was at a friend's house and had smoked two cigarettes. That would be fine if she smoked but she did not so I called her and inquired, she thought it was funny how her spirit would come to me and tell me these things. When you are in a relationship with another and there is a connection usually your spirits will stop giving you any information about that important person in your life. So it was with me, however there was nothing that said one of the other person's spirits could not.

So it has been with my wife and I, that particular spirit every once in a while comes and gives her advice in our relationship. By now she has come to accept him as he is, she thinks he is a male chauvinist from the past and still lives there. He was from a time that women were possessions and spoke when spoken to. He has moved on but he still insists that she and I should be together so when she does something he thinks is not correct he lets her know. Funny, I'm easy about most things, he is tougher on her than I ever will be. She understands and we all live happy together even if every once in a while he gives her his opinion on things.

On occasions many souls have come through me and given advice to me or others at the moment, I still hesitate to give any advice unless the person I'm reading can identify the spirit as a family or someone she recognized from her life, someone she respected and knew the information would be for her good. If after describing the spirit to the person she or he does not know who it is then I will keep that

information to myself and not pass it. It has been as with many things in life the person remembers before the end of the reading or cleansing who I was describing I will pass on the information. So far it's much more a hit than a miss as far as my description and their acknowledgement of who the spirit is. You have to appreciate my situation, in this world there are lots of clowns so there are in the spirit realm and as such can mislead or misguide, sometimes maliciously often from boredom.

Most of the times that a spirit of light chooses to pass through a medium they tend to at least temporarily fix some of the physical maladies the body has. I remember while I was working at the spiritual center of a medium that was blind as a bat. I say this because without his glasses he could not read or drive a vehicle; on multiple occasions after the sessions were over he would leave his glasses and drive home. I know this because on occasion someone had to drive him back to get his glasses but yet that evening after the session he would be able to get in his car and drive home with 20/20 vision and at night. Incredible but true, for me I could be having a cold or a bad cough and when I would start a cleaning or at the center for hours no cough and I would speak as if I was not sick. Soon after the session ended I would go home and the lung congestion would start up again.

In my opinion most if not all of us have spirits that have an agenda and these spirits are not so concerned with the big picture but with our emotional stability and only this is of importance for this type of spirit. So there is no misunderstanding, we are here for many reasons and each of the souls assigned to us has a responsibility to fulfill and we must abide and believe that there is a reason for everything they do for us. You know if a spirit makes us hurt ourselves or others, this is not a spirit with sufficient knowledge to guide us. So with some common sense and understanding we can define a good spirit and one with an anterior reason to be next to us. Keep an open mind and always be on the alert for mischievous souls with an agenda of their own.

This spirit like many my wife works with tries to help as all the souls assigned to work with the living. Unfortunately not all fit well with the personality of the human they are assigned to work with, I guess if it were easy they would not be here, they need to have as much or more patience with us as we do with them. The fit is not always perfect and even I don't always agree with the advice of some of my spirits but we must work together to find neutral ground.

Other spirits

While I worked at the center and other places there are other spirits that come and help keep the place or location running smoothly. I call these auxiliary spirits, they

are in some cases very wise and not necessarily to work with any one individual but help keep order in the place for the time it's open or spiritual work is being conducted. On more than one occasion I would see a group of spirits, sometimes more spirits than the people that come for help. You must realize that the centers I've worked with often have more than fifty people in any one session looking for all kinds of help. So I was surprised to see so many souls just sitting looking and observing what was going on in our center.

One of my spirits cleared up this question by explaining how there are souls that will be doing the good work but are not quite ready so they are taken to places like ours to learn and observe how to work in a certain type of way. There are other types of centers that work differently; I've been to some where they are standing up all the time. They pray and sing and channel, the way I work is differently, but who's to say mine is the only way. Keeping an open mind and observing is how we learn and that night I learned that is how some souls learn as well.

Over the years I've seen many famous souls, Liberace, the piano player, Abraham Lincoln, Joan of arc and many more. These souls make visits to locations or make their presence known to someone but are rarely permanent fixtures to any one place or person. I've met death or the reaper as many have come to know it. I do believe some entities are not souls but another sphere or domain they work from opens up for them to do what they must in this realm of the living. Most are not good or bad, unfortunately we the living don't see it that way, after all who wants to die.

I have certain ideas that I would like to tell you about, this is my own thoughts and are not truth as I have experienced but ideas I've postulated from the years I've spent working this field of spirituality. I've come to believe we are capable of creating our own reality, for example if many people pray for someone to live even if they are for certain destined to die may find a reprieve. We as spirits with a soul and a mind have no idea of the power that is ours while we possess this temporary body. Imagine if we can focus all our power or thoughts on a single task, there is no way we can fail, we might try and try again but ultimately we will persevere.

So it is with the mind, if many minds work together we can manifest reality from thin air, I have yet to master this, as the spirits tell me I must become healthier of body and mind before I may take yet the next step in my own evolution. I know this to be true as it has been told to me by monks and others; there is also choice and free will. Do I really want to give my all to this quest for total clarity, in my case I'm not ready and I accept this. I like a balanced life, I like to go dancing, have a couple of drinks, I enjoy my life with family and friends. As I said it's a choice, one that I

accept, maybe with time I will decide to give more to this spiritual world, I think we move through life and with each step evolve to who we will ultimately become.

If you were to tell me fifteen years ago I would be this person today I would say you were crazy. I was a network administrator and had no reverence for anything much, I did meditate regularly and had the philosophy of not doing to others what I did not want done to me. Other than that I lived much like the rest of the world, and look at me today. Many changes have occurred, all out of my control, I never searched for this work and yet it came to me. So I will pose this question, who are we, who were we, and who will we become. A simple answer and one that I followed go with the flow, if your life is not going in the right direction contemplate maybe you are bucking changes that are bigger than you are.

Each step we take will ultimately take us closer to that end of the road, or death, will you leave here having learned all that was given to you or will you leave wanting for more. All good questions, one simple answer is open the door to life, live it to the fullest and leave without regrets. There are man's laws to follow but life is so immense you may find more than you can handle if you but open your eyes and mind to one of an infinite possibilities for you. The purpose of life is to matter, to be productive, to have it make some difference that you lived at all, oh yea being happy is also a plus of life, one I have chosen not to ignore.

Gratification comes in many ways so maybe to become a monk is yours, and this lofty goal makes you happy, me, I like to party, enjoy every aspect within the life I have chosen. If that for me means to go out on the boat and take two vacations a year so be it. I work hard so I also like to play till I'm done. Life is different for everyone, at the end of the day we all take our lives in our hands and what happens at the end. You have no one to blame but yourself if as you look back you find yourself wanting for more. Life is a blank canvas, paint, and keep on painting until you get it right, then paint some more! The river of life has many turns and splits and meanderings along the way, keep moving and you will get to your destination.

